

THE GUARDIAN

JUNE 2021 | ISSUE 101

FELIX #1994



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BELIEVER?



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CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Felix #1994 ~ Felix is the king of his golden castle and the master of his domain, whether taking up most of the couch (under his 'Reserved for the Dog' pillow) or surveying his land for squirrels and chipmunks. We love Felix to bits. He is our first rescue, although we have had three Goldens before him. He loves treats, walks, cuddles, and being as close as possible to us. He also loves sitting on the 'dock of the bay' looking for fish that are swimming by. Playing fetch is also a favourite pastime, although rather than bringing anything back, he loves rolling on his toys after he catches them to scratch his back, which slows the game down considerably. His unconditional love and devotion to every member of the family proves that rescuing is a gift that constantly gives back. The bottom line is that Felix is living his best life! **Kerry**

THE GUARDIAN

June 2021 | Issue 101

Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

A one-year subscription to Golden Rescue's 'Guardian' is \$30 and it's complimentary for monthly donors.

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 37 Mapleview Drive West, Box 31026, Barrie, ON L4N 9H5

Please consider a subscription to The Guardian for a special friend or relative.

Mission Statement

Golden Rescue gives second chances to Goldens in need.

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Goldens prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Goldens who so desperately need our help.

Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.

If you have any comments or suggestions for the Guardian, please email guardian@goldenrescue.ca.

Please note that due to publishing timelines, there may be a waiting period before the acknowledgement of your contribution. We appreciate your patience and will do our utmost to be as prompt as possible. Articles/photos in The Guardian may be reproduced with the express permission of The Guardian team.

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production. A great big THANK YOU goes to Betty James for the design and to Lyndsay Caslick and Michael Gibb for doing the mail-out.

We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.

Betty with Shadow #1342



Just Click 'SHOP'

People have been clicking up a storm lately. Our new Golden Rescue online store is sure getting a lot of attention. If you haven't seen it yet, check it out. Just go to our website and click 'shop' ~ it's that easy.

Our selection has increased **DRAMATICALLY** and here are some of the newest items in the store:

- Personalized welcome sign
- Birdhouse with your Golden's pictures
- Personalized doormat
- Wine glasses
- Thermal bottle

And if you can't make up your mind, how about a gift certificate ~ it can be made out to anyone and in any denomination.



SPECIAL:
Get a free one-year subscription to the Guardian (for anyone you'd like) with a purchase of \$200+.

If you are having any problems ordering or need help, please feel free to email us at grstore@goldenrescue.ca. Check back often as we are continuously adding new products!



HAPPY CLICKING...HAPPY SHOPPING!

COMING SOON



A fundraising event to raise awareness and funds for Golden Rescue

August 7th – September 16th

'Memories in Motion' is an activity-based event encouraging human and animal health through exercise with the purpose of raising donations for Golden Rescue. Through our social media channels, we will encourage supporters to participate in any way they choose – ride, run, walk, swim, wheel, row, etc. - the only limit is imagination.

We will encourage participants to raise money by donations via Canada Helps, an online charity and donation platform.

Participants can choose to participate on as many days as they want to with their friends, family, and most importantly, pets. Throughout the duration of the event, sport and activity challenges will be shared to encourage participants to achieve new goals and try new things, while most importantly, having fun!

100 commemorative t-shirts will be distributed to the first 100 people who register for the event.

Stay tuned for more information and how to register!

MEET & GREET

Cairo #3235

Sweet Cairo, named after her birth home, arrived in Canada with a number of medical problems. With the help of her amazing Canadian vet, she came around beautifully and is now a healthy girl. Shy at first, and not much of a smiler and cuddler, Cairo took her time to assimilate to our Canadian ways. In time, however, our girl turned into a beautiful, smart, sweet, smiling cuddler. She has put on some much-needed weight, in fact, maybe a pound or two too many. She loves to swim, loves all humans, and loves her new Canadian sister Rosey #1728. I don't know that this little sweetie would have survived without Golden Rescue and we are so fortunate to be chosen to adopt her.

Barbara



THE TRAINING CORNER



The Good, The Bad & The Ugly of Training Tools

In this article I want to talk about the many different types of training tools available for walking your Golden. It's not about how to teach your dog to walk nicely with you. That's a whole different subject. This is about the training apparatus itself.

It really is about the good, the bad, and the ugly because many of the tools available fall into one of those three categories. I'm going to talk about the different types of collars first and then delve into leashes.

One of the biggest reasons people come to our school is because their dog pulls on its leash, is distracted by squirrels, birds, other dogs or wants to go and meet everyone or is perhaps uncomfortable when they see another dog. Often people ask me "is it too much to expect my dog to walk nicely next to me?" My answer is always "Yes, actually it is". The reason is this...your dog has access to you pretty much all the time when you're at home. However, they don't have access to the environment all the time. A dog sees the

world through their nose, not their eyes. Dogs only see in shades of blue, yellow, and grey. Whereas a dog's nose has up to 300 million olfactory receptors, while a human's nose has about 6 million. Not allowing your dog to sniff while out on a walk would be the same as going to your favourite store with a friend and your friend not allowing you to look at anything.

The other reason why it isn't easy for our dogs is because it's not natural for them. If you watch dogs off leash, they don't stroll along together taking in the sights. They may come together to check something out, but then they spread out to explore other things. Walking shoulder-to-shoulder is a human thing and is very weird to our dogs.

Let me start with the 'ugly'. At Who's Walking Who, we only use positive reward and games-based training methods. We do not allow the use of prong, choke, slip or e-collars. These all inflict pain, which is not a positive experience for our dogs. If you don't believe

me, put one of them around your neck and then pull hard or shock yourself with the e-collar.

In class, we have people start their training on a regular flat buckle collar, but there are times when the client may need a little more help. Most rescues require new adopters to use a martingale collar, because the dog can't slip out of it. We're not a fan of martingales, but we do allow them in class. The 'bad' thing about a martingale is if a dog pulls too much while wearing one, they can end up damaging their trachea. In these situations, we recommend using both a martingale along with either a harness or head collar to help with the pulling and reducing the risk of injury to the trachea.

Harnesses are a good option if you buy the right type and size and use it correctly.

Harnesses limit the dog's ability to pull forward but don't hinder jumping up. They must have an 'O' or 'D' ring on the front where the strap goes across the chest. If you have a dog that pulls, do not use the ring on the back. This gives your Golden full pulling power and turns them into a sled dog. No pull harnesses are great, just make sure they don't chafe under the front legs of your Golden. They also have to be fitted properly so that there is not a lot of give in the front.

Head collars, also known as halties, cannies, etc. are great and are the ones we most recommend. Head collars help with both pulling and jumping up. They were designed after a horse's head harness, which is used to lead horses around. Many people think they are muzzles. They are not. Your Golden can take and eat treats while wearing one. They also need to be fitted properly or they could cause injury to the neck. There should be two areas that can be adjusted ~ the one that goes over the nose and the one that goes behind their head. If it doesn't have a nose adjustment, stay away from it, because one size doesn't fit all noses and many dogs can get their nose out of it. If you find the part that goes over the nose chafes a little, put a piece of moleskin under it.





Now you may have already tried your Golden on a head halter and gave up because they kept pawing at it or making a big fuss about it. The most important thing about head collars is that you need to desensitize your dog to wearing one first! Once you've done that, wearing one is a breeze. If you've been reading my articles in the Guardian or seen my previous webinars, you know that we incorporate a lot of games-based training. So, believe it or not, there's a game for desensitizing your dog to wearing a head halter or harness. If you want to learn how to do that, register to watch the replay of my webinar 'Leashes, Halters, and Harnesses, Oh My!' recorded on Tuesday, May 18th.

On to leashes...we recommend a regular 2-meter (6-foot) leash. This allows you to quickly adjust how much lead they have. The leash should not be kept tight and short. When that happens, the dog will instinctively pull or strain to get ahead. This would be like your friend grabbing your arm. You would naturally want to pull it away from them.

Bungee leashes give your dog too much flexibility when walking. But they are great to use when you're jogging or riding a bike. Retractable leashes are dangerous. We know of a couple of situations where the dog pulled and the stop button released allowing the dog to run into the street and get hit by a car. With a retractable, the dog is always straining to get to the end of the lead. However retractable leashes are great for teaching your dog recall.

Long lines are even better for teaching recall and that's what they're meant to be used for.

If you're interested in learning about desensitizing your dog to a head collar or harness or how to properly hold a leash and use long lines for recall, register to watch the replay of 'Leashes, Halters, and Harnesses, Oh My!'

By Lynda Kitson

Lynda Kitson is the owner of Who's Walking Who Dog Training Centres with locations in Ajax and The Beach (Toronto) ~ www.whoswalkingwho.ca. She lives with her husband Vaughan and three Golden Retrievers, Augie #2623, Star, and their newest addition, Tula.

MEET & GREET

Pal #3489 & Skye #3490

Pal and Skye (aka Mitts and Socks) flew directly from Cairo right into our family's heart. These Golden troopers handled the long flight with ease and couldn't wait to experience everything Canada has to offer. After their long flight, we had to drive two hours to get home. They both jumped right into the car as if to say "Let's go, eh!" sounding Canadian already. Their first sight of snow was an eye-opener but undaunted, they jumped right into the white stuff. Pal looked just like our previous Golden, Buddy, and according to our granddaughter, Skye looks just like Skye the Paw Patrol dog, so armed with their new names, these superstars settled into home-life quickly and comfortably and embraced everything we threw at them. They play beautifully together and their favourite toy is always coincidentally the one the other one has. Their play-fight over the prized possession is wonderful to watch and we can't help but wonder if either have ever had a toy in their previous life ~ probably not.

Susan & Bill



MEET & GREET

Mabel #3476

This beautiful, sweet, gentle girl is a huge hit in her new Canadian neighbourhood. Everybody loves her and her infectious personality. She could be a professional dancer ~ a real J.Lo when she sees the leash come out for walkies. Mabel has had some mobility issues but she is getting stronger every day and actually jumped into the car on her own not long ago, much to our delight. She is going to hydrotherapy and we happily massage her legs every night before bed time. We could not be happier with this absolutely charming, wee beauty.

Kathy & Cathy



ask SADIE



Sadie #2963

Dear Sadie: I've heard that dogs' mouths are cleaner than human mouths. Is this true? Always minty-fresh Rex

Dear Rex: I've heard this too, but unfortunately, it is a myth. Hundreds of different types of bacteria can be found in a dog's mouth and they differ from what humans have in their mouths. Not only that, but parasites can also be picked up from eating leaves, sticks or stool from the yard. Licking your human's faces likely will not make them sick but it is recommended that they wash their hands (and face) after touching you and getting that slobbery greeting.

Dear Sadie: I just love to chase squirrels and sometimes I get close to catching one. Just wondering, can they make me sick if I do? Speedy Scout

Dear Scout: My bulldog brother and I love to chase squirrels too! In fact, much to my hu-mom's dismay, he actually caught one once. The squirrel fought back and got away, leaving him stunned by it all. He's okay but if a squirrel scratches or bites you, you may want to get checked out to make sure an infection doesn't start. Squirrels can carry disease, mainly Lyme disease from ticks, so any direct contact with one would warrant a trip to the vet.

Dear Sadie: Who was the oldest dog to ever live? Casper

Dear Casper: According to the Guinness Book of World Records, that title goes to an Australian cattle dog named Bluey from Victoria, Australia, who lived to be 29 years and 5 months. That's a decade and a half past his breed's life expectancy!

Dear Sadie: What do you think about dog parks...are they good or bad? I've heard mixed things. Cleo

Dear Cleo: Leash-free dog parks can be

a good way to burn off extra energy, but there are a few things to consider before heading to one. If you have never been around other dogs much before, a dog park is not the best place to start socializing. Aggressive dogs or a large group of dogs may be overwhelming and cause anxiety and nervousness. Fights and bullying may occur, leading to injury. Also, if you come in contact with dogs who are not vaccinated with Bordetella, you run the risk of catching kennel cough. If you do go, your owner should watch your behaviour closely to make sure you are having a good time and not showing signs of nervousness or signalling it's time to leave. Only you and your owner know if it's the best place for you.

Dear Sadie: Sometimes I get so bored having to stay at home. Do you have any suggestions for fun activities? Ho-Hum Harry

Dear Harry: Here are a few ideas to bust that boredom that you and your owner can try. Go for a sniffari or walk in a different spot than you would normally go...it's great to get a change of scenery and to scope it out! Learn a new trick... there are lots of videos online to help. With summer fast approaching, you could play in the sprinkler or kiddie pool. Your owner could make a puzzle to keep you busy. One example is to put kibble in all sections of a muffin tin and then place squeaky balls or other toys on top then watch you search for the treats. Alternatively, there are many interactive dog toys on the market to keep you busy. Ask your local pet store or search online. You could also go for a car ride and explore different places. Hopefully, some of these ideas will work for you. Have fun!

Love & woof-woof
Sadie x



Golden Lovers Say the Darndest Things...

We get a lot of great answers/ comments on our adoption applications ~ some are hilarious, some are touching, and some are simply pure gold. Take a peek...

Question on application: Please explain your experience with Golden Retrievers.

Answer: If quiet, run and check.

Question: Where would your Golden be kept during the night?

Answer: Couch surfing.

Question: What is your experience with Golden Retrievers?

Answer: We had new leather furniture and tried to keep him off the furniture but as we would come downstairs in the morning, he would be sleeping flat on his back with his legs in the air on our new leather couch. When I would approach him, he would cover his eyes with one of his paws, as if to say "I am invisible and no I am not on the furniture".

Question: Tell us why and how you would make a good home for a Golden?

Answer: We speak Golden fluently.

Question: Tell us about your Golden-related activities.

Answer: Our first puppy flunked out of puppy school (much to my everlasting shame) so we had to home-school. The second puppy passed puppy school but needed professional assistance during his teenage years.

Question: Tell us why you would be a good home.

Answer: I have hands-on (with gloves) experience with de-skunking inquisitive furbabies who just wanted to be 'friends. Yes, the old hydrogen peroxide trick.

Question: What adjustments might you need to make to your present lifestyle in order to accommodate a Golden?

Answer: Doggy dish, doggy food, doggy bed and doggy TV guide.

Question: Why do you want to adopt a Golden?

Answer: All animals are special but Golden Retrievers bring a peace to your life. A joy that you have never felt. They are a part of you. You live them. You breathe them. You need them and they need you. I am listening to my Golden breathe right now as I am typing. It is calming and makes everything right. My life without a Golden is not complete.

Question: Tell us why and how you would make a good home for a Golden?

Answer: Our retired lifestyle allows us time to share with a Golden doing the things we all love to do in our Golden years together.

Question: Why are you interested in this Golden?

Answer: From what I read in his bio, I know that he will need a lot of time, patience, and love to come out of his shell and we're very much prepared to do that and give him the time he needs to come to us. When I read the bio to my husband I said, "He'd be perfect! I kind of married a friendly grump and look how amazing you turned out!"

Question: Where did you hear about Golden Rescue?

Answer: Doesn't everyone know about Golden Rescue???

Question: If you were to move, what would you do with your Golden?

Answer: I would bring the Golden and leave my teenage son behind. Just joking ~ the dog

is part of the family and you don't leave a family member behind.

Other quotes from emails:

I know you are busy and must get questions like this frequently so I really appreciate your response. You must feel that you are channelling your inner therapist sometimes.

Having a Golden is a spiritual experience.

DONATE
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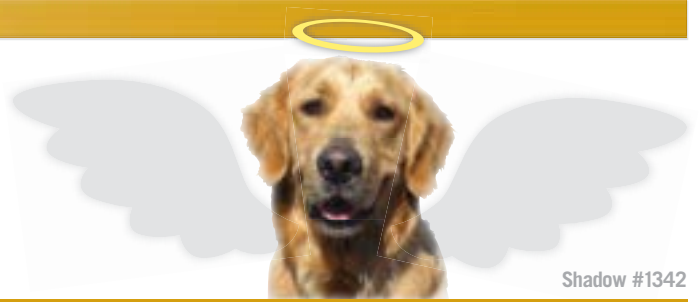
GOLDEN MOMENTS[©]



"I know we just met but how do you feel about sharing?"

GOLDEN ANGELS

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts.



Shadow #1342



Nancy & Ginny

Nancy Boggis

After her daughter moved out and got married, Nancy was looking for something worthwhile to occupy some of her new-found time. She was already busy with her volunteer work with CNIB and her guide dog training but started doing research to find an altruistic organization that centered around dogs and, lucky for us, she found Golden Rescue. Nancy started on the placement team handling communications and also worked on the foster onboarding team. If that wasn't enough, she joined the product sourcing team for the new online store. Nancy has rescued many dogs in her life and loves to hear the success stories from GR adopters. She can't count how many times she has seen one of our Golden Retrievers and wanted to scoop them up. Her resolve is constantly tested. Nancy finds the work very rewarding and is amazed at the number of dedicated volunteers Golden Rescue attracts. We are too Nancy...and we are particularly happy we attracted you.



Debbie with Chablis

Debbie Browning

Debbie has been a Golden angel for almost 25 years. With her first Golden, Monaco, and her successor, Chablis, Debbie has volunteered extensively at GR events including The Sportsman Show, Royal Winter Fair, Woofstock, Dog Days of Scugog...to name just a few. As well as spreading the word on responsible pet ownership whenever she can, Debbie also helped sell Wishbone Lottery tickets and has participated in our walkathons. After her wonderful companion, Chablis, crossed over the Rainbow Bridge, Debbie started to foster and she fell in love with each Golden in her charge. She claims that fostering is one of the most rewarding things she has ever done. Her first foster, Kendra #3315, came from a puppy mill and watching her blossom and then move on to her happily-ever-after home was such a great experience that she couldn't wait to get her next foster...and then her next! In our humble opinion, she truly is an extraordinarily great foster and we are steeling ourselves for the day she becomes a foster failure. If that happens Debbie, you'll get a pass from all of us. Thank you for everything you do!



Hycinth with Akaash, Tulo #2273 & Raj

Hycinth Gomez

Hycinth grew up in India where strays abounded on every street corner ~ some fighting, some looking for food, some hurt or physically abused. It was such a normal sight to her that she and her family became immune to it. Her family adopted Tulo #2273 two years ago and 'Tulo' stands for Trusting, Unconditional, Love, Overflowing. Getting to know GR through the adoption process has Hycinth looking at strays through a very different lens ~ a lens of care, compassion, and empathy as she says that rescuing has been life-changing. So much so, that Hycinth now financially supports rescue groups in India and helps however she can. Hycinth is on our intake team, which is truly on our frontlines and the most difficult role in Golden Rescue and according to the team, she handles intakes magnificently. She also helps sell lottery tickets and she and Raj are generous supporters as monthly donors and as sponsors of Cairo Golden Retrievers. We are so grateful for all your help, love, and compassion.



Thank You...
Golden Angels!!

Dilated Cardiomyopathy & Diet (Grain-Free)

Dilated cardiomyopathy (DCM) is one of the most common heart diseases that occurs in large and giant breed dogs. There does seem to be a genetic component. It rarely occurs in smaller dogs. Dilated cardiomyopathy causes weakness of the heart muscle that eventually leads to enlargement of the heart chambers resulting in congestive heart failure, abnormal heart rhythms and/or sudden death.

In 2017/2018, it was noted that breeds not typically associated with a genetic predisposition to dilated cardiomyopathy were developing the disease. In particular, there was concern about dilated cardiomyopathy in a group of Golden Retrievers. Golden Retrievers do not have a genetic predisposition to the disease, though they may have an increased sensitivity to taurine deficiency.

The FDA began investigating the link between grain-free, boutique and exotic ingredient diets and the increased incidence of DCM. It was found that 90% of the products associated with DCM were labeled as grain-free and 93% of those products contained a high level of peas and/or lentils. It was also found that about 42% of the DCM cases had low taurine levels. Taurine is an amino acid that has been associated with DCM.

Currently, it seems that there may be two separate problems occurring – one related to taurine deficiency and a separate and yet unknown problem (with a third group of dogs likely having DCM completely unrelated to diet). What seems to be consistent is that it does appear to be more likely to occur in dogs eating boutique, grain-free, or exotic ingredient diets.

Grain-free diets are not necessarily better. While there are dogs with food allergies, the overall percentage is actually quite small. Grains do not contribute to any health problems and are used in pet food as a nutritious source of protein, vitamins, and minerals.



Allandale Veterinary Hospital Professional Corporation

If you are feeding a grain-free diet that was recommended by your veterinarian, then discuss risks vs. benefits with them. If you have selected a grain-free diet, then you should reconsider your dog's diet. Could you switch to a diet made with more typical ingredients and manufactured by a company with a long track record of producing good quality diets?

If you elect not to change from a grain-free or boutique diet, then you should monitor your dog for signs of heart disease - weakness, slowing down, less able to exercise, short of breath, coughing, or fainting. You can supplement your dog's diet with additional taurine, but as mentioned above low taurine levels is not the only factor.

If you have further questions, please speak with your veterinarian for advice.

Note from the editor: We have been feeding our fur-family a grain-free Performatrin (Pet Valu's brand). It is important to note that we are not advocating any particular brand but when I read this report, I immediately discussed this with the folks at Pet Valu. When I told them we were considering changing our food, we were informed that extra taurine is added to their grain-free food. So, whatever you're feeding, please check the ingredients before you change your dog's food. Above all, please consult with your vet.

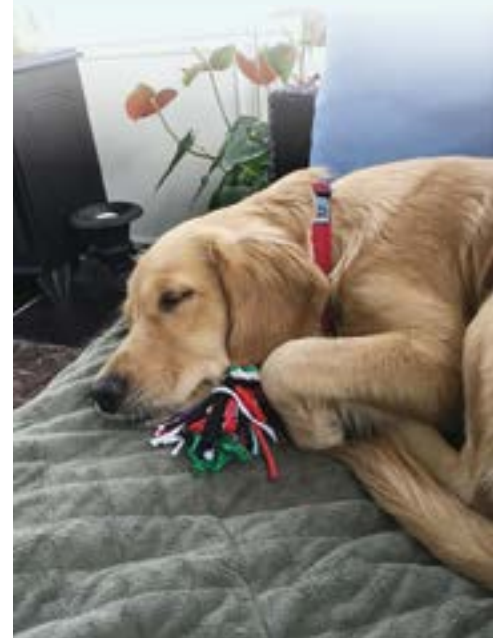
By Dr. Patty Lechten

MEET & GREET

Kaila #3429

Kaila is a bubbly bundle of love. She is described by her forever family as a 'puddle of joy' who loves meeting new people in anticipation of a belly-rubbing session. A Cairo export, this girl has adapted well to Canada's cold and loves this new stuff called snow as long as she's wearing her coat. She does love other dogs, but only off-leash. On leash, she becomes fearful when other dogs are sighted, so she makes sure to quickly let them know not to mess with her. She is still a teenager so she's a work-in-progress but she is up for the challenge as are her adoring parents. Kaila has the quirkiest 'smile' because her lip gets caught on her tooth and makes it look like a smirk! We could not love this little girl more.

Yvonne & Carey



GOLDEN RESCUE'S ANNUAL GENERAL MEETING

THURSDAY, JUNE 17, 2021

Our AGM will be virtual again this year and it will be recorded. The recording will be available to watch on our YouTube channel and social media platforms within a couple of days after the meeting.



GOLDEN RETRIEVER

RECENT DONORS:

Kindness like yours can move mountains. Thank you for you

Aggie Janiak
Alesia Hetherington
Alfred Massardo
Alicia Derrough
Alison Dickson
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Amazing Mat
Amy Hayashida
Andrew Chung
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Anne Rogers
Anneke van Alderwegen
In memory of Paddy and Huxley
Ashley Godden
Ashley Major
Barb Weaver
Barbara Palmer
Barbara Dobson
Barbara MacIntosh
Barbara Ramik-Mitchell
Barbara Thiele-Lafleur
Benoit Seguin
Betti Stiff
Bev Mazza
In honour of Jakey #3525
Bev Smith
Beverly Kirkland
Bill McNamee
In memory of Carson
Bill Thompson
In honour of Socks #3489 & Mitts #3490
Bonnie Strachan-Oman
In appreciation of adopting Molly #3336

Bonnie Waterfield
Brenda Morgan
Brenda King
Bryan Beatty
Caitlyn Osborne
Carmen Alexander-Nash
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Daniel Brutto
Daphne Brouwer
David MacPherson
David Watt
In memory of two wonderful Goldens, Charlotte & Bailey #1838
Deanna Mircheff
Deborah Benton
Deborah Lavallee
Deena Naidoo
Denis Pilon
Denise Haunn
In honour of Dory #3402
Diana Boehm
Diane Beach
Diane Knoppert
Dianne Gagnon
Dianne Seguin
Donna Ince
Donna Kudzman
Dorothy Owens
Ed Cichowski
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In memory of my precious Bear #1235

Entwistle Family
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Fred Kilner
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In memory of Susan Finn
Gail Marchand
Gail Philip
Gerald Clarkson
Gerrie Grainge
Gina Szczepanowski
Ginette Cochrane
Gisel Fernandez
Gloria Constantine
Gord Bell
Grace Richardson
Hannah Mosey
Heather Cichowski
In celebration of Tiny Tim #3454
Heather Gilboe
Heather Henke
Heather Kelly
In honour of Charlie
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Helen Brooks
Hillary Alton
Ian Gavaghan
Jack Weiner
In memory of Callie #1469
Jacqueline Potter
Jaklin Mehrabian
Jan Krueger
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Jane Riddell
In memory of Buddy
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In memory of Hunter #2446
Janet Schreiber
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In memory of Bear & Hunter
Janice Goth
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Janice Smith
Jared Dicks
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Joakim Nordstrom
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In memory of Bob Graham
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John Black
John Dowsleyn
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Karley O'Connor
Katherine Nickerson
Kathleen Fulcro
Kathryn Hobman
Katy Fata
Keith Kennedy
Kelly Blais
Ken Begbie

MEET & GREET



Shelby #3367 & Gibson #3368

We sure hit the motherload when we adopted this Cairo bonded-pair and we believe they think the same about us. As an active family with two busy, sports-oriented boys, we were the perfect fit for these two Goldens. Gibson fit in right away but Shelby wasn't so sure. She was timid and wouldn't give eye contact and even cowered when she saw a walking stick. We can only imagine what previous horrors made her afraid. It was obvious that Gibson had looked after her in the past as he continued to do here. We did everything to make Shelby feel safe and within three weeks, we started to notice small improvements. After three months, Shelby was a happy, comfortable, loving part of the family, just like Gibson (Gibby) was from day one. These precious gifts have been an amazing addition to our family. There have been more smiles and laughs in our home every single day since they arrived. We can't imagine our lives without Shelby and Gibby here with us.

Tanya, Pete, Victor & Marc

ER BELIEVER CLUB



ur supportive and loving hearts ~ we treasure you all!

Ken New
 Kim Burns
 Kim Macgregor
In memory of Maggie #1935
 Kim Rumble
In honour of Beauford's 11th birthday
 KM Communications & PR Ltd.
In honour of Felix #1994's 7th birthday
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In memory of our Golden Sami & Lab Bella

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 Shirley Brown
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In memory of Cooper Lathem, the sweetest happiest Golden
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In loving memory of our sweet, handsome boy, Apollo
 Tracy Whitt
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 Viive Tamm

MEET & GREET

Roxy #3113

Foxy Roxy has become a loving snuggle-bunny with her very grateful forever family. A little shy at first when she meets new dogs and people, Roxy soon comes out of her shell once she realizes they are friends. Roxy is a happy girl recently celebrating her 4th birthday. She is loved and living her best life.

Candi & Kirk





GOLDEN RETRIEV

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Alone we can do so little; together we can do so much

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MEET & GREET

Stevie #3494

Our relationship with Stevie truly is a love story. When she arrived in Canada, we gave her the name Stevie but sometimes we're convinced she thinks her name is 'Good Girl'. She responds well to either which is great. Her Cairo Golden neighbour Abbey is a constant companion. In fact, if it wasn't for Abbey, Stevie might not be in our home. Abbey's family introduced us to GR, which eventually led to Stevie arriving here. Stevie's tough days on the streets of Cairo have been replaced with days filled with cuddles, snacks, belly rubs, trail hikes, naps, and more treats and cuddles. Perhaps her favourite pastime is lounging on the sun deck after chasing chipmunks and birds. Ah, life is grand and one thing is certain...she is home!

Leslie & Mike



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MEET & GREET

Sirdar #3396

Sirdar took his time to adapt to his new Canadian home. At first, he was reserved ~ wouldn't make eye contact, raise his head, take treats, and come into the house when called. He was quiet, gentle, and loved his car rides but he just needed time to feel safe and loved in his new strange environment. Then suddenly, after 16 weeks, all that changed. He started making eye contact, lifting his head, wagging his tail, playing, and taking treats from our hands ~ what a superstar! He just needed time was he ever worth the wait.

Carol & Patrick

Top Ten Ways to Avoid a Dog Bite



PETER WITH BRUNO #3496

As dog parents, we often think more like a human when we interact with our canine companions when what they really need is for us to think more like a dog. Our brains tell us that they are going to act and feel a certain way because that is how we would act and feel. We forget that dogs are completely different thinking beings than us and, as such, perceive the world in a very different way. In addition, many rescue dogs have unique histories that require us, as their humans, to think of how and why they perceive things and adjust our reactions accordingly. In order to have the best relationship possible with our pups, it's crucial we understand how our dogs think. Below is a list of the top ten things humans do or ways we misunderstand our dogs that can result in our normally loving dogs unexpectedly lashing out and how we can avoid this by making a few simple changes to the way we act around them.

#10 ~ Dogs need their own space. This is an instinct because in nature what they have in their mouth or the spot they are occupying at that moment is all that they have control over in their world and they are often motivated to protect it. So, the expression 'let sleeping dogs lie' is extra important with rescue dogs. Approaching your dog in the wrong way by invading their space and looming over them from above like a predator, using a high and/or loud voice, cause many dogs to think they are being attacked, which triggers a fight-or-flight instinct. Because dogs are so cute,

people want to approach them and give them excited love and affection but that can often trigger a defensive response from the scared, dominant or nervous dog. Imagine what the dog sees when you move quickly and with lots of noise into their space towering above them. This can be very intimidating to many dogs and is often when people get bitten. If you want to interact with your dog and give them love and affection, it's best to crouch down to the dog's level and call them over to you so that they come to you. When they reach you is your opportunity to give them all the love and pets that you want.

#9 ~ There is a right way and a wrong way of petting or stroking your dog. Using too rough a touch and not being gentle enough can rile your dog into a state of excessive excitement that can quickly turn to play biting or even aggression. Also, if you stroke the dog too quickly around the snout and head you can agitate the dog and trigger its biting reflex. The best way to pet your dog is to use an outstretched hand, palm up and let them sniff you first. Then, once you get a positive response, you can proceed to calmly pet the dog starting with underneath the chest and along their side using the back of your hand softly stroking the dog and eventually moving to their ears and the sides of their face. This gentle loving touch will be non-threatening and relaxing to the dog and when combined with telling them what a good boy or girl they are in a soft and soothing voice will be exactly what they need and they'll love every minute of it.

#8 ~ Just like excessive rough petting, we also want to avoid rough play including tug-of-war or roughhousing with our dogs. This behaviour can lead to excessive excitement and riling your dog into a state-of-mind that can lead to dominance and aggression. If you have a Golden, the best kind of play is the kind that taps into the things they like the most such as playing fetch. Here they can expend a ton of energy running while they chase a stick or ball over and over again. It's a favourite pastime for many dogs where they can get lots of exercise and at the same time it does not lead to bad behaviour. It's important to remember though that when the dog brings the item back to you for its next throw, you should have them drop the item on your command. Never reach in to take the item from the dog's mouth. This can frustrate and challenge your dog and may lead to a biting incident. A good trick if your dog is reluctant to let go of the item is to have a second desirable item on hand to entice the dog to drop the first while you throw the second item for the next round of fetch. Once the dog is off, clearly fetching the second

item, then you can pick up the first item and just keep rotating the two items with every throw. Most dogs love this game and can play all day!

#7 ~ If your dog is in pain, they may lash out and snap or bite as a warning to let us know we're touching them in a sore spot. Often, our dogs will not outwardly show us when they're in pain (i.e. sore paw, ear infection, skin irritations). Gentle, calm, and regular grooming and brushing will allow you to notice any ailments your dog may have, and you will be able to identify these issues quickly and address them without inflicting further pain and triggering a negative reaction in your dog. Also, infected ears have a distinct smell that you will notice and can treat immediately. A trip to your vet might be required to see if there's another underlying reason they are in pain or discomfort.

#6 ~ The act of constantly hand-feeding a dog while staring them right in the eye sets up a direct challenge over food that you lose as soon as you give it to them. First of all, the intense staring at the dog while offering them food is seen by the dog as a dare ~ almost an invitation to fight over the food and secondly, in a dog pack food is seen as dominance. The leader eats first, so if the dog sees you hand feeding them and never yourself first then this can make them feel as if they own you and the food and they will not see you as being in charge. They will feel as if they're the most important one in the pack and, like a spoiled child, will think that they should get whatever they want whenever they want it. This will often lead to frustration when they don't get their way and they may snap at you when you try to establish your leadership.

#5 ~ Constant, intense staring down is perceived by most dogs as a direct challenge and can result in either a fight-or-flight response. They will either run away or attack and retaliate. A good way to avoid this is to look at their ears, chest, tail, paws ~ anywhere but directly in their eyes. You can also keep your gaze moving away from their eyes and never holding their gaze for too long. It also helps to squint or look away after a moment of looking at them. These are all perceived as non-threatening behaviours and will put your dog at ease. Nervous dogs find this most beneficial as well.

#4 ~ Be aware of fast-moving objects around your dog such as cars, motorcyclists, bikers, joggers, kids on bikes, and children running around and playing in quick, jerky movements with high-pitched, loud voices. For a nervous dog, including rescue dogs, these types of stimulation can be overwhelming, making the dog even more nervous, which

can lead to fear biting or snapping at people who get too close. It can also trigger an instinctive fight-or-flight response and in some cases a desire to protect themselves from this perceived threat, which can lead to an attack out of fear. To avoid this scenario, be aware of these types of distractions when you are out with your dog and when you see one approaching, casually get in between the dog and the object and calmly lead your dog away on a loose leash. Do not tighten up on the leash as this will send the wrong message to the dog. It telegraphs that danger is coming and they should be on guard. This is the opposite of what we want, which is a calm, relaxed dog. Also, do not look and stare directly at the dog or talk to them and make a big deal trying to soothe them. This will only heighten their fear and make them think you need to be protected instead of you protecting them. Just remain calm, don't react, and try to find a distraction like a stick or smell for your dog as you lead them away and continue with your walk.

#3 ~ Avoid tying your dog up, especially when outside around a lot of nature distractions (i.e. cats, squirrels, birds) that may taunt them because they cannot go beyond the end of the line. This is a classic mistake that people make and often leads to aggression in our dogs. If you have to tie them up for a short, supervised time, then tie them to you with the leash around your waist so they can be with you and feel safe and you can monitor them at the same time.

#2 ~ Feed your dog from their bowl only ~ never directly off the floor. If you get the dog into the habit of cleaning up food messes from the floor, then you're setting up your child or any visitors to potentially be bitten when they drop food on the floor in front of your dog and then try to pick it up. This could lead to confrontations, which is something we want to avoid at all costs. If food does fall on the ground, remove your dog from the situation first and then pick up the dropped food.

#1 ~ Always walk your dog on a loose leash. A tight leash while walking can frustrate them and they may turn on you and the leash. If your dog is constantly pulling at the end of the leash, use encouragement, including a happy, kissy sound while patting your side enthusiastically to draw them back to you. If your dog is a constant and excessive puller, try training them with a martingale collar or gentle leader until they learn to walk nicely by your side. It's also important to give your dog a chance to run and get lots of exercise, so using a longer line can really help with this if you don't have a big enough yard space.

By Peter Brown, Professional Dog Trainer



Commemorate a Date!

Buy a commemorative date in the 2022 Calendar for your loved ones and support Golden Retrievers in need at the same time!

- Happy Birthday Shadow #1342
- In memory of Bailey #1212
- Happy Gotcha Day Jake #424

Click here to download or print the order form.

Cost: \$20 per date or \$50 if you'd like a small photo in the same month (limited spaces available so first-come...)

DEADLINE: JULY 15TH

Say Cheese!

Please share your Golden pictures for our 2022 calendar.

- Set your digital camera or phone to highest settings (largest size)
- Please don't make photos smaller (or compress them) for email

Please e-mail photos to photos@goldenrescue.ca

Please make sure you tell us who's who and their rescue numbers.

DEADLINE: JUNE 30TH



Save The Date

SATURDAY, SEPTEMBER 18TH

Golden Rescue's Picnic at



As you know, last year's picnic was sadly cancelled due to Covid-19. We are hoping that we'll be able to have it this year so paws crossed we will indeed be able to celebrate our Golden day. Join us for an action-packed, fun-filled day ~ details to follow soon! It's never too early to RSVP or volunteer for the picnic (picnic@goldenrescue.ca) or to book your accommodations.



If you haven't seen our video

RESCUE ... THIS IS WHAT IT FEELS LIKE

click here to watch.

It'll put a smile on your face!

COMING SOON

Online 50/50 & Catch the Ace

Stay tuned for more information!



LOCKDOWN TRUTHS

Day #227 ~ At home and my dog, Max, is looking at me and saying, "See, this is why I chew the furniture."

Day #346 ~ Struck up a conversation with a spider today. Seems nice. He's a web designer.

If this last year has taught us anything, stupidity travels faster than any virus on the planet.

Another Saturday night in the house and I realized that the trash goes out more frequently than I do.

I'm so excited to take the garbage out. I wonder what I should wear.

The spread of COVID-19 is based on two factors:

1. How dense the population is.
2. How dense the population is.

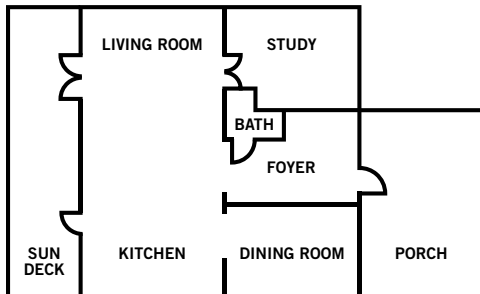
Remember all those times you wished the weekend would last forever? Well, wish granted. Happy now?

Did a BIG load of pajamas so I would have enough clean work clothes for the week.

Anyone else getting a tan from the light in the fridge?

SILLY YOU! You thought dogs were hard to train. Just look at all the humans who can't sit and stay.

Looking at the map for some weekend travel plans:



GOLDEN MOMENTS[©]



“Would someone please call the dogs – I think they want something!”



MEET & GREET

Abbey #3358

After a lifetime of loving Black Labs, we decided we wanted a change but still loving the Lab/Retriever temperament, we adopted an 11-year-old retired service Golden named Cyber. Was he ever a smart boy! He knew over 100 commands and he could pick up a dime off the floor. He could take things out of the dryer and get his own leash and bring it to you. He would bring me my shoes when he was ready to go out and I took him everywhere with me. It's hard to explain just how much love he had to give. Those who have known the love of a dog will understand the loyal, unwavering dedication I'm talking about and their uncanny ability to know when you need some extra love and just how to give it. We were heartbroken when the day came for him to leave us. The gaping hole he left in our lives was bottomless. Over a year later, after moving back to Ontario

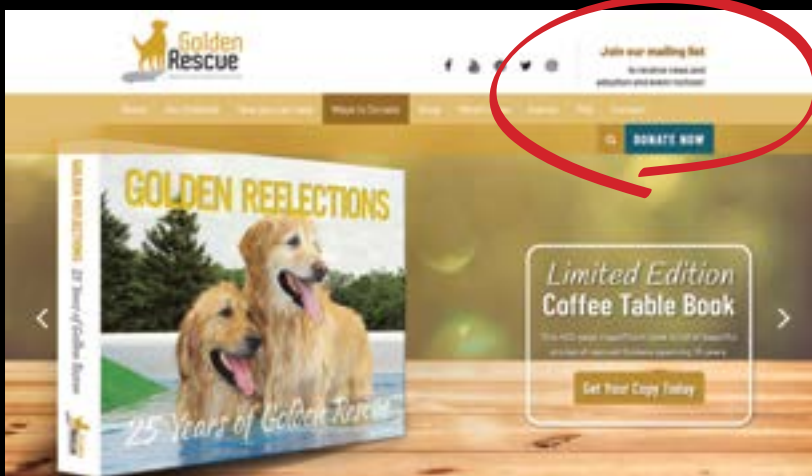
from British Columbia, we decided to apply to adopt from Golden Rescue. I wanted to find a Golden who needed us as much as we needed her. Allow me to introduce you to Abbey. She's a small, three-year-old all the way from Cairo. Her name was Abby, but Aldo is a Beatles lover, and wanted the spelling to be 'Abbey'. He dug out his Abbey Road sign from our UK trip for above her bed. She was quite sickly when she arrived, in the middle of a blizzard, no less. Poor thing must have had real culture shock and had been in her crate for over 24 hours. But from the moment she came into my arms, she has been very affectionate and seems so glad to be here. Incredibly sweet and gentle, Abbey has brought true joy to our home. She loves her belly rubs and her walks in the snow, even though she barked her face off at a cluster of snowmen ~ some things in Canada will just take a little longer to understand. She also barked at the Christmas tree. As

Abbey regains her health with ear and eye medications, she is becoming spunkier and more alert. We tried hiding her pills in a cracker with peanut butter, but when I looked in her dish, there was not a speck of the peanut butter and cracker...just two orange pills, so now, they get rolled in a ham bundle. Recently, she even counter-surfed to nab some almond cookies. My absolute favourite moment so far was when Abbey caught me hugging Aldo in the kitchen and she jumped up to get in on the lovefest ~ melted my heart! I've been enjoying showering her with love and she is just eating it up! Literally, Abbey LOVES the chicken soup I make her, kind of like Gran's stew, history is repeating, as it often does. Gran and I both rescued dogs and felt their love, unlike any other. We both came to know the answer to the question, "Who rescued whom?"

Laurie & Aldo

DON'T MISS OUT ON GOLDEN NEWS!

CLICK HERE TO JOIN OUR MAILING LIST



We send out regular Adoption Alerts and eblasts for News & Events. Sign up for one or both by going to the website. In the top right-hand corner of each page, click on 'Join our mailing list' and follow the prompts. You will then always be 'in-the-know' about Golden news!

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Our Education Team ~ getting up to speed...

Sometimes as we are firmly guided down the street by our over ambitious Golden, we wonder, will we ever get up to speed or need to pull-back? At Golden Rescue, we can NEVER pull-back when it comes to educating our community about the need to rescue these special souls. We MUST move forward in these unprecedented times. Needy Golden cannot wait!

The Golden Rescue Education Team was doing face-to-face presentations, but then the pandemic swooped in and it was unfortunately a pull-back on the leash and our educational presentations had to be cancelled. So as our 'new world' has evolved, so have we by going virtual. Our first virtual presentation was in March 2021 with the encouragement and help from our Golden Rescue community and the skill and dedication of volunteers, each sharing stories and facts about Golden Rescue.

Rotary Clubs, Schools (elementary and secondary), Responsible Dog Owners of Canada, and Pathfinders all welcomed us to do presentations. We decided to not pull-back so we changed with the times. We are now up to speed!

If you have a connection to any group or school (i.e. Rotary/Probus Clubs, The Boys and Girls Club, elementary, secondary or post-secondary schools, Scouts Canada, Girl Guides, Public Libraries, etc.) that would benefit or simply enjoy a virtual Golden presentation (with the BEST visuals on the planet), please contact our Education and Advocacy Team at education@goldenrescue.ca and we will connect with your contact to organize a virtual presentation.

Thank you for helping us spread the word.

WELCOME TO THE GOLDEN

Argo #3524

3-year-old female
Adopted by Denise

Aurora #3474

7-year-old female
Adopted by Marilyn

Barnaby #3469

3-year-old male
Adopted by Katie

Benji #3456

2-year-old male
Adopted by Carol & Robert

Bianca #3479 & Rony #3480

3-year-old female & male
Adopted by Nathalie & Gary

Bubba #3483

4-year-old male
Adopted by Gayle & Richard

Buddy #3415

2-year-old male
Adopted by Karin & Ken

Buddy #3500

8-year-old male
Adopted by Michelle & Allan

Cairo #3487

11-month-old male
Adopted by Aggie

Charlie #3506

2-year-old male
Adopted by Heather & Darryl

Charlotte #3517

2-year-old female
Adopted by Kristal & Rob

Churros #3466

2-year-old male
Adopted by Hanna & Joakim

Clancy #3520

3-year-old male
Adopted by Janet

Cooper #3530

3-year-old male
Adopted by Carley & Zach

Cosmo #3495

2-year-old male
Adopted by Paula & Hey-Liang

Darcy #3523

9-month old female
Adopted by Martine & Marc-Edouard

Fezziwig #3436

9-year-old male
Adopted by Wilda & Jack

Fletcher #3501

2-year-old male
Adopted by Debby & Mel

Frannie #3412

10-month-old female
Adopted by Lynn

Gaye #3511

5-year-old female
Adopted by Lynn & Jon

Glenn #3468

2-year-old male
Adopted by Anna-Lee & Chris

Haven #3467

1-year-old male
Adopted by Hilary

Henry #3502

3-year-old male
Adopted by Debra & Bill

Henry #3498

2-year-old male
Adopted by Angela

Jack #3478

3-year-old male
Adopted by Emma & Tim

Jake #3504

5-year-old male
Adopted by Peggy & Kevin

Jake #3473

5-year-old male
Adopted by Sylvia & Steve

JJ #3335 & Jake #3337

11-year-old males
Adopted by Heather & Shawn

Jakey #3525

1-year-old male
Adopted by Bev & John

Jax #3508

5-year-old male
Adopted by Judy & Ian

Kairo #3491

2-year-old male
Adopted by Ann & Alan

Kairo-Rose #3505

3-year-old female
Adopted by Christine & Doug

Kingston #3507

2-year-old male
Adopted by Steph & Colin

Lenny #3417

1-year-old male
Adopted by Mary Lynn & Dave

Luke #3477

2-year-old male
Adopted by Brinda & Himanshu

Mabel #3476

4-year-old female
Adopted by Kathy & Cathy



SKIPPER #3462



RUFUS #3463 & BEN #3464



CHURROS #3466



GLENN #3468



RIP #3492



COSMO #3495



BUDDY #3500



FLETCHER #3501

FAMILY



Macie #3377
5-year-old female
Adopted by Deb

Marley #3509
8-month-old male
Adopted by John

Maya #3472
2-year-old female
Adopted by Gloria & Howard

Maya #3485
10-month-old female
Adopted by Mary & Newman

Murphy #3470
3-year-old male
Adopted by Ann & Larry

Murphy #3499
2-year-old male
Adopted by Gary

Pal #3489 & Skye #3490
1-year-old male & female
Adopted by Sue & Bill

Riley #3475
7-year-old male
Adopted by Tanith

Riley #3482
3-year-old male
Adopted by Gail & Stan



BARABY #3469

Rip #3492
1-year-old male
Adopted by Matt

Ruby #3465
6-year-old female
Adopted by Nancy & Ralph

Rufus #3463 & Ben #3464
11 & 10-year-old males
Adopted by Andrew & Manon

Shirley #3484
4-year-old female
Adopted by Susan

Skipper #3462
9-year-old male
Adopted by Glen

Stella #3452
2-year-old female
Adopted by Megan & Mark



WHISKEY #3409



RILEY #475

Stella #3497
5-year-old female
Adopted by Sandy & Chris

Stevie #3494
2-year-old female
Adopted by Leslie & Michael

Tanner #3387
4-year-old male
Adopted by Wendy

Tate #3516
2-year-old male
Adopted by Tori & Evan

Whiskey #3409
1-year-old male
Adopted by Denisha

Willie #3493
2-year-old male
Adopted by Terri & Jim



BENJI #3456



MABEL #3476

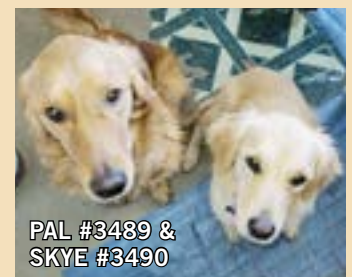
Zeus #3461
2-year-old male
Adopted by Joanne & Jim

Zoey #3503
2-year-old female
Adopted by Gigi & John

Welcome home Goldens!



ZEUS #3461



PAL #3489 & SKYE #3490



ZOEY #3503



KINGSTON #3507



GAYE #3511



DARCY #3523

Dear Golden lovers:

I arrived in Canada as Bruno; however, I am Haven #3467 now. I was named Haven because my mommy wanted me to know that she was my safe haven and that I would forever be safe and loved. Little did she know, I would become her safe haven.

Oh, what a journey it was from Cairo to Toronto. Many of us Golden retrievers were living on the streets, then moved to a shelter with hopes to board this freedom flight to a better life.

I was one of the lucky ones to be chosen to travel with my passport in paw. I tried to be so brave and strong so I wouldn't soil the box I was in for the whole journey (I was successful, in case you were wondering). The shaking and noise finally stopped so we assumed we had arrived. We were cold, hungry, scared, and confused. There were 34 of us on this flight and I was the fourth last one let out of the box. When I was finally released, this lady hugged and kissed me and told me I was home and others around her at the airport were smiling and crying at the same tune. I was just SO excited to walk around and have a big pee in this white stuff they call



snow. I had a big drink and then hopped into this lady's car. I soon came to realize she was loving me as a mom would ~ she wrapped me in blankies and held me tight so I guessed she was my mommy! I had never had a mommy before and this felt nice.

On the drive home, I fell asleep in my mom's lap and she kept cooing to me that I was safe, loved, and home. I still fall asleep in her arms to this day. We got to a big place she called my new home and I immediately went to the toy basket, grabbed a stuffy, and took him to cuddle on one of my beds.

I'm not sure why this made my mom cry, again, but it did. Every day I feel more and more like I am home. I am growing more golden fur, am gaining weight and energy, and finding my voice. I like barking when someone is at the door to protect my home. I give a huge 'Haven Hug' to people I really like. I sleep on my back exposing my belly, which means I feel safe. And, I show my golden smile all the time.

I'm not big on the couch or human bed...but maybe I will in time. I've been used to hard surfaces...not all this luxury! I've just started using my dog beds and boy, do I enjoy my naps. I suspect I never slept well on the streets or at the shelter...always wary, so I'm making up for it now.

I've had a few skin, eye, and paw issues but mom takes me to people who make me feel better. I love going there ~ I get treats and told I'm handsome...plus they don't get mad when I lift my leg and pee all over the wall. I am only one and puppies do silly things like that.

Although my fellow Golden retrievers and I are from the streets, we love our stuffies. My mom had one in the car when she picked me up so that's 'car stuffy', so whenever we go for car rides, I fall asleep with him in my mouth. I just love the car.

I've been told I am sweet, silly, smart, calm, and that I really do love everyone and all dogs. I felt very sad and hopeless not long ago but that is all behind me. I know I am home.

I love it here. I love my new family but I am heartbroken when I think of all my friends back in Cairo. I'm acting extra good to encourage more people to save more Golden retrievers...I'm trying to prove that our lives are worth saving. We all deserve to live like I do.

Love, Haven xo

Please donate to save more Golden retrievers like me.

[Click here for a donation form.](#)

[Click here to donate directly.](#)



Thank you for your kindness & compassion!