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THE GUARDIAN

December 2023 | Issue 110

The Guardian is the official publication for Golden Rescue, a not-for-profit rescue and adoption service for Golden Retrievers.

Editor: Viive Tamm **Creative Director:** Betty James

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production.

If you have any comments or suggestions for the Guardian, please email **guardian@goldenrescue.ca**. (Golden RescueTM is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.)

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Golden Rescue Mission Statement

SECOND CHANCES FOR GOLDENS IN NEED

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Goldens prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Goldens who so desperately need our help.



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On The Cover

Brogan #4276 ~ Brogan joined his forever family when he was eight weeks old. He's 50% Golden and 50% White Shepherd, which might account for those cute big ears. He may be a mix but he is certainly a Golden at heart ~ smart, cuddly with an independent streak. Brogan is a real charmer who wins the hearts of everyone he meets. He is quite talkative (occasionally loud) but most of all he is a happy boy who is full of life and a joy to our family. **Lisa & Bob**



The Golden Nuggets In the summer of 2023, a new Little League baseball team was born and we were suitably named The Golden Nuggets. Here are our stories...



Ripley #4517

My name is Ripley. On August 30, my new mom and her son brought me home. It's a busy house. I met big sister Maybellene, a big gentle German Shepherd, and little cat brothers Klaus and Kitty. Klaus likes my food and crate and tries to cuddle. I'm not ready for the cuddling yet. Kitty is aloof and likes it when I leave him alone. Everyone was so welcoming. Maybellene and I play a lot and we have a big backyard to run around in. She is teaching me how to spot and chase squirrels. I have enjoyed all the visitors who have come to meet me. My mom is retired and gets to spend all day with us. I'm looking forward to visiting her trailer, going hiking, long walks, road trips, swimming, and just hanging out. I'm doing well with my training and can't wait until my shots are finished so we can go for neighbourhood and trail walks. I found out that my sister Summer lives down the street and that we have the same vet. It will be fun to visit with her. My mom tells me that she is very happy that I came into her life. I am a very happy girl.



Ruby #4518

I'm Ruby and I've been described as a confident, smart, cuddly, stick-obsessed puppy. I have joined my fellow rescue brother, Bobby, and I test his patience every day. My new parents weren't sure what to expect when adopting a puppy, but I've made all of their worries disappear by proving to be an absolute gift. I successfully completed my puppy pre-school class with flying colours and I'm picking things up quickly. I think I have a sweet nature and I think I've stolen the hearts of everyone who crosses my path.

Sid #4519

Am I not the luckiest boy in the world? My family describes me as the most wonderful, easygoing, smart, happy boy. I'm not sure what the word 'captivating' means; however, everyone who meets me says that's what I am. Seeing as they're smiling sweetly at me when they say that, I think it's a good thing. I've been told that I have fit into my family's pack like I've always been here, which confuses me because I think I have always been here. One of the things I like the best is when I look at my family with my tail wagging, I can tell that all their worries in the world melt away. I feel so lucky that we are in each other's lives as we're all completely smitten with each other.



Denbigh #4520

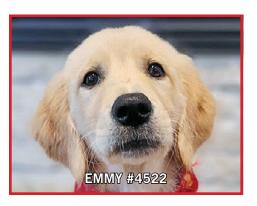
When I joined my family, Georgie #2267 and Okiefe #3340 were beside themselves with excitement because they and my mom and dad wanted a wee sister. My brother Hudson didn't quite feel the same way, the poor boy, but he's older and was an only dog most of his life, and he now has two wild boys and me! I know I have an unusual name and I hope you love it as much as I do. Denbigh in Welsh means 'Little Fortress'; however, my brothers think it should mean 'Little Warrior' because I have no fear, am very inquisitive, and love to wrestle with Georgie and Okiefe and pick on Hudson. One of the things I enjoy doing the most is emptying the toy box, finding and consuming sticks



The Golden Nuggets







and other interesting forage, and generally being outdoors. Mom and dad say I am truly a spark of life (sometimes more like dynamite) and they love me to bits ~ aside from the lack of sleep, razor teeth, getting things out of my mouth, chasing me around, and sleeping on their heads. All of us together means our home is complete and our hearts are full.

Maverick #4521

My mom and dad and my fur siblings, Abby #3093 and Bentley, have brought immense joy into my life and me theirs. We are constantly engaging each other in animated play sessions as we chase each other around the house and frolic in the backyard. I've been told that my sociable nature extends beyond my furry companions as I have a deep love for people. It's my mission in life to shower everyone I meet with affection and to bring smiles to their faces. My family brags that not only am I a loving companion but also an incredibly quick learner. My intelligence and eagerness to please have allowed me to master various commands and tricks, I'm told. However, my true passion lies in playing with balls, stuffed animals, and toys. I gleefully pounce on these playthings which bring me pure delight. My home is filled with warmth, laughter, and boundless love. How can life be any better?

Emmy #4522

I fulfilled my family's wishes by coming into their lives. After they lost Oliver #1624 last year, the time was right for them to have silly, playful, and sweet Golden energy back in their home and hearts. So, I came bounding into their lives at nine weeks of age and I've kept them laughing, chasing, and snuggling ever since. To say I'm a bundle of energy and curiosity is an understatement (a pretty big word for a little girl) and I dive headfirst into everything without hesitation. I'm a lover of all toys and plants with a passion for digging random holes and chasing leaves. They are continuously blown away by how quickly I learn new things and the incredible changes I make every day. We are all looking forward to many years of happiness together. Life could not be better and I could not be happier.

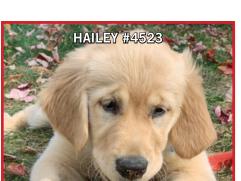
Hailey #4523

The second I joined my new family, I knew that my life was complete and I know they feel the same way. I joined my loved-ones of five and my new fur-sister Sadie #2913. Sadie, who is seven now, was rescued from Turkey at two years of age and she finally has a companion who matches her eagerness to play...me! I am full of puppy energy, playfulness, and puppy kisses. I'm told that I'm naturally curious, smart, and eager to learn. I have really started to appreciate the value of snuggles and my whole family is basking in my affection. My family says they are definitely the luckiest family to not only have one rescue, but two! I'm so glad that I'm one of them.



The Golden Nuggets





Summer #4524

My family loves living in a climate that offers four seasons but summer has always been their favourite, so when they welcomed me into their family in July, they thought what better way to have summer all year round...so they named me Summer. How sweet is that! I've heard them tell friends that I personify those traits that reflect my name ~ bright, warm, and happy! Aw shucks! I love the outdoors and everyone I meet. I've yet to meet a stick, blade of grass or maple key I don't like. Inside, I love playing with my stuffies, balls, my tail, and teething-friendly bones. Although my mom and dad say I'm smart and picking up my commands quickly, 'leave it' is still a work-in-progress...but that's no surprise for a puppy, is it? I'm a real snuggler, loving to cuddle for tummy rubs and nap time. I'm full of fun energy, zooming around the house and the yard and I really enjoy our frequent walks meeting new people and dogs, finding new sticks, and chasing blowing leaves. We can't wait to experience the next fall, winter and spring together while they have Summer all year long (teehee)!



Sailor #4525

When my family was contacted about adopting me, it took them less than ten seconds to say 'yes'. How wonderful is it to be wanted so much? Makes me feel all squishy inside! They had lost their sweet Charlie #2997 and couldn't wait to get more Golden fur in the home ~ that's me! I love everything about my life ~ car rides, squeaky toys, treats, and my fur-brother Coby. I've been told that I'm like a toddler ~ needing naps during the day as well as cuddle times and food as I'm always hungry. My zoomie time is from 6:30 to 8:30 pm and I can be pretty wild during that time but I crash hard and sleep through the night. At puppy school, my instructors say I'm really smart so don't tell anyone, but it's all about the treats. I've already learned 'sit', 'lie down', 'paws up', 'leave treats until we say okay', and I'm working on recall. I couldn't be happier being a part of my family and I'm looking forward to something I've been told is 'snow' and many hours on the paddle board and swimming next summer. My family is simply the best and I'm a happy camper!



All of us, on behalf of our forever families, would like to extend a heartfelt thank you to all the wonderful fosters who cared for us. We hope you will all continue to share our amazing journey with us. THE GOLDEN NUGGETS



Youth Outreach

In the last Guardian, I wrote about small local fundraising activities and I encouraged everyone to get high school aged kids involved. Well, this article is directed at the high school aged students.

Golden Rescue is a registered charity and, as such, can issue those desperately needed community service hours. So, I am asking high school students to try creating their own small fundraising activity. It could be a dog wash or a bake sale or lemonade stand or anything you can think of. If you are an artist, draw pet portraits or if you are a musician, try busking for donations. How about dog walking for your neighbours? Just be sure you are working within your abilities and are safe and comfortable with what you would like to try.

I know that the youth of today are an amazing group of people and every time I speak with them, I am amazed by their knowledge and drive, so I would love see them harness that energy to help us rescue more Goldens.

We are starting a new initiative to get young people involved with rescue. Speaking to you directly...we would like you to think of a fundraising activity and organize and conduct the fundraiser. We need you to record all the time you spend on this project. For example, if you have a bake sale, all the time spent preparing, baking, selling the baked goods count towards your hours. The amount of money raised is not important ~ it's your participation that matters. You can email a quick summary of your activity and time spent on it. It can be in point form and spelling doesn't count, so just include your name, the school you attend, and an email address we can reach you at. When we receive your information, we will



send out a certificate for your community service hours.

We are looking forward to seeing the amazing creativity and spirit we know you have. You can contact me at grantfromgoldenrescue@gmail.ca.

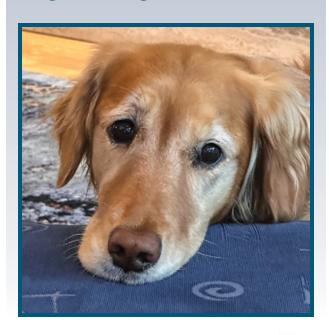
Include your hours worked, what you did, and the amount collected. This is not a contest and although every penny counts, it's raising awareness that matters. On behalf of all the Goldens you are about to help, thank you! And, if there are any teachers who think their school would like to get involved with a project, I would be happy to work with you ~ even making in-school appearances with a Golden or two to meet and speak with your students.

MEET & GREET

Fiona #2982

Our beautiful girl arrived from Istanbul five years ago with her buddies, Lillian and Doris...all named after the Shrek movie. Fiona settled in right away because she packed light and came with very little baggage. She is super smart and obedient ~ she must have lived with a family before being abandoned. Her lovely face is a bit whiter and she is very fit and healthy. Recently someone spoke to her in Turkish but there was no recognition at all. Our girl is completely Canadian and we are smitten with her.

Margaret & Dougal





MEET & GREET

Bowie #3825

Bowie #3825 (aka Ebony who was on our website waiting to be adopted for almost a year) is a wonderful boy who is so grateful to be part of our family. He has two brothers, Bentley and Bruce, so now they are the 3Bs. He and Bentley got along instantly and have become real buddies although their play-fighting can get a little rough at times. Bruce and Bowie, however, are a work-inprogress. After a month of close supervision and breaking up some bad scuffles, these two are finding their place in the pack and we are hopeful that the 3Bs are going be BFFs. Their recent cottage time helped with their bonding and all is looking good. Bowie is incredibly sweet and he just needed a chance...and lots of patience and understanding which he is getting with us.

Amy



ADOPTION ALERTS

PLEASE help us! We have been up for adoption for quite a long time and it's getting disheartening. Not be wanted is a terrible feeling! We both have our foibles; however, we are great with people. All we want is a home somewhere!







Rudy #4333
Please read my bio here

If you think you might be interested, we'd love to meet you. Fill out an adoption application here or email adoption@goldenrescue.ca if you already have an application on file. We'll be good...we promise!





Hello...happy to have you joining my column again. I hope you enjoy it as people have asked really great questions. Please email me at guardian@goldenrescue.ca and I'll do my research and answer the best I can.

As we approach the holiday season, wishing you a great time with your precious families!

Yours in rescue and with much gratitude,



HI APRIL...I'M ANGUS. CHRISTMAS IS A WONDERFUL TIME YEAR. WHAT TOXIC DANGERS SHOULD WE BE AWARE OF?

Hello Angus: One of the most dangerous substances is an artificial sweetener call Xylitol. This artificial sweetener is disguised with many names as follows ~ wood sugar, birch sugar, birch bark extract, sucre de bouleau, European Code E967, miso-xylitol, xlitol, xylite, xylo-pentane 1,2,3,4,5. There is nothing natural about the product. These ingredients can be found in gum, candies, lozenges, baked goods, and many other

products. Angus, here is a list of other things you should avoid:

- turkey bones & other assorted bones
- grapes & raisins
- macadamia nuts
- onions, chives & leeks
- home-made decorations
- alcohol
- tinsel
- Christmas lights
- glass decorations
- Christmas tree water (can be spiked with toxics to preserve the tree's lifespan)
- chocolate
- poinsettia, holly, mistletoe, lilies & ivy
- potpourri
- tree needles ~ real & artificial

Lastly, don't forget those chip bags that can suffocate. Hopefully this list will help families look after you and all your four-legged friends.

HEY APRIL...IT'S BUDDY. MY BROTHER GEORGE HAS BLACK POOP. WHAT'S THAT MEAN?

Hello Buddy: Keeping an eye on your poop daily is a great way to keep track of your health and wellbeing. It can be an early warning that something is not right. The four C's to consider:

Colour: it should range from light to medium brown

Consistency: It can vary based on your diet but it should be medium to firm

Contents: There should not be anything unusual like worms or something foreign you have eaten

Coating: Large amount of mucus could indicate bowel inflammation among other things

Very dark or black stool can be a sign of a bleed in the upper intestinal track. Many things can cause blood in the stool ~ Pepto Bismol, Aspirin, stomach ulcers, parasites or a foreign object ingested with a partial blockage. My brother had ulcers which made him nasty. So, mommy took him to the vet. Other reasons to see the vet immediately are vomiting, lethargy, staggering or collapsing.

HI APRIL: WHAT SUPPLIES SHOULD MY FAMILY HAVE ON HAND FOR WEEKENDS AND LATE-NIGHT EMERGENCIES. IT'S HAPPENED TO ME A COUPLE OF TIME — ESPECIALLY WITH NO AFTER-HOURS VET NEARBY. STORM

Hello Storm: Well, it's funny you should ask that question. My family has used several good things that they have on hand for me. I bumped my head in the car and hurt one eye. Of course, they took me to the yet and I was examined. The vet was concerned about my eve so my mom gave me Traumacare pills for three days. When I went back to the vet for a check-up, they could not believe the improvement with my eve. Traumacare pills help relieve muscle and joint pain, inflammation, and bruising associated with injuries of any sort, including surgeries. Next is Claritin and Reactine. Make sure its plain. non-drowsy, and non-dissolvable. These may be used for bee stings, rashes and minor allergic reactions. Please check with a vet about dosage and clarify the product. Calendula cream is good for any wound on the body except eyes. Another good choice is Slippery Elm Bark that is perfect to sooth and coat the digestive track, helping to alleviate issues like black stool, diarrhea. constipation, and inflammation. It can be used internally and externally and great for skin irritations. It is loaded with vitamins, minerals. anti-oxidants and can assist with kennel cough and bronchitis. To recap, here are four suggested products, Traumacare pills, Claritin, Reactine, Calendula cream, and Slippery Elm Bark.



THE TRAINING CORNER

VIOLET'S JOURNEY

On September 4th, we adopted Violet #4496. Over the next couple of issues, I am going to share Violet's journey, both past and present.

Violet's first seven years of her life were hard. She was a 'breeder' at a puppy mill and lived in a small stall all her life. When she came into Golden Rescue's care, she was not in good condition and she was afraid of the world. She also wasn't toilet trained and was accustomed to eating her own faeces as that's what doggy moms do.

Violet went into foster care and Golden Rescue took care of her medical issues. After two months, she was starting to gain some confidence. Toileting outside was about 60% and her foster mom felt she was ready to go to her forever family.

When Violet was posted on the GR website, Vaughan and I agreed that she might actually be 'the one', so we emailed the adoption team to find out more.

We arranged to see Violet with Star and Tula on the Labour Day weekend and spent almost three hours with her and her foster. Star and Tula immediately took to Violet.

Violet was reserved and cautious around Vaughan and I but we expected that. She probably had very little human contact and what she had,

might not have been pleasant. The foster had done a wonderful job helping this little girl start to feel safe and work on toilet training. Golden Rescue had also taken care of her medical issues (spaying, dental work, medication for her ears and the sores on her body, and shaving her fur to remove the matting).

By the end of our visit, I asked Vaughan if he wanted to talk about it, but I could tell that he'd made up his mind. We were both confident that this was the right Golden, but the most important question was whether the foster agreed. Fortunately, she did!

The foster offered to bring Violet to us the next day as she felt this would be less stressful for her. When she and Violet arrived, Star and Tula were happy to see her again and Violet was reserved but comfortable being with us. The foster stayed for a couple of hours and then quietly exited. Violet was somewhat stressed when she realized she was gone, but she slowly started to settle down.

Her first month with us was a lot of work and involved a great deal of patience, empathy, flexibility, love, and solution seeking. We tell students with new rescues not to bring them to class until they have been with them a month, to give them time to adjust to their new situation. For Violet it will be even longer.

Violet has what many rescues suffer from when they've had an unpleasant past ~ PTSD (Post Traumatic Syndrome in Dogs) and it's not unlike what human's experience. It can take months, and even longer, to feel comfortable and trusting again.

Out of the 16 concepts (behaviours or skills) I've talked about in previous articles, she ranks low in confidence, optimism, independence, calmness, engagement, flexibility, and grit. Did I start her on games training right away? No, and here's why. Games are generally fun and exciting. She wasn't ready for that. She needed time to adjust and feel comfortable with us.

Toilet training was our first priority, but we needed a strategy balanced with patience. At first Violet had no idea where to relieve herself. We have a side run about 12 by 4 feet where our dogs can do their business but she didn't like this area at all. My guess is it may have resembled her stall or kennel. As a result, we let her go in the backyard. At times, she would hold her bladder 12 hours ~ not healthy. When she did finally pee in our backyard, we praised her, but she'd cower as if she had been bad. We tried giving her treats for peeing, but she still didn't understand that peeing outside was a good thing. What we did discover was letting her immediately run back into the house was rewarding. We would still give



her treats once in the house, but for her, the reward was coming back into the house.

Now that we knew what she considered rewarding, we could make a schedule, which is not unlike how we toilet train puppies. We'd let her out in the backyard every hour. If she laid down on the lawn or stood by the back door we brought her back into the house, but we put baby gates up so that she was restricted to one of the rooms we were in. Once she peed outside, we ran her back inside, gave her a piece of a cheese string (this she also found rewarding), and allowed her full run of the house for about three or four hours. Then it was back to seeing if she would pee again. If not, she was gated in a room with one of us and taken outside every hour. The other thing we did was when she did pee, we'd say 'go pee' to help her associate the word with the action. Her poops were like clockwork between 7:10 and 7:40 every morning. After three weeks of doing this and one week of no accidents in the house, the lightbulb went off. She started walking to the patio door or pacing back and forth in the room where the patio door was. We'd open the door, she'd run out the back, we said, 'go pee', and she did! Success at last! She had only been with us for a short time when we took her to the Golden Rescue picnic. We had no idea how she'd be. At this point, she wouldn't go out on walks with Tula and Star. We decided if we couldn't get her down to the picnic, one of us would stay in the cabin with her. To our surprise. she went for her first walk with all of us when we arrived on Friday and said hello to a few people and dogs. This was huge! Saturday morning, she willingly came down to the field where the picnic was and we were surprised at how comfortable she was. We came home on Sunday and after that, we had no more issues with walking. Vaughan took Star and Tula and I followed along

with Violet. She's now the first one to the door when the leashes come out!

Violet also had some behaviours which had us baffled at first. In the beginning, she was uncertain whenever we were near her. Her head would be low and tail down. We would stroke her side rather than her head because she often moved her head away which told us she may have been struck in the past. She became comfortable with me but there was no doubt she was more drawn to Vaughan, even though she continued to shy away from him. In fact, if he went out, she'd pace. She didn't do that when I went out. If he was upstairs and she wasn't allowed up there during toilet training, she'd pace, even though I was on the main floor with her. The only thing that calmed her was the TV. I have never come across a dog that will watch the TV for hours, but she does. We got to the point that if Vaughan or both of us went out, we'd put an animated DVD on (her favourite) for her to watch. She is getting better now when Vaughan goes out, but we still put the TV on if we both go out at the same time.

The key thing to keep in mind when adopting a rescue with a difficult past is to try to empathize with what they've been through, be patient, and look for easy solutions to help them. We really wanted Violet to toilet in the side run but we had to be flexible, so all three dogs now do their business in our backyard. Star and Tula think it's great.

There are no cookie-cutter solutions when it comes to rescues. Find out what works, stick with it, and be consistent. It may take weeks to see results, but don't deviate. You'll only confuse them. Once they get it, the joy they (and you) will experience is worth the effort.

By Lynda Kitson



Lynda is the owner of Who's Walking Who Dog Training Centres and lives with her husband Vaughan and their three Goldens ~ Star, Tula & Violet #4496.



GOLDEN MOMENTS©

"She calls it a hike, I call it a sniffari!"



KELLY...OUR HERO

KELLY #4253 came into our lives after a long flight to Vancouver from Istanbul. We fell in love with her immediately and knew she was the girl for us as she blended in with her new forever family perfectly.

It must have been pretty daunting for her to come into our home with four other Goldens; however, with Kelly's calm, goofy nature, she fit right in. We believe she has never been around cats so it was comical that she was afraid of the smallest of our cats, who liked chasing Kelly. Kelly has now taken on caring for a kitten we rescued.

When she arrived, she wasn't sure what toys were and now she carries one around with her most of the time. She also wasn't sure about the dog bed but now at bedtime she is the first one on the bed ~ our bed...not the dog bed! This girl does the best zoomies that last for a couple of minutes at a time. She covers every inch of the property when she goes into zoom mode.

We already knew Kelly was a special girl; however, she has proven to be a true hero. This past summer, our youngest Golden, Becks, was cooling off in our above ground pool. Kelly was standing by the pool ladder barking incessantly, which was very unusual. When she wouldn't stop barking, my husband went to see what the commotion was. When he got to the pool, Becks was motionless at the bottom of the pool. He was able to grab her by the collar and pull her out and she coughed up water and trotted off.

If it hadn't been for Kelly alerting us that Becks was in trouble, it would have had a different outcome. We are truly indebted to Kelly for being our and Becks' hero. We saved Kelly's life and she has repaid us by saving Becks. Kelly is an amazing girl and she will be a loved member of our pack forever.







GR's HOLIDAY AUCTION

It's a fantastic opportunity to have fun, buy amazing prizes & gifts, and make a positive impact on the lives of Goldens in need!

SAVE THE DATES:

STARTS: Friday, December 1st at 9 am ENDS: Sunday, December 3rd at 9 pm

CLICK HERE to access the auction

PLEASE BID GENEROUSLY!



LOOKING FOR PRIZES

If you would like to donate prizes/auction items (new only), please email: sa@goldenrescue.ca

Please note that all donations have to be received by November 27th and central pick-up locations can be arranged in advance.

Here are a few suggestions for some things we'd be grateful to receive:

- Anything related to Goldens/dogs
- Theatre/sporting event tickets
- Rounds of golf or ski passes
- Gift cards
- Restaurant certificates
- Tickets for attractions
- Experiences (flights, hotels, resorts, hot-air ballooning, escape rooms, etc.)
- Jewelry and accessories
- Games and puzzles
- Fitness classes/gym memberships
- Artwork, home décor & garden/outdoor items

THANK YOU FOR YOUR SUPPORT!

ONLINE AUCTION VOLUNTEERS

Everyone loves a good auction and Golden Rescue is putting together a fun and lively online auction to raise money for our deserving and needy Goldens. Our auction team needs your help in two key areas:

We need volunteers to source a wide variety of auction items ~ you need to be resourceful (begging helps) and our team will also provide you with suggestions/leads on people and organizations to contact.

Many items need to be picked up and delivered to Toronto. Then, after the auction, items need to be delivered to the lucky bidders. If you're willing to do some delivery driving, we would appreciate the help.

ESTIMATED TIME COMMITMENT: whatever time you're able to give

If you're interested helping, please email: teamresources@goldenrescue.ca



From My End of the Leash: Byte Four Annabelle #3257

News flash! Not that I'm spoiled or snotty ~ you'd find me modest for sure, plus a sweet well-mannered Golden representative. I do. however, have to boast a tad that I seem to be important. You see, while on walks, I'm the one having total control over our trajectory. That is, I decide our daily destinations and the routes we take. You might say that is unjustified and makes no sense. It might appear I am the leader of the band, the driver of the vehicle, the conductor of the orchestra. Nice similes, but appearances here do belie the truth: the fact is the madam rules the roost as a rule and she would conclude quite rightly that dragging me down the road is rather unseemly, embarrassing, and construed as abuse. After all, she is at the other end of my leash. Silliness and ridicule are not her favourite outcomes. So, voilà...she follows my lead.

We turn around, east to west or north to south, when I deem the time to be appropriate after assessing my accomplishments and goals. Seems logical to me since I'm the one who must do my business in the great outdoors. Correct? Often, I decline the opportunity to drift into our own driveway on the return trip, choosing instead to continue lazily along the road. It follows that I make the call to end our stroll; after all, I might be weary or bored or hungry...and wish to settle once again on my posh pad until called for the next meal. There's no instinct or impetus here to bark; indeed, my balking technique readily decides the issue without conversation. 'Tis a simple formula.

Now here's a news item ~ rather personal and I admit quite miraculous. It's a tad hush-hush,



so don't go spilling the beans folks. My devoted dame (akin to 'knighthood not 'derogative') sleeps atop the big bed. Mine is the one on the floor ~ a wee gem snug up against hers. You can differentiate immediately. Her bed is littered with paraphernalia ~ tablet, books, reader...plus a tray holding pencils, eyeglasses, note pads, a wrist support, and an accident emergency button (not the kind of accident you might think, dear reader).

Now get this ~ we retire to our boudoir after my human issues her nightly invitation. "I'm

going to my bed now...do you want to come?" It's not a mantra per se, but I've heard it ever since arriving here in Canada. You'll recall I was delivered here from Egypt on a monstrous juggernaut of a conveyor that actually flies. It was Golden Rescue's idea as they make magic happen. So off we trot to our boudoir, in tandem, which is both nicely reassuring and habitual. I ease onto my allotted sleeping space. Ah, perfect comfort, I sigh.

About then, the bare legs and feet appear dangling down beside me. And then the pleasure begins. Those usually cold practised appendages proceed to massage my tired and welcoming self. Her toes find their goal ~ tickle, play in my fur. Customarily, feet slide up and down my legs and back, delivering exquisite pleasure. Sweet sensations travel across my relaxed limp body. I'm done...my senses and thoughts drifting far away on a cloud. In an effort to expunge any guilt, I do confess my privileged position and admit to being spoiled: top-dog...my mom's favourite...that's me.

Another newsworthy item: Did I mention I have an editor? From that, I wonder and worry that I'm suddenly in need of one. Or alternatively, have I risen to the ranks of a highly regarded writer who merits an editor? In other words, should I brag or assume a hang-dog stance? Who appoints an editor anyway? Doggone it! Kind of tugs on the old leash, does it not?

I don't know how to respond to this new situation of editor invasion or intrusion. Just as well, I suppose. Editors can be fussy and selective and



From My End of the Leash: Byte Four...continued

overuse their delete button...maybe alter the intention of the writer. Well, I shall take the high road...or the wait-and-see road if there is such a thing. Only fair to give it a go ~ 'tis most likely not much to bark about.

Speaking of the ubiquitous news flash ~ I just have to write about cell phones. It won't occupy much space, needless to say, you have more knowledge and experience than I on this front primarily because you hold yours in front of you most of the time. I am just learning, so bear with me.

My ever-so-thoughtful keeper received a tell-all photo accompanying an email. It revealed just where she was and with whom most of yesterday. I peeked surreptitiously at our inbox...well, why not, if I'm able and can erase paw prints? Anyway, I made an astounding discovery. The headline was 'Two cuties'. Really! And there she was: my doting fur-mom standing in front of a sweet old cottage-type building decorated with seasonal flowers and pumpkins with her dear daughter-in-law. How lovely is that?

I meandered, but am back now, on track. 'Twas a cell's camera I was meaning to discuss and to focus on its inherent science. Now, I do know something about focus in general, as I have to do that...focus, when responding to my resident-other. It's expected and happens frequently. If my focusing isn't working, her agitation and displeasure are.

On the other paw, I have learned something... actually a lot. In this case, the cell camera's ability to change focus very smartly and with some trickery. The person taking the shots of the 'two cuties' could not have been very far away

but was capable of being beamed to a greater distance in front of the subjects. This enabled the photo to include much more of the subjects' background. Now is that not extraordinary and all this time you've taken awesome for granted!

But then there are new inventions every day, especially electronic, so why should I be surprised? I am just a Golden. Anyway, I'm not divulging premature insight into laptop secrets. No doubt I'll be officially informed of inbox news and any photos will be revealed all in good time.

Patience is a palpable pastime.

On another newsy note, I must mention my miffed mom is currently a tad testy. She yearns for some admiration and credit for something or other. Not sure what. Guess I've neglected her or perhaps missed an opportunity to congratulate her. I wish I knew what that is all about. I'll have to be more empathetic and make up for any missed moments of excellence. An enigma, but I'll work on it.

Right now, however, I'm stuck on the word 'dogma'...or 'dog-ma' maybe. Here's a quote that appears interesting: "The greater the ignorance, the greater the dogmatism" (Willian Osler). It must have something to do with a dog, right? Well, that's one for you to delve into. Have fun!

Guess that concludes the important news of the day or the hour. I shall address incoming material and report should there be anything of interest. Thanks for your staying power. I welcome complimentary opinions.

Until next Byte...Annabelle #3257 👺

Ian Graham & Fedex Give Generously

lan, proud dad of McKinley #4047, works for Fedex and has been a volunteer with Golden Rescue since 2015. Fedex launched a program called 'FedEx Cares Employee Community', which offers the chance for employees to put forth their favourite charities to receive a corporate donation. Fedex then picks at random and makes a donation on the employees' behalf. Ian nominated Golden Rescue because he knows all about the wonderful work we do.

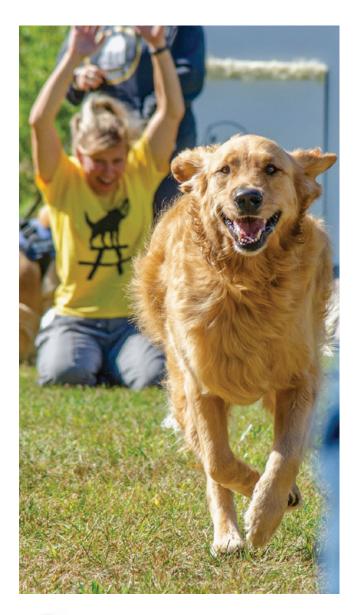
Many companies have these types of programs and Ian would encourage everyone to pursue it within their company.



Here is a photo of Ian and McKinley with a cheque for \$1,000 USD. Thank you Ian and Fedex! Looking good McKinley!



A VERY 'Golden' Golden Rescue Picnic



It would have been impossible to have had a better, more perfect day for our Picnic 2023 at the beautiful Viamede Resort.

The sun shone all day and at 23 degrees, it was never too hot...although our beloved Goldens still made good use of the two wading pools ~ some waded, some splashed around, while others simply lay down and rested and others thought it was a big water bowl for quenching their thirst.

With 300+ people and 150+ Goldens, it was a delightful day. There were so many activities ~ multiple games, entertainment, guided hikes, special presentations, a great raffle, and a delicious bbq. It was a day full of fun, joy, laughter, and surprises. It's difficult to describe all the activities but here are a couple of highlights.

Leave It or Steal It was so popular and hilarious that we did it twice ~ in the morning and the afternoon. Some Golden superstars flew to their owners at the other end of the track in seconds and some Goldens were so distracted by the treats and toys along the way that they never did cross the finish line.

The Best Dressed Contest was another big hit with over 10 hilarious participants ~ each one better than the next.

We also had, for the first time, an entertainment component with singing, skits, and **two outstanding Golden performances by Kalen #4028 and Cedar #3092**. Cedar was great; however, the audience thought Kalen stole the day.







Also, for the first time, we had a **Golden Heroes Awards Ceremony** (more about this in a feature article on page 20). Congratulations to these very special volunteers!

The **GR** store had lots of variety and the **raffle**, **50-50**, and **lottery** were well supported. **Ask the Trainer** and **Shutterpups** were busy all day as were the guided hikes through the Viamede woods guided by Ben and Cobalt #3707 ~ so popular, in fact, that there were two hikes during the day.

The **Rainbow Bridge** was a touching tribute to our lost and always lovingly-remembered Goldens.

WE WANT TO THANK BEN FOR HOSTING THE PICNIC AGAIN AND FOR THE BBQ, WHICH WAS AMAZING. THANK YOU, BEN!

A special thank you to Julie, our Picnic Chair, who made the day the huge success it was. We have no idea how much work she puts into making this day so special for all of us to enjoy!

So many volunteers are involved in making the day a success ~ the list is too long to include everyone but you know who you are and we thank you all.

Most importantly, it was wonderful to see all our Goldens (and some Golden wannabes) playing and living happy lives. The picnic is a day of connections ~ fosters seeing their charges with their new families, volunteers putting faces to names, and making new friends. We truly have a community to be proud of and it was a wonderful day to celebrate rescue!

Next year's picnic is scheduled for Saturday, September 21st so put it into your new 2024 calendar now! See you then!









IS IT TOO LATE TO BE GOOD?

We all know what is just around the corner...the holiday season. Why not let the Golden Rescue Store take all holiday shopping pressures off your shoulders. We have a LOT of great gift ideas ~ many that can be personalized.

We have hoodies, vests, jackets, and baseball caps in a variety of colours. If you are the outdoor type, we have backpacks and a water bottle/bowl combo, which is made for both you and your canine buddy to share. And add the all-in-one treat pouch and you will be all ready to go. We have great personalized gifts ~ door mat, bird house, mousepad or car fresheners. If you are unsure of what to buy, why not get a gift certificate!

PLEASE CLICK HERE TO VISIT THE GR STORE.









RUSTY #4398

2024 GOLDEN RESCUE CALENDAR

NOW AVAILABLE IN THE GR STORE!



DECEMBER 2024

Rescue

CELEBRATING OUR GOLDEN HEROES

Meet the Extraordinary Volunteers of 2023!

Golden Rescue's success is a testament to the power of community. Our 500+ volunteers and 50,000+ supporters nationwide are the driving force behind all we do. At the 2023 Golden Rescue picnic, we unveiled a tribute to our extraordinary volunteers ~ our Golden Heroes. Their dedication, selflessness, and exceptional efforts to go above and beyond to keep our mission alive. Out of countless deserving candidates, we selected five outstanding individuals:





Lynn Harding & Kevin McLaughlin

Lynn and Kevin stood at the forefront of an extraordinary rescue mission. When we lost Rocky #4472 (now Kaladar) during a transport, they led the charge. Through 15 days and nights of unyielding effort, they endured exhaustion and heartbreak. Their perseverance and unbreakable spirit led to Rocky's safe return. Their story is a beacon of hope that led to a heartwarming reunion.



Cheryl-Anne Graham

Cheryl-Anne tackles each task with a calm, can-do, and positive attitude. From fostering to events and airport pickups, she wears many hats for Golden Rescue. Yet, her most significant contribution lies in placements ~ matching Goldens with their forever families! In the whirlwind of summer 2022, before the CFIA ban, she was a driving force behind the rescue of 250 international Goldens in just two months...a monumental feat!





Louis Thouin

Louis never turns down a request from Golden Rescue. In fact, he consistently goes above and beyond. Whether it's short-term fostering, home visits or transports, he's a constant force for good. Recently, he drove two Goldens from Ontario to their foster families in the Maritimes! He's not just on the foster onboarding team ~ he's a vital part of our 'Anything Golden Rescue Needs' team. When in doubt, we turn to Louis!



Carol & Tom Schoeps

It's hard to imagine what Golden Rescue would do without this extraordinary couple. Carol and Tom manage the Golden Rescue Store with unmatched dedication. Carol leads team resources supporting various teams, helps with the Wishbone Lottery, and ensures our monthly supporters feel appreciated. They both transport, conduct home visits, volunteer at events...and so much more! Their resounding 'yes' to every task speaks volumes. Though it's often said that no one is truly indispensable, Carol & Tom come remarkably close!

These individuals are living proof that heroes walk among us. These are the stories that inspire us and remind us of the boundless capacity for kindness within us all. Thank you for being an integral part of the Golden Rescue community as we make a difference together.



Consider lending your hand and heart to Golden Rescue. Join our incredible team of volunteers in any capacity and help make a difference in the life of a Golden in need! Apply here.





THE GUARDIAN

Past, Present & Future

Our digital Guardian has been received favourably. We have been working on a way to archive our newsletters on our website and mission accomplished. Read past issues and stories throughout the years! All the issues since 2013 are on our website and we will continue to add each issue from now on. So, if you'd like to read past issues, please click **here**.

HAPPY BROWSING!



INTERNATIONAL BAN UPDATE

We are grateful for your support and wanted to provide a brief but crucial update on the CFIA ban and our recent efforts.

Thanks to your extraordinary efforts earlier this year, which included signing the parliamentary petition and engaging with your Members of Parliament, Golden Rescue was invited to several CFIA stakeholder engagement sessions. However, progress towards resolution has been disappointingly slow. Each passing day under this ban is a death sentence for countless dogs, intensifying our commitment to quick action to achieving resolution.

Our latest effort, the World Rabies Day social media campaign on September 28th, marked the tragic anniversary of the ban's implementation in 2022. It generated substantial reach, engagement, and active participation. This success showcases the strength of our community. Many touching international adoption videos were shared, each one tagging the CFIA and advocating for #AmendTheBan. It stands as a testament to our collective unity and dedication to our shared mission.

We extend our heartfelt thanks to all who contributed, whether by submitting a video, sharing the campaign, tagging the CFIA or

spreading the word about #AmendTheBan.

We're also immensely grateful for our dedicated social media volunteers who tirelessly managed this campaign. Your combined efforts made an impact and fostered even greater unity within our Golden community.

We are concerned that this critical issue is still not receiving the attention it deserves beyond our community, especially at the government level. This emphasizes the urgency to intensify our efforts and raise our voices! Be assured, we are not sitting idle. We have forthcoming initiatives, so please keep an eye on your emails, eblasts, and calls-for-action. Your continuous support is vital ~ we can't carry on this fight without you.

Your ideas and input mean the world to us! Together, we can create a meaningful impact. If you have any suggestions or thoughts, please don't hesitate to contact us at:

communications@goldenrescue.ca.

Thank you once again for your unwavering dedication to this cause. We are immensely grateful for each and every one of you.

Yours in rescue,

Golden Rescue Board of Directors



RESCUE HOTLINE: 416-657-2445 1-866-712-8444

A LETTER FULL OF JOY AND HEARTBREAK...

HELP PLEASE...

Can you imagine your life without your international rescue OR does it upset you thinking about dogs who are suffering and dying abroad because rescues can no longer help them get away from their miserable lives. Tell us your unique story about your rescue? We need to show the CFIA and the Minister of Health the impact this ban is having on dogs who could be saved. Send us an email at: board@goldenrescue.ca (a photo would be nice too)







Dear Honourable Holland & CFIA

Golden Rescue saved the life of my Golden and, in doing so, saved mine. She (Lady Marmalade #3437) came from Lebanon almost four years ago and is blind. I was able to adopt her because of the tremendous efforts of Golden Rescue. I received her just when Covid hit. What would I have done without her? She lives for smells and petting and we walk twice a day, rain or shine, melt or freeze. Fitbit told me that we have walked to Houston.

Marmey is the star of the neighbourhood, eliciting oohs and aahs from everyone who meets her. People drive by and roll their windows down to shout greetings to her. I have no idea who some of these people are. One young man was so excited to see her, he fell to the ground, wrapped his arms around her, gave me his phone and got me to take eight pictures of them. She is SO loved.

A short while ago, I suspected symptoms of hip dysplasia so I took her to my vet. He examined her and took an x-ray. Sadly, she does have hip dysplasia. But worse than that, the x-ray revealed bullets. She had been shot in Lebanon. I feel sick to my stomach just thinking about it.

She most certainly would have died had she not been rescued. When I think about the CFIA ban, I grit my teeth and a migraine comes on. Why can they not enforce a process like that used by Golden Rescue instead of banning these precious fur-babies? My heart aches thinking about the thousands who are suffering and will die. I am so thankful that you are working to have the CFIA ban amended.

With undying gratitude,

Wendy





MONTHLY DONORS:

THANK YOU FOR BFING AMAZING 'GOIDEN' HEARTS!

Chelsie Abraham Jane Adams & John Morrison Robvne Ahmed Kimberly Allen Jane Allin Shae & Richard Alton Simon Alway Carmen Anderson Colleen & Keith Anderson Ingrid Andreisons Henry Anzarouth Mardie Atkins Ana Avramovic Esther Backler Teresa Bailev Jane & Geoff Bainton Gayle Balties-Chataway Joni Baran David Barder

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Viamede Resort ~ The Maggy Fund Rajagopal Viswanathan & Hycinth Gomez Patricia Wallwork Karen Warwick Bonnie & Dan Waterfield Elizabeth Watling Heather Watts & Sandra Quehl Carol Weale Chris Webb Tammy Wesley Cheryl Whiteman Janet Whitty Kim Williams Patricia & Rob Williams Elizabeth Wilson Ellen Wilson Jean & Warren Wilson Lee-Anne & Bruce Wilson Diana Wood Tia Wood Carolyn Woodruff Deborah Woods Leona Wysminity Murray Young Jennifer Zelovitzky Ron Ziernicki

GOLDENS ~ their affection is TIMELESS
...their devotion is ageless...
their love is forever.





WELCOME TO THE GOLDEN FAMILY





Adopted by Joan & John

Abby #4468

Adopted by Kevin

Angel #4494

Adopted by Lorraine & Dave

Bodhi #4519

Adopted by Lindsay & Stephan

Bowie #3825

Adopted by Amy & Robert

Bruce #4499

Adopted by Lindsay & Evan

Buddy #4438

Adopted by Emma

Chance #4509

Adopted by Donna & Beverley

Clementine #4493

Adopted by Kia & Jon

Cody #4490

Adopted by Cynthia & Doug

Daisy Mae #4501

Adopted by Sharon

Denbigh #4520

Adopted by Monica & Chris

Dixy #4484

Adopted by Donna & Howard

Duke #4498

Adopted by Jane & Bill

Emmy #4522

Adopted by Adrienne & Eric

Evy #4489

Adopted by Juli & Paul

Finley #4541

Adopted by Brittany & Katie

Frankie #4442

Adopted by Sue & Don

Frankie #4514

Adopted by Lisa

Griffin #4506

Adopted by Elizabeth & Taylor

Hailey #4523

Adopted by Alison & Adam

Harley #4526

Adopted by Kim

Hunter #4485

Adopted by Michelle & Kyle

Jasper #4530

Adopted by Ashleigh & Matthew

Java #4492

Adopted by Brooke

Johnny #4515

Adopted by Joanne & Bob

Kamju #4477

Adopted by Keira & Ryan

Lumiere #4471

Adopted by Ingrid

Mayerick #4443

Adopted by Sheri & Collin

Maverick #4521

Adopted by Laurie & Brad

Mylie #4507

Adopted by Jenna & Aaron

Peanut #4475

Adopted by Andrew

Riplev #4517

Adopted by Elaine

Rosie #4491

Adopted by Jan & Doug

Ruby #4518

Adopted by Sarah & Lindsay

Sailor #4525

Adopted by Debbie & Craig

Samson #4538

Adopted by Lorie & Jay

Scooby #4534

Adopted by Jennifer & Eric

Shelby #4508

Adopted by Dee & Lynn

Skve #4547

Adopted by Sue & Bill

Stella #3497

Adopted by Brenda & Michael

Wilchaci

Sully #4504 Adopted by Jaide & Boston

Summer #4524

Adopted by Alison & Kevin

Violet #4496

Adopted by Lynda & Vaughan

Willow #4510

Adopted by Brenda

Willow #4527

Adopted by Loretta & Bob

Zoev #4528

Adopted by Victor & Julia



































WELCOME HOME GOLDENS





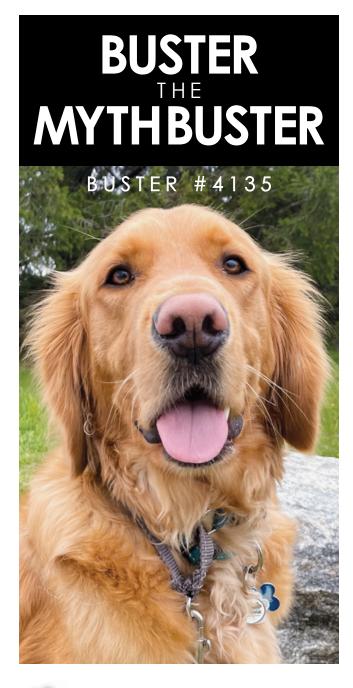


Murphy #4205

One year ago, our family's life changed. Enter Murphy who arrived from Cairo just before the ban. It's incredible how much joy he has brought to us in one short year. And we know that one year of happiness, love, and kindness has changed his life forever. Thank you for connecting us with our sweet boy! He puts a smile on everyone's face and makes us laugh every day. Welcome to Canada sweet boy!

Émilie & Sébastien





Hello, four-legged friends and the humans who adore us! I'm Buster, your go-to truth-sniffer. Welcome to another edition of my column where we're about to shatter another myth about us rescued Goldens.

TODAY'S MYTH:

Rescued Goldens can't adjust to living in condos

I get it ~ some might think that a big-hearted pup like me needs a sprawling backyard to roam. However, let me tell you, the size of our living space doesn't dictate our happiness. It's all about love, attention, and ensuring we receive the customized care and exercise that suits our unique needs.

Golden Rescue, the heroes who swoop in to save Goldens like me, recognize that every pup is truly one-of-a-kind. They also understand that living spaces come in all shapes and sizes. Like skilled matchmakers, they work closely with potential adopters, ensuring that each of us finds ourselves in the most fitting living situation, whether it's a roomy house or a cozy condo.

Here's the golden rule: Goldens typically enjoy being as close as possible to their humans, no matter how big or small the space. We're known for our Velcro-like attachment to you lovely humans, and trust me, we'll find a comfy spot near you, even in the coziest of condos.

And there's a whole bundle of perks that come with condo living! First off, it means more walks. Rain or shine, our humans are out there, braving all kinds of weather for our daily strolls. It's not just fantastic for us, it's a real health boost for

them too! On top of that, living in a condo means we're surrounded by neighbours and furry pals, making socialization a breeze ~ for us and our humans alike. Seriously, ask any of them how many friends they've made thanks to us being their trusty sidekicks! It's a win-win situation, no doubt about it!

Sure, there are situations when a condo might not be the best fit. For example, if a Golden is a bit of a barker or has severe separation anxiety... well, that could lead to some neighbourly disagreements. Likewise, if a Golden gets a tad too excited on walks and turns into a barking, jumping whirlwind, a backyard might be the ideal exercise haven. And for our pals who need a bit more space, Golden Rescue customizes living arrangements to make sure all their unique needs are met. For the most part though, Goldens do quite well in condos too!

So, let's put an end to this myth. The next time someone tries to tell you that a Golden can't adapt to condo life, remember this barking truth: it's not about the size of your home ~ it's about the size of your heart! And the love, care and attention you can provide us.

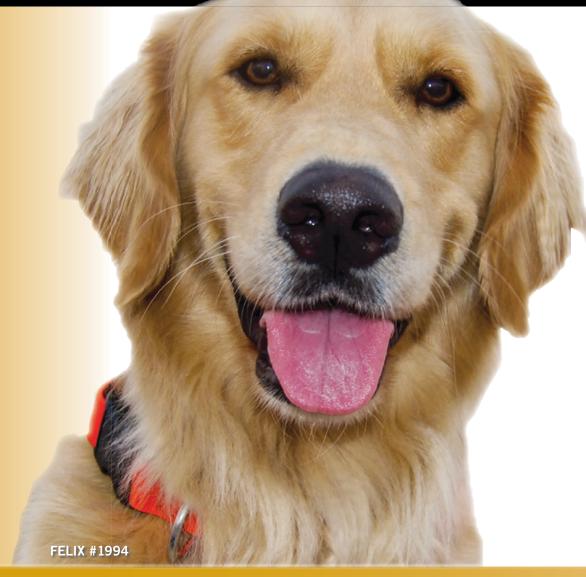
Thanks for joining me for another round of Buster's Myth Buster column. Stay tuned for more paw-some truths about us rescued Goldens.

Woofingly yours,

Buster #4135 ~ a proud rescue Golden 👺



PLEASE FOSTER ME!



Help me find my forever family!

We DESPERATELY need foster families.

If you can help, please fill out a foster application at:

www.goldenrescue.ca/foster/

(or scan the QR code below)







Healthy Habits for a Well-Adjusted Dog

We all want a happy and healthy relationship with our pets just like we do for any other member of our family. This does not come without work though and there are some small but important habits we can establish as dog owners that will ensure we have not only the best and happiest relationship with our dogs but that they are well-adjusted and content members of the family too. Let's look at them now.

Be a Leader

There is a difference between being someone's parent and being their grandparent. Everyone says: I will be so happy being a grandparent, I wish I could've done it first. Ultimately though, the responsibility falls on the parents to create rules with structure, love, and discipline. As opposed to the grandparent's role of love and sugar!

Leash Training

Like learning any new skill, leash training is best learned early but can be learned at any time. The important thing is that you lead the walk with your dog at your side looking to you for direction...and not pulling. The difference in your ability to operate the leash and lead your dog on the walk is the difference between enjoying your walk and having your arm ripped off. It's important to keep the leash loose and to choose a side for your dog to walk on and stick with it. Allowing your dog to wander aimlessly back and forth all over the place just hands them the control and then they're leading...not you. However, you should also make time to let your dog be a dog. So, start by leading your dog to that place in your walk where you can stop, let them

sniff around, perhaps put them on a long line, throw a ball, and let them run. It's like taking your kids to the park. You always have them walk beside you nicely on the way to and from the park but once they get there, you let them have space to run and play. You may wonder, why is it so important that my dog doesn't wander while we walk? Well, it's because you want your dog to listen to and respect you and if they're leading instead of following, then you could be leaving yourselves open to potential dangers that you could have identified and steered away from had you been leading.

Eye Contact

If you're always looking your dog directly in the eye, they will consider that dominant and challenging behaviour or that you're looking to them for leadership, which can create anxiety in many dogs who don't want to lead. So, minimize your eye contact and keep it sporadic and squint a lot as this softens the effect. Squinting is a sign of appeasement for all land mammals, so don't try this with a dolphin! Dogs will also determine what you're thinking by what you're looking at. They will not typically follow a finger that's pointing.

To get your dog's attention, try using more body language like nodding your head in the direction you want them to go while also looking in that direction.

If I want my dog to stand beside me, I will pat my hip, call his name, and use encouraging words. If I want my dog to sit, I will look at his bum while telling him 'sit' and if I want him to lie down, I will look at the ground in front of him while saying 'down' with lots of praise when he listens.

Regulate Conversation

It sounds simple but dogs don't talk. If you want to talk to your dog, you should be touching your dog, giving them love or directing the dog using short sentences. Long, drawn-out conversations with lots of eye contact can build separation anxiety with your dog.

Moving Your Hands

When approaching your dog, use slow, steady movements and pet them in a smooth, calm, and slow manner. This will ensure you do not raise the energy level in your dog to the point where they get all riled up, which is often the precursor to aggression or play biting. Humans often use their hands to pet their dog's head in a fast circle sweeping motion around the dog's snout or they rub vigorously back-and-forth on either side of their snout, head, and/or back end. While it may seem fun to the human, this actually can annoy the dog and they will often respond by immediately biting in the air and your fingers and hands too if they get in the way.

Routine Schedule

It doesn't matter what your schedule and routine is...what matters is that you do it the same every day. Dogs don't know weekends and they don't know holidays and are more well-adjusted when they have a regular daily routine spanning everything from exercise to training to eating



to playing to sleeping/resting. As long as all elements are covered and you follow the same routine every day, you are sure to have a happy, healthy, and well-adjusted dog. Keep in mind though that when your dog's routine is disrupted because of a sudden road trip or night out, they may be more stressed, more excited, and more prone to behavioural issues when you get home. Be calm, patient, understanding, and loving and it will pass!

Proper Toy Selection

It may not seem like it, but your dog is a predator. So, squeaky toys and plush toys, especially ones that look like small animals, can represent a prey animal to your dog and increase their desire to chase bunnies and squirrels. This can lead to uncomfortable pulling on the leash every time they see one when you're out on a walk. I recommend dog toys that are unmistakeably dog toys and that are indestructible like kongs and other hard rubber toys like barbells. Not only are they durable, they last longer but they don't stir up any unwanted predatory instincts in your dog!

As you can see, simple adjustments to the way you interact with your dog can make a difference in both of your lives and create a happy, healthy, and well-adjusted canine member of the family. Just like with our children, we guide our pups day-by-day, not simply training them in one single minute or one day. Instead, it's a lifetime of responsibility, perseverance, love, and consistency that keeps them on the path of good behaviour.



By Peter Brown, Owner and Professional Dog Trainer at Alpha Paws www.alphapaws.com

MEET & GREET

Cozy #4270

Our little Cairo girl is doing wonderfully in her new Canadian life. She is surrounded by canine siblings and gets along with all of them. Her sister Freyja, her big brother Loki, and her brand-new sister Sunny (a miniature poodle mix) co-habitate harmoniously and they all love each other very much. Cozy and Freyja are particularly close ~ always playing and wrestling together. We went camping in the summer and we discovered that Cozy loves romping in the water. She has told us that she loves Canada, her forever family, GR, and the life of leisure. We love you too Cozy... you make us very happy!

Greg





Holiday Hazards













'Tis the season to be jolly...and for pets to get into things they shouldn't. With the holidays approaching, pet owners should take precautions so that the holiday festivities are happy and healthy and devoid of visits to the emergency clinic. Holiday foods and gifts can pose deadly hazards for family pets. Some of the most common holiday hazards are:

Chocolate

Chocolate contains a substance, theobromine, which can be toxic to pets. Baking chocolate has the highest amount of theobromine, followed by semisweet chocolate, dark chocolate, milk chocolate, and chocolate-flavored treats. Clinical signs of chocolate poisoning include hyperexcitability, nervousness, vomiting, diarrhea, and death. Dogs can become sick after eating a relatively small amount of chocolate. Early treatment includes inducing vomiting, administering activated charcoal, and supportive care such as IV fluids are extremely important.

Christmas Tree Hazards

Christmas tree water can contain fertilizers, which, if ingested, can cause stomach upset. Stagnant tree water can be a breeding ground for bacteria, which can also lead to vomiting, nausea, and diarrhea, if ingested. Electrical cords may result in severe burns to the tongue, respiratory distress, and death from electrocution if chewed. Glass ornaments, garlands, and pins may cause damage or intestinal obstruction if eaten. We once had a dog who ate 10 feet of plastic

Christmas garland. We have also had several dogs eat homemade Christmas ornaments consisting of foam, straight pins, and marshmallows. Batteries contain corrosives. If ingested, they can cause ulceration to the mouth, tongue, and the rest of the gastrointestinal tract. Batteries may be small enough to pass but if punctured require immediate surgery.

Holiday Foods

Some types of grapes and raisins have been shown to cause kidney failure. The basis for kidney failure following the consumption of grapes or raisins is unclear. The amount of grapes or raisins that may cause renal failure is also unclear so any amount could potentially be dangerous. Treatment consists of inducing vomiting, administering activated charcoal, and 48 hours of IV fluids. Ingestion of rising bread dough can be life-threatening for dogs. The animal's body heat will cause the dough to rise in the stomach. Ethanol is produced during the rising process and the dough may expand several times its original size. Signs seen with bread dough ingestion are associated with ethanol toxicoses and foreign body obstruction and include severe abdominal pain, bloating, vomiting, incoordination, and depression. Alcoholic beverages, coffee, moldy or spoiled foods, onions, fatty foods, and salt can all be a problem for your pet as well. Xylitol is a naturally occurring sugar substitute that is found in many sugar-free gums, candies, peanut butter, and other foods. Dogs appear sensitive to xylitol, as fairly small amounts can result in rapid,

life-threatening hypoglycemia. High doses have been associated with acute liver failure and blood clotting problems. Treatment is supportive.

Plants

Mistletoe can be very toxic and even fatal if ingested by pets. Holly is considered moderately toxic, with vomiting and diarrhea most often seen in a pet that has ingested a small amount. When a large amount is ingested, holly can be fatal. The Christmas rose is moderately toxic, with vomiting and diarrhea most often seen. While many pet owners think that poinsettias are poisonous to dogs, this plant most often only causes stomach and intestinal irritation, with vomiting and diarrhea.

Assorted Hazards

Antifreeze is a common cold weather hazard. It has a pleasant taste and even very small amounts can be lethal. As little as four teaspoons can be dangerous to a 10-pound dog. Thoroughly clean up any spills, store antifreeze in tightly closed containers, and store in secured cabinets. Propylene glycol is a safer form of antifreeze and is recommended for use in pet households. Liquid potpourris are popular household fragrances commonly used during the holiday season. Pets are often exposed to liquid potpourri by direct ingestion from simmering pots or spills or by rubbing against leaky bottles or simmer pots containing the potpourri or from spilling the containers on themselves. Oral exposures result following grooming. Exposure to some types of



liquid potpourris can result in severe damage to the mouth, skin or eyes. Ice melting products can be irritating to the skin and mouth. Dogs are prone to picking up and eating small toy parts that are left around the house. These parts are often too large to be defecated and can cause life-threatening intestinal obstructions.

LET'S KEEP OUR FURRY FAMILY MEMBERS SAFE THIS HOLIDAY SEASON!

By Dr. Patty Lechten Allandale Veterinary Hospital allandalevet.com











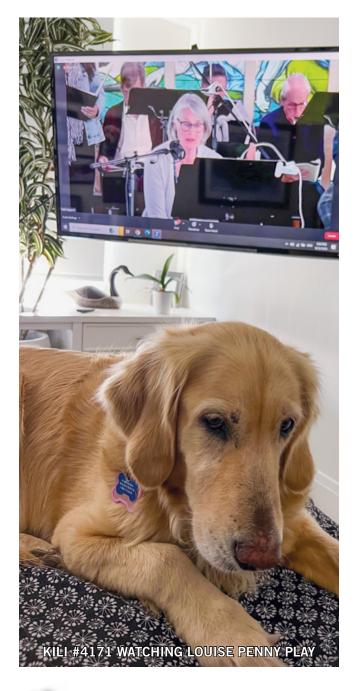
Buddy #3835

Buddy used to be Olaf, who was also posted for a very long time before he found us in April. We were fostering Olaf and we are foster failures as we could not give him up. In a nutshell, he is a sweetheart and a very grateful boy who loves us very much. He is a big boy and for six years of age has a ton of energy that is hard to keep up with at times. He's always looking for action...or his next meal ~ he's a true Golden. He loves every

single human he meets and every dog he meets as long as they are friendly with him. He's not much into playing ~ he simply meets them nose-to-nose and moves on. He loves his food, his car rides, and his 'bong' that he takes with him everywhere. Everyone thinks he is one lucky boy; however, we think we hit the jackpot!

Marianne & Don





Louise Penny's 'Still Life' Play

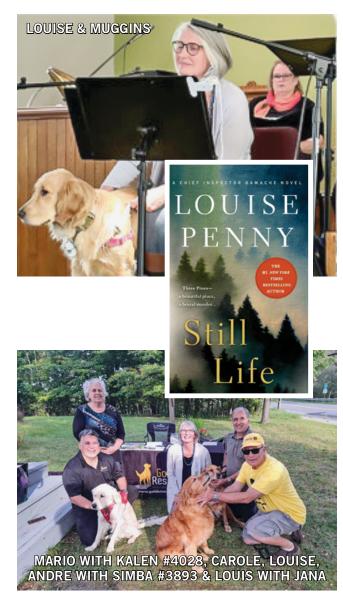
On Sunday, September 23rd in Knowlton, QC, Louise Penny, her Golden Muggins, and friends performed Eric Alexandre's radio play adapted from STILL LIFE.

The performance was live and 500+ joined virtually. Louise was the narrator and Muggins played Lucy, the Golden Retriever. All Muggins had to do was eat a piece of banana on cue and she had been rehearsing this for months. By the time Muggins' big moment came, she was asleep on the stage. Louise nudged her and Muggins got her banana and a big round of applause!

Prior to and after the show, Golden Rescue volunteers and our ambassador Goldens were on hand to speak with people to bring awareness to Golden Rescue. Mario LaRochelle did a wonderful presentation on stage about Golden Rescue prior to the play commencing. All our volunteers were fabulous and we thank them and their Goldens for attending.

The event was a significant fundraiser for Golden Rescue ~ \$15,000 was raised from ticket purchases! What we didn't know until later was that Louise was matching that donation. This was the most successful single-day event Golden Rescue has ever had!

We were very thankful for the opportunity to be part of this magnificent event, and beyond grateful for this extremely generous donation! Thank you, Louise and Muggins, for this wonderful day! Our Goldens also thank you for your incredible generosity.





UPCOMING EVENTS

Help us spread the GOLDEN word!

We need YOU ~ volunteers and visitors! If you are interested in volunteering with your Golden for a few hours, <u>click here</u> to send an email to our events team. Indicate which event you would like to help with and the hours you are available.

TELL YOUR FRIENDS, MARK YOUR CALENDARS, AND HOPE TO SEE YOU THERE!

November 25th & 26th

Huntsville Holiday Market (ON)
Saturday 10 am – 7 pm
Sunday 11 am – 3 pm

Saturday, December 2nd & Sunday, December 3rd

Oshawa Markets (ON) 10 am – 6 pm

Saturday December 9th & Sunday, December 10th

Oshawa Markets (ON) 10 am - 6:00 pm

Sunday, December 17th

Ottawa Christmas Market (ON) 10 am – 4 pm

PLEASE CONSIDER VOLUNTEERING AT ONE OF OUR UPCOMING EVENTS.

Your Golden is especially welcome! Just drop us a quick email at volunteer@goldenrescue.ca and indicate which event you're interested in.

Third-Party Events

Help Golden Rescue by organizing your own event. Third-party events do more than benefit our Goldens financially. They help create awareness in your own community, bind friends together for a common goal, or can be a source of team-building activity. And they can teach the spirit of giving to your children and their classmates. While giving to Golden Rescue, you will also be giving to each other.

Here are some ideas to get you going:

- Birthdays, celebrations, wine tastings, hostess lunches/suppers, BBQs, holiday/cocktail parties
 ask for GR donations in place of gifts
- Car wash, bake sale, yard/garage sale
- Dance/run/skate/bowl/walk/swim/cycle a-thons
- Block party/boat cruise/fashion show/garden tour/dinner dance etc

We're here to help. The Golden Rescue team can provide materials like brochures and logos. And if you need people to help on the day of the event, we can try to find volunteers. Please email **events@goldenrescue.ca** if there's something we can do to help. Thank you!!!





The Law of Unintended Consequences & Protecting our Goldens

There are many great 'rules of thumb' in life, such as measure twice - cut once, possession is nine-tenths of the law, and of course, the only actual law of history ~ the law of unintended consequences first noted by University of Chicago Economist, Frank Knight, where he described the distinction between a calculated risk and unknown certainty. Yet, he overlooked the third circumstance ~ unintendedness...the harsh reality of when something happens that was not supposed to happen.

Given how important our Goldens/pets are to us, we take great care with scheduled vet visits for regular vaccine regimes to protect and lower the risk of exposure to many severe health conditions. Regular vaccine maintenance and care provide an air of health certainty for our precious Goldens.

In addition to regular care, we sometimes miss having a formal plan for our Goldens if and when we experience some 'unintended consequences'.

The following is a list of considerations for making a plan for our Goldens and for us when we are unexpectedly unable to care for them or worse, our journey to the rainbow bridge! The highlights noted here are from actual questions we receive from owners or inquiries from the professional advisors of these Golden owners.

Make a Plan ~ Always have a Plan for unintended consequences!

• It is essential to have a plan for the care of your Golden if you become sick, suffer an injury, have elective surgery, need to relocate, etc. and if you cannot provide care, walks or trips to the vet.

- It is essential to have a plan for your Golden if you pass unexpectedly ~ who will take of your Golden? Determine if you will leave funds in trust for after-your-life care.
- Discuss your wishes with your family, legal and financial professionals, intended guardian, and executor.
- If you die without a will or your will is silent about your Golden, a court-appointed designate or executor will be responsible for your Golden in conjunction with the rest of your property.

*Note: In Ontario, Goldens (pets) are considered property and treated as such. Therefore, if your will is silent on how to deal with your Golden, and no other formal instruction or arrangement exists, your Golden will be treated as property for the administration of your estate.

It is also important to note that you cannot make your Golden/pet a beneficiary in your will. If you wish to leave funds in your will for your Golden's care, please review this matter with your legal professional as many options exist, such as a trust provided within your will or a donation for the care of your Golden.

Where & how do I donate or leave a charitable gift in honour of my Golden?

- You can donate a gift or become a monthly donor by clicking here.
- If leaving instructions for the care of your Golden/pet, begin the conversation with your legal and financial professionals and family and once a plan has been made, extend this

conversation to close friends who are familiar with your Golden, anyone responsible for your care as noted in your Power of Attorney for personal care, and don't forget to include Golden Rescue if arrangements include the organization.

For questions or further information or direction please contact Harry Matheis, Director of Donations, Advisory & Planned Giving at: GRdonationsadvice@outlook.com

Golden Rescue's charitable number: 88810 1128 RR0001















With your help, we have rescued 4,600 GOLDENS ~ many from tragic and deplorable conditions. For them, Golden Rescue has been a life-saver! To our supporters, volunteers, fosters, and adopters, from the bottom of our hearts, we thank you and hope you have a wonderful, fur-filled holiday season!



50-50 DRAWS

Watch for our final exciting 50-50 **Online Cash Lottery draw for 2023!**



Coming soon, our '12 Golden Days of Holiday Giving 50-50 draw starts on November 27th. There are weekly Early Bird Draws, including gift cards and a \$500 CASH PRIZE (sponsored by the Oshawa Markets)...you will not want to miss out!

Visit www.goldenrescue5050.ca today!

Some clarification about our Rules of Play:

We have had many inquiries about why our 50-50 is limited to Ontario. The AGCO (Alcohol and Gaming Commission of Ontario) rules and regulations for our raffle licence stipulate that we can only sell tickets in Ontario. So, the ticket

purchaser MUST be in Ontario at the time of purchase. You can, however, purchase a ticket for someone outside the province, for example, as a gift. For more details, please feel free to email us at 5050@goldenrescue.ca.

Lottery License #RAF1296981 (open to Ontario residents only)

SPECIAL THANKS: We would like to show our appreciation to our sponsor for the '12 Golden Days of Holiday Giving' Early Bird prize, the Oshawa Markets.







Want to be featured as a sponsor for our 50-50? For a minimum of \$500, your business logo (linked to your website) will be featured on our 50-50 website PLUS in all of our 50-50 eblasts for at least six months! AND, you can write that off as a business expense for advertising! How great is that? **Email us** for more information.







As the Festive Season sparkles around us, our Goldens sing a song of hope, love & the promise of second chances.

With deep gratitude and appreciation for our Golden Rescue community, we present

The Twelve Days of Golden Giving

Here are 12 extraordinary ways to play a vital role in the miraculous healing journey of Goldens in need. Each day is a new opportunity to make a difference, to brighten a Golden's life...and to spread joy!

ADOPT

 □ On the FIRST day of Golden Giving, my Golden Angel gave to me: A forever family & a life full of love and joy

Open your heart to a Golden in need and give them the second chance they deserve! Fill out an adoption application here.



FOSTER

 □ On the THIRD day of Golden Giving, my Golden Angel gave to me: Fosters to start our Goldens on their journey

Fosters are vital to provide a haven while preparing for their happily-everafter. Join our foster team here and be a part of this transformative experience.



SHOP

Explore our <u>store</u> filled with gifts and stocking stuffers for your loved ones.



VOLUNTEER

□ On the SECOND day of Golden Giving, my Golden Angel gave to me: Helping & loving hands

Our community of 500+ dedicated volunteers are the guiding stars of our mission. Click **here** to join this passionate team in any capacity to make a difference in the life of a Golden.



DONATE

Your generosity fuels every aspect of our mission. With medical care as our key expense, donations are crucial to granting second chances. Please **donate**.



RAISE AWARENESS

Educate, raise awareness, and be a voice for responsible pet ownership. Spread/share the message of 'Adopt, Don't Shop' and help create a better world for all pets.





MONTHLY GIVING

Join our Monthly Giving Program for a continual impact, providing vital care and healing for Goldens in need.



SPONSOR A GOLDEN

□ On the **TENTH** day of Golden Giving, my Golden Angel gave to me: Sponsor & Save a Golden

Your sponsorship covers essential services to give them a renewed chance at a life filled with boundless joy and love.



SHARE ON SOCIAL MEDIA

Spread the word about Golden Rescue on your social media platforms ~ share a post, a story or a message that resonates with you.



JOIN OUR MAILING LIST

□ On the ELEVENTH day of Golden Giving, my Golden Angel gave to me: Join & stay in touch

Stay connected with the latest Golden Rescue news, event updates, adoption alerts, the Guardian newsletter, and more. Visit our website and click 'Join Our Mailing List' in the top right corner.



Facebook | Threads | Instagram | Pinterest | YouTube

FUNDRAISE

Rally your friends, family & community to fundraiser in support of GR



GIVE THE GIFT OF GIVING

 □ On the TWELFTH day of Golden Giving, my Golden Angel gave to me: Give the 'Gift of Rescue'

Instead of buying a traditional gift, consider donating in honour of a loved one. With your generous gift, you'll receive a festive certificate (in English or French).





Click HERE to donate!