

THE GUARDIAN

DECEMBER 2014 | ISSUE 75



Shadow #1342

ARE YOU A
**golden
retriever**
BELIEVER?



**Golden
Rescue**

...About Second Chances

Golden Rescue Stocking Stuffers



2015 CALENDAR



Calendar Stars...

Bailey #1908	Jake #1945	Reilly #1925
Barbie #1981	Jake #424	Riley #1876*
Beau #1898*	Jazz #903*	Rufus #1976*
Beau #2041	Jenny #1527*	Rufus #1995
Becca #2038	Jessie #958	Russell #1888
Bella #1491	Katie #724	Sandy #1688
Ben #1969	Koda #1924	Sandy #1901
Cobe #1990*	Lola #1929	Sarah #2037
Colton #1335*	Luca #2003	Sir Abbott #1947*
Crosby #2020	Macky #1428*	Sophie #1837*
Dream #1797	Maggie #1986	Stanley #1760*
Freddie #1747	Mak #1906	Stanley #1864
Freeway #1930	Mar-lee #1912	Toby #1816*
Gino #2030	Molly #1921	Toby #2000
Goldie #654*	Mulligan #2019*	Toby #422
Gracie #1845	Murphy #1875*	Woody #1556
Harley #2022	Murphy #2010	
Hutch #1712 & Ruby*	Penny #1825	
	Quincy #1807*	

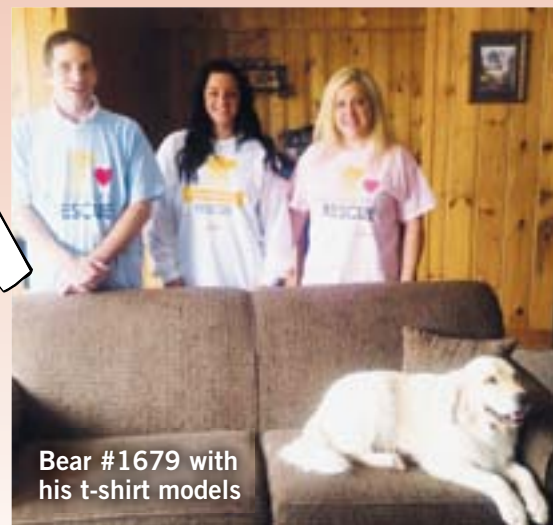
* Featured stars

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- Proud Dad of a Rescue
- My Favourite Breed is Rescue



Bear #1679 with his t-shirt models



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Notecards

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CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Shadow #1342 ~ Ho, Ho, Ho! Merry Christmas everyone. That's me on the front cover in the Santa hat. My name is Shadow and I'm rescue #1342. I love Christmas ~ it's my favourite time of year because I have a family ~ how lucky am !!!! I love all living creatures, but especially my canine brother Kona. As this time of year, I've also been known to snoop inside all the shopping bags to see if there's anything for me. My favourite thing about Christmas and winter is chasing flying snow when someone is shovelling. Let it snow...let it snow...let it snow!

THE GUARDIAN

December 2014 | Issue 75

Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

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The postal code on our BRE IS CORRECT.

Mission Statement

The Canadian Golden Retriever Adoption Service Inc. is a volunteer-operated, not-for-profit charitable organization dedicated to rescuing and re-homing displaced Golden Retrievers and to educating the public in general about pet ownership.

We carefully screen all incoming dogs for socially acceptable behaviour and approve those whom we feel we can responsibly place. We provide spay/neuter service, micro-chipping, and all the necessary veterinary care required to place them with their Forever Families.

We provide public education by means of brochures, an informative and entertaining website and newsletter, public/media appearances, and canine educational events, which focus on responsible pet ownership and in particular, the Golden Retriever breed.

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If you have any comments or suggestions for the Guardian, please email guardian@golden-rescue.net

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Help Golden Rescue this holiday season by making a donation or buying Wishbone Lottery tickets!



We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.



Betty with Shadow #1342 & Kona

WELCOME TO THE GOLDEN FAMILY



Eve #2027



Cali #2039

Bailey #2040



Hubbel #2052



Bentley #2053



Shelby #2061



Walter #2062



Woody #2064



Winston #2065



Coach #2072



T-Bone #2076



Maggie #2080

WELCOME HOME Golden!

Aida #2068

8-month-old female adopted by Bob & Leslie

Amber #2074

9.5-year-old female adopted by Dianne

Bentley #2058

1.5-year-old male adopted by Janice & Kevin

Cali #2039 & Bailey #2040

4.5-year-old female & 5.5-year-old male adopted by Ron & Katherine

Callie #2036

8-year-old female adopted by Gary & Sharon

Charlie #2059

2.5-year-old male adopted by Doug & Diane

Coach #2072

8.5-year-old male adopted by Peter & Helene

Eve #2027

8-year-old female adopted by Glenn & Lucy

Herc #2077 & Shadow #2078

2-year-old male & 7-year old male adopted by Spike & Iris

Hubbel #2052

3-year-old male adopted by Ted & Jan

Jack #2051

3-year-old male adopted by John & Jackie

Jazz #2029

4.5-year-old female adopted by Michael & Alison

Kelsey #2070

2-year-old female adopted by Peter & Janet

Maggie #2080

8-year-old female adopted by Jude

Maya #2055

5-year-old female adopted by Adrienne

Oakley #2071

6-year-old male adopted by Viive & Iain

Sarah #2037 & Becca #2038

4-year-old females adopted by Bradley & Cathy

Shelby #2061

2-year-old female adopted by Mike & Isobel

Sophie #1965 & Shelby #1966

8.5-year-old female & 11.5-year-old female adopted by Allan & Karen

Sweetie #1974

3-year-old female adopted by Kimberley

T-Bone #2076

13-year-old male adopted by Patti & Harry

Walter #2062

7-year-old male adopted by Cathy

Winston #2065

6-year-old male adopted by Ron & Virginia

Woody #2064

4-year-old male adopted by Doug & Norah



John's Strategy of Selling 120 Wishbone Lottery Tickets...

GR has a Q&A with John Doucette

Discover how John's philosophy of 'keep asking' is helping us so that we never have to say 'no', for financial reasons, to a Golden who needs us!

Q: John, you started off selling one book of tickets and you've now sold six books (that's 120 tickets). You weren't sure selling tickets was your thing in the beginning, if I recall. What made you decide to help?

A: Selling tickets, for me, is easy, particularly if it's something I believe in. I don't recall being reticent about doing it...generally if it supports dogs or kids, I'm in! It's just something that has to be done.

Q: I know you have two Golden Retrievers from Golden Rescue ~ Scarlett #1836 and Hughie #2047. Did they help you sell tickets?

A: They were an integral part of the process. My pitch was via an email blitz...I have a pretty extensive network...and their picture was front and centre.

Q: It's hard, if not impossible, to sell anything if you don't believe in it. Did your belief in the cause help you sell so many tickets?

A: Not really. Most of my network know my history with dogs...we've always had two since 1989. Most of them just fell into line (not that they really had a choice). It's a cause that feels good to support ~ makes it hard to say NO.

Q: How have people reacted to the prize "Dinner for TWO Anywhere in the World"? Did the prize itself capture their imagination?

A: Although the prize is really cool, whoever thought of it showed some real imagination. The prize didn't sell any tickets. People buy lottery tickets never expecting to win. They bought to support the cause.

Q: How did you go about selling? Who did you contact and what was your strategy?

A: I did an email blitz and I have a pretty good network, primarily through my friends at the golf club. I also covered everybody I know who owns a dog and people I have done favours for or who I do business with. The strategy was pretty fundamental ~ first mailing most everyone ignores it, so a week later hit them again. That wakes up a few more, then a week later gets a few more... momentum builds. KEEP ASKING!

Q: Any hints for your fellow Golden lovers, as our Golden Retrievers depend upon our success.

A: Keep it light and simple. My pitch went like this "Folks, I've never asked you for money until now that is! Golden Rescue is a volunteer-based organization very dear to my heart. Those of you who know Scarlett and Hughie know exactly why. Tickets are \$40 or 3 for \$100...the prizes are very cool. Generally when I buy raffle tickets, they go in a drawer, never to be seen again. Soooo, I will manage the process for you...keep the tickets, advise



you when you've won....easy peasy!!"...and more important...KEEP ASKING!!

Q: I once heard a good salesperson say, the word 'No' is just a request for further information. Is this a philosophy you subscribe to?

A: Something similar, I guess. That's sales 101...when I hear 'no' I just don't hear it. Easy for me because I've spent my life in sales. I appreciate it's difficult if you haven't had that training. You don't actually hear 'no' that often. It really is hard for someone to actually say 'no' when asked to support a cause like this. I only had one guy actually say 'no' to my face! What happens is that you will generally be ignored in hopes that you will just go away. Well, don't go away...KEEP ASKING!!

Q: You've sold about \$4,000 worth of tickets. That's amazing. How does that make you feel and are Scarlett and Hughie proud of you?

A: \$4,080 to be exact...and yes, of course it feels good. I think the 'kids' are proud...if they're not...NO BISCUIT!

MEET & GREET...

Aida #2068

Aida might have been the poster girl for Disney's 'The Incredible Journey'. Lost in cottage country in Quebec, found by a couple from South Carolina, and fostered in Ottawa, Aida finally found her forever family just outside the GTA. This remarkable girl, despite her travels, has settled beautifully and is her forever mom's new shadow. Aida loves her new surroundings of woods, walking trails, lakes, and parkland. After such an incredible journey, she probably thinks she has arrived in heaven. Her new family are certainly head over heels in love with her...so this is a match made in heaven.

Leslie & Bob



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Love is a gift you receive by giving. *Jarod Kintz*

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GOLDEN MOMENTS[©]



“Thanks guys. *Wishbone Lottery* makes filling *everyone’s wish list* easy!”

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all Retriever Believers ~ you truly have GOLDEN hearts!



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It is better to give than receive, unless it's a cookie! Zoey #1526

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Lynn Westerhout
In honour of Hilary Dore's birthday
Linda Young

THANK YOU!



MEET & GREET...

Buddy #1827

Buddy's name suits him to a tee, according to his new forever dad. This handsome boy is everyone's pal, particularly for his partner in crime, Hubbel. Buddy loves all living things...particularly squirrels and moles. He is on constant patrol for them. He loves his walks and all of the dog parks he frequents every day. As you can see by his photo, he could have been called 'Gorgeous George' but Buddy suits him just fine.

Ted



GOLDEN MOMENTS[©]



"It's not a trick. If you scratch my back I promise, I won't tell *anyone!!!*"

Nutrition & Obesity

by Erica Garven

Canine obesity is the leading cause of illness and death in dogs. It can cause joint issues, cardiovascular disease, and even cancer and it is 100% preventable. There is never a reason for a dog to be overweight, given that every aspect of their lives with respect to food and exercise is controlled by their owner. Thyroid conditions can sometimes cause a dog to be overweight, but these conditions are easily detected by blood tests and very easily and cheaply managed with medications. For those of you who are looking for answers to your dog's weight problems, I salute you. You are acting in the best interests of your dog and seeking a solution that could very likely save his/her life. But, just like with people, getting weight off an already obese dog can take time and isn't always easy to do. If you're wondering if your dog is overweight, the simplest test is to feel for the ribs. If you can't feel all your dog's ribs, they are overweight and it's time to act!

For raw feeders, the solution is generally pretty simple ~ feed fewer calories. Simply reduce your dog's meal size and perhaps split them into smaller, more frequent meals to help prevent hunger. For kibble feeders, the first issue to address is grains/carbohydrates. When left unused by the body, they turn into a product called glycogen, which becomes body fat. Carbs (including grains) are burned during intense exercise (these calories fuel long term exercise) such as running for long periods. However, many dogs do not get the exercise needed to burn the large amount of carbohydrates found in the vast majority of kibble foods. An example of a dog who could burn these carbohydrates would be a working dog, such as a herding dog, who is active and running for the better part of a full day. Dogs who get approximately an hour or less of exercise per day simply cannot use up all the carbohydrate in their diet, so they end up converting that carb to body fat. Switching to a grain free, low carbohydrate food (meaning the carbohydrate, such as potato, is listed at least fifth or after on the ingredient list) is a good start when beginning a weight loss plan.

Are you surprised I didn't begin by talking about low-fat diets? Did you know that dogs can utilize dietary fat at 95% efficiency, compared to humans who average 35% efficiency? Fat is an important part of your dog's diet and while you don't want to overdo it (most diets contain approximately 10-15%

of their calories from fat, which is reasonable), reducing fat is not a quick way to weight loss. In fact, fat is the first thing to be burned when a dog exercises and it is a great source of fuel for dogs who engage in short but intense energy burning, such as a session of ball retrieving or a romp at the leash free park. Protein is used to build muscle, so when your dog exercises and destroys muscle, he'll use fat to fuel the exercise and preserve protein to rebuild healthy muscle following exercise. Left over protein can also produce body fat, so a dog getting less than an hour per day of cardio intense exercise should only get a moderate protein diet (21-28%) as opposed to a high protein (29%+). Always remember, when you're choosing a food, the more species-appropriate the diet, the easier it is for your dog's body to utilize his nutrition effectively, which is why it's often easier to reduce weight on a raw diet. Simply reducing the caloric intake is enough, as the dog is more able to use the nutrients in his food, versus most kibbles which contains ingredients and quality that make it difficult for your dog to digest and use efficiently.

Now that you know what to look for in a food change, the next consideration is treats. As a trainer, I'm using treats all day long and one common mistake that I see is that people use treats that are too large. I typically treat a large breed dog with a food piece that is equal to or smaller than about a half a penny. The purpose of using treats in training is to communicate to the dog that they are being rewarded, meaning they only need a small taste of the food. We are typically not supplementing their diet with treats, so the amount does not need to be enough to satisfy hunger...it need only be enough to let the dog know they've done something right. In some cases, where training

Erica & Toby



is happening very frequently throughout the day (such as with puppies), we'll use a portion of the dog's daily kibble allotment to feed as treats. In cases where we're asking the dog to perform simple activities (such as teaching them a trick), we'll use healthy options like baby carrots or pieces of apple. Finally, in cases where we need to ask the dog to do something challenging (like ignore a really super scary awful dog walking down your sidewalk toward you) we may use a high value treat like dehydrated beef liver or lung, hard cheese (like cheddar) or a food tube. In these cases, when plenty of treats are being offered, I'll often ask my client to reduce their dog's daily food intake to allow for the additional calories from treats. Notice, too, that most of the treats I mentioned are human food? Human food choices are for the most part healthier, less expensive, and more valuable to the dog (hence a more effective reinforcer). If I go for a commercial food, my preference is a single ingredient treat like beef liver (such as Benny Bully's) or a dehydrated unique protein for allergy sufferers, such as those available from Spoiled Pups Cookie Co. (www.facebook.com/spoiledpupscookieco). When choosing a commercial treat, using single ingredient sources is often the safest route, as well as ensuring the product has sourced its ingredient from North America (not just MADE in North America but sourced here too).

Exercise is a key component to weight loss, but needs to be approached carefully with an already obese dog. Increase the low impact exercises, such as walking or swimming...



...and put in place some protections to ensure your dog doesn't over-do it and hurt himself, such as using a lifejacket when swimming your dog.



Exercise is a key component to weight loss, but needs to be approached carefully with an already obese dog. Increase the low impact exercises, such as walking or swimming, and put in place some protections to ensure your dog doesn't over-do it and hurt himself, such as using a lifejacket when swimming

your dog. Not everyone has access to canine physiotherapy clinics to get your dog swimming in the winter, so finding indoor exercise is important. The key is to engage your dog in any safe activity that increases his heart rate. One of my favourite at-home exercise routines is using the FitPaws equipment (www.fitpawsusa.com) ~ it is generally used in physiotherapy clinics and its main function is to increase strength and body awareness in targeted areas of the body. For example, the FitPaws peanut works much like a balance ball and its function is to strengthen your dog's core muscles, which reinforces the spine and contributes to improved posture, leading to better joint health. Other indoor ideas include running up and down stairs (carpeted, as slippery surfaces can cause injuries), playing hide and seek at a rapid pace in the house or even finding indoor leash free parks in your

area. Slowly increase the amount of exercise your dog gets every day so that his body can adjust and you'll soon find that not only is he losing weight, but he's feeling better too. Exercise helps to release happy hormones, improve joint health, and allow your dog to do the activities he loves without feeling sore afterwards!

Erica is the owner of The Dog's Assistant, and is not only an allergy consultant, but also a behaviour consultant (CPDT-KA). She shares her home with her husband and her rescued Boxer, Toby, in Oakville, Ontario. You can find more information about her at www.thedogsassistant.ca.

MEET & GREET...

Autumn #1123 & Stanley #1628

Autumn and Stanley are the best of friends. Autumn passed on all her great training to Stanley. The best example was on one of Stanley's first days with his new family when he wanted one of Autumn's toys. She gave him a courteous warning growl and he responded by walking up to her and licking her teeth! She has learned to be patient and he understands that his sister is great! Stanley is a big baby and he loves attention. He is a blood donor at the University of Guelph's Ontario Veterinary College and he hops onto the table to get pets from the vet students and technicians during his blood collection. Autumn and Stanley's family say that they couldn't have hoped for two more wonderful family members.

Danielle



Golden Rescue Pi

As the volunteers gathered at Maplelane around 8 a.m. to set up for this year's picnic, the rain was relentless. The volunteers traipsed through the mud, soaked to the skin, trying to keep their spirits high... but it was difficult. A year's worth of planning, the hope of setting two Guinness World Records, and having the best picnic turn-out ever, slowly started disappearing before their eyes. Undaunted, everyone continued with their setup responsibilities, not letting their hopes fade.

Then, as if by a miracle, at 10 a.m., the official kick-off time, the rain stopped. By 11 a.m., the sun came out and the day was gorgeous and mostly sunny. Someone in the crowd was heard whispering, "Okay, who paid the devil?"

The official ceremonies were kicked off by emcee Jillian Stewart, and introductions and thanks from GR Chair Viive Tamm and Picnic Chair Jane Ridell were given and the picnic was officially underway on the loveliest of days.

We introduced our Golden ambassadors ~ Gracie #535, Macky #1428, Gubs #1849, Toby #2000, and Sandy #2023 ~ all Golden Retrievers with true golden spirits.

The photo contest winners were announced and we have discovered many talented photographers in our midst (photo contest winners on page 13).

It was hard to tell how many people and dogs were there but initially it certainly didn't look like there was the 340 dogs required to break one of the Guinness World Records. In fact, we weren't sure we were going to break the 200 record for the most dogs wearing bandanas.

All who were there were having a great time in the leash-free area, dock diving, agility, general store, silent auction or talking to Dr. Patty Lechten at 'Ask the Vet'. You could tell the joint was jumping...but was it jumping enough?

Lunch was served, graciously hosted by Viamede Resort, and it was delicious and well organized.

Still the question remained unanswered. Did we have enough dogs to break both Guinness World Records? It didn't feel like it but it didn't matter as everyone was having a good time. Many of the organizers kept looking at the entrance gate in anticipation and it seemed like people and dogs kept coming in even after 2 p.m. Might they make it after all? There was tension in the air.

After the very touching Rainbow Bridge memorial service with a single gold balloon flying into the sky, things started to get in gear for the Guinness World Records. Every dog needed to leave the leash free area as this is where the event would take place. The GR truck was in the middle of the field. A cherry picker with videographer atop was poised and ready to record the event. Notary Heather McKnight, in her court room robes, was standing beside the gate to ensure the count was done properly. Our dog groomer, Candice Lemmon, climbed the ladder which was leaned against the truck, carrying her amazingly groomed Standard Poodle around her neck and shoulders ~ it was quite a sight to see. Field stewards, counters, and timers were at the gate ready as the owners and their dogs entered one-by-one.

Counters were anxiously counting ~ 123...189...234 (okay, one record was beaten)...245...312... Then all of a sudden a cheer was heard at the gate...340 (the number to beat for the second record was 339). Abbey #1446 was the lucky dog who was #340. We had done it! The final dog count was 364...a comfortable cushion to beat both records.

The grooming lesson lasted a half hour and was very informative. During and after the session, dog hair was collected in giant garbage bags. There was talk of finding someone to knit something out of all the hair...we'll see!

The day was concluded with the very popular doggie games and best dressed contest and 364 dogs with their 700+ family members left Maplelane happy and exhausted! Wow, what a day!

Go to our website, under 'News & Events (Galleries)' to see many fabulous photos of the day.



Conic 2014

WE DID IT!

According to Guinness World Records, we are...

OFFICIALLY AMAZING

Golden Rescue is in Guinness World Records TWICE:

- 1. Largest Dog Grooming Lesson**
- 2. Most Dogs Wearing Bandanas**



Thank You To ...



Our Sponsors ~ The picnic has become a significant fundraising event for us. Thank you to our sponsors ~ GoodLife Fitness, Mary R DiSalvo Financial Services Corporation, Matheis Financial Group, Viamede Resort, Allandale Animal Hospital, New Era Graphix, Gail & Sinclair Harrison, Signature Graphics, and Conair. Thank you also to Pet Valu, Paws and Claws, and the vendors who attended this year.

Jane Riddell ~ for planning such a perfect day for us! A lot of planning and work went into this day...and we thank you from the bottom of our hearts!

Sheri Hall & Maplelane ~ for being so gracious to allow us to have the picnic on your gorgeous property and for all your help!

Ben Samaan & Viamede Resort ~ for providing a delicious lunch for our 700+ attendees. This was no small feat and you did it without a hitch!

Lou Kirby and his team of judges for coordinating the photo contest again this year...the number of entries rose over last year. Next year there will be a new category for our Senior Goldens.

Kim Walker for your wonderful work on the silent auction and to those of you who so generously gave us such a beautiful array of items for the auction.

Viive Tamm and The Guinness Team did an amazing job of organizing our attempts for two Guinness World Records. This drew a significant amount of media attention to our mission of rescuing and re-homing dogs. We would like to extend a special thank-you to Notary Heather McKnight for spending most of the day with us and officiating over our attempts.

Our wonderful volunteers ~ over 90 of you, a HUGE thank you!!! Your hard work made this day so special for everyone. We hope you enjoyed your experience and will volunteer with us again next year.

Mia Wilkinson ~ who stepped forward to be our amazing volunteer coordinator for this large and complex event! We know you spent many hours, late nights, and early mornings getting us organized.

And finally, **THANK YOU ALL** for attending and making this the best, most fun, and memorable picnic in the history of Golden Rescue!

What on earth are we going to do next year to beat this? If you have any ideas, please email board@goldenrescue.ca.



Plans are already underway for next year's picnic ~ our 25th Anniversary Celebration! We have been successful finding venues east and north of the GTA but have not found a good (and inexpensive) venue in the west. Should you know of a location, please email board@goldenrescue.ca.



This year's picnic photo contest may well have been the best one yet. We had well over 100 entries making the judges' job very difficult. The three categories Portrait, Funny, and Action each had many entries as our photographers got into the spirit of the contest. Of course, like all contests, we had to choose the winners and they are listed below but we must say everyone's submission was amazing and we thank all of you who participated. It was great fun and as you'll see from the winning photos, we have many talented photographers in our midst.

PHOTO CONTEST

Portrait Category

1st place ~ Holly Lang for Mickey
2nd place ~ Mia Wilkinson for Ben & Max
3rd place ~ Sharon Stewart for Maddie

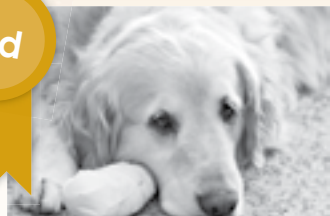
1st



2nd



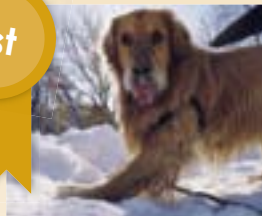
3rd



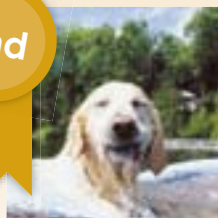
Funny Category

1st place ~ James Cohen for Samwise
2nd place ~ Elizabeth Wilson for Bear
3rd place ~ Pam McGregor for Keva

1st



2nd



3rd



Action Category

1st place ~ Jeremy O'Neill for Stanley
2nd place ~ Joanne Dionne for Lucie
3rd place ~ Marcia Caplan for Gracie

1st



2nd



3rd



A Funny Thing Happened To Me On The Way To The Picnic...



With three dogs packed into the van, I was on my way to Alliston for the annual Golden Rescue Picnic. I don't normally take all three, but I wanted to be sure I did all I could for the Guinness World Records. It was pouring rain so at the stop sign (almost half way there), I put down my window to check for traffic. Good, no traffic. What?!? The friggin' window won't go up! So I grabbed a green garbage bag (of course, when travelling with three dogs, one who gets car sick, I have green garbage bags) and wrapped it around my leg near the window not wanting to get soaked on my 1.5-hour drive. Good, we are almost there when Jenny decides to up-chuck. Okay, prepared for that having covered her seat with a towel that went into the green garbage bag! (sigh of relief) We arrived! Had an awesome day and we were successful with both Guinness World Records! Exhausted, time to go home so I almost drag

Jenny and my two old boyz back to the van. Of course the window is still down, which I had covered with the second green garbage bag I brought (smart lady, eh?) so I get my three exhausted pups into the car (having to lift the back ends of the two older boyz). Look for my keys, and low and behold, I left them in the ignition, but unfortunately, it was turned to one click over. You got it! Dead battery! Okay, so I am an independent woman. Called CAA. Waited 45 minutes. Called husband (yes, feeling stupid but too tired to care). The farmer who allowed us to park in his lane came out and offered me a boost just as CAA arrived. After a few tries, the van starts. The CAA guy asks if I have enough gas so I don't have to turn the van off. Yes, just enough. Driving home the rain is back. Window still down. One green garbage bag left. I've got 10 minutes to go and guess what? The friggin' window goes up! Still, it was an awesome day! Cheryl-Anne

WHEN And WHERE Will I Find Golden Rescue Events?

Awareness events all over the place! Join us, have fun, and help our Golden Retrievers!

Event Name	Dates	Location
Pickering Markets	Dec 5/6	Pickering
Pickering Markets	Dec 13/14	Pickering
Pickering Markets	Dec 20/21	Pickering

Thank you for volunteering at our many events in 2014! Stay tuned for our 2015 events line-up!

MEET & GREET

Charlie #1982

According to his forever family, Charlie has been an amazing boy from the moment he came into their home. He loves his new feline brothers but is particularly fond of his new big sister, Freckles. He has even become close to all of his equine brothers and sisters. Charlie simply loves everybody. This happy boy loves everything about his new life but his favourites are cottage life, swimming, playing fetch, and passing along all the love he can possibly give. Of course if Charlie could talk he'd say, "Maybe so, but I get so much love...can life get any better?"

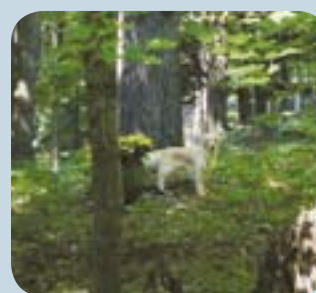
Jessica & Ben



Jazz #2029

"And All That Jazz" ~ maybe the song's words should have been "And All That's Jazz" because all that's Jazz is simply great. Jazz love life, loves the water, loves the backyard, loves retrieving her ball (which you might say is normal for a retriever...not always so but for Jazz it certainly is) and she could fetch forever. Apart from a bit of leash training, this beautiful girl is a joy and is making every day for her new forever family pure delight.

Alison & Mike



Help Us Help Goldens

Consider volunteering!

Your efforts allow us to grow and continue to be Canada's largest not-for-profit single-breed rescue organization. Without you and your time, passion, and expertise, we could not exist! If you're interested in any of these positions, simply get in touch and let's chat!



Cube Van Drivers

Would you like to be seen driving the most eye-catching cube van to our major events throughout Ontario? How can anyone resist gazing at all our beautiful blonde, golden, and red-headed models as they see you drive by? Our merchandise-filled truck acts as a travelling billboard for Golden Rescue and is featured at all of our big events. The cube van is typically housed in Toronto (407 & Keele) and needs to be transported to and from our full set-up events (typically but not limited to the GTA, Pickering, Muskoka, Peterborough, and London). In addition to driving, we request that you also assist in setting-up and/or tearing-down our tent and tables. The cube van is easy to drive so if you have a good driving record and are interested in helping out, please contact Candace at clabuick@gmail.com or 705-238-6683.

Digital/Web Designer

Our relatively new, well-visited website needs a design guru to create designs for new information or new initiatives. The design needs to be in keeping with the original website 'look' but also needs to stand out, so that our new projects are eye catching and easily seen by visitors to the site. You are hands-on, an obsessive visual creative force constantly pushing the boundaries of your tool set. Not only are you great at visual communications, you can also articulate, rationalize, and inspire members of the web and communications teams. As remuneration doesn't exist, you will receive the thanks of a grateful group of volunteers and the hugs of our many Goldens for your part in giving them a second chance. If you're interested in this role, please email Krista at: kmaling@goodlifefitness.com.

Drivers (Transport)

Urgent needs everywhere but particularly in NORTHERN & EASTERN Ontario & WESTERN Quebec

Would you be willing to pick up and transfer our precious Golden cargo? If so, please let us know your geographical boundaries, availability, and whether you have a crate (if necessary). Please e-mail transport@goldenrescue.ca.

Education Team Members

Hi everyone! Sherida Scott here. I am the new Director of Education for Golden Rescue and I have some very exciting news. Golden Rescue has re-launched its educational arm (or should I say paw?) and we are looking for energetic, motivated, and Golden-loving folks to help us spread the word about our organization's invaluable work. If you are interested in lending a hand and taking part in some of our upcoming educational initiatives, please contact me at sheridascott@yahoo.ca or 905-257-9684.

Event Coordinators

Golden Rescue has recently ramped up participation in LCBO tag days across the province. We are planning to expand locations and dates of these small, awareness-driven events in 2015! For our larger events where we set-up our tent and our merchandise, we really need your help. We are looking for several individuals who can take ownership/responsibility for one or two events per year and run with them. By having several active event co-ordinators, each event will receive the utmost attention to ensure it maximizes the event's potential. Your responsibilities would include planning, organizing, and coordinating all aspects of the event including its promotion, volunteer coverage (in conjunction with a volunteer coordinator), reconciliations, and submitting a report, return-on-investment analysis, and follow-up stories for the Guardian and Facebook. We also ask that ECs participate in at least one shift of their event (opening or closing is preferable). We would love to hear from you and we have a particular need in the Simcoe County/Muskoka areas. So, if you are somewhat spunky, like to have fun, can think outside the box, are detail-oriented and flexible, and know how to get the job done (with lots of support and mentoring), please contact Candace at clabuick@gmail.com or 705-238-6683.

FUNdraising Team Members

The Golden Rescue FUNdraising Team is looking for fun, creative people within our GR community who would like to give back to our Goldens. If you have a community

fundraising idea you would like to share or would like to join our team...we want to hear from YOU! From a small one house garage sale to a larger community group effort, no idea is too big or too small. We welcome all your FUNdraising ideas! Our Goldens thank you! Please email Kathy at fundraising@goldenrescue.ca.

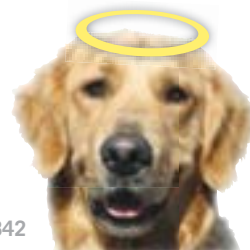
Intake Volunteers

Whether it's maintaining composure during a heart-wrenching goodbye or suppressing the urge to lash out at a negligent owner, our intake volunteers are on the front line of Golden Rescue and have the emotional battle scars to prove it. But any of them will be quick to tell you how rewarding their work can be. To see a dog that so desperately needs help come into our program and leave with a forever family ~ it's an incredible ride. There are horror stories, to be sure. Dogs that are beaten, deserted or forced to live in squalor. But the vast majority of intakes are from owners who are heart-broken at the thought of giving up their Golden. Whether it's an onset of allergies, relocating for work or some other unforeseen circumstance, most Goldens enter our program because their owner loved them enough to let them go. Whatever the situation, the intake process is thorough. Queries come in through the website or by a call to our hotline from an owner, a shelter or a veterinarian office. After explaining our program, if the applicant chooses to proceed, there is a five-page, in-depth intake form to be completed (usually by phone). Experience with Excel and Word documents is an asset. This is where we find out everything we can about the dog ~ its needs, wants, habits, and behavioural issues. Standard protocols include asking the owner to release Vet records to Golden Rescue and having a volunteer do a behaviour evaluation, both which aid in our search for suitable foster and forever homes. The entire process can sometimes be completed within a few days, while other times it gets drawn out over weeks. It's a labour of love for our volunteers but worth every second when a Golden in need finally finds their forever family. We're looking for patient and caring people to join our intake team and we will partner you with one of our experienced volunteers for training. If you think you have what it takes, please e-mail patti@goldenrescue.ca. We will call you to discuss the possibilities. Help us give Goldens a second chance!

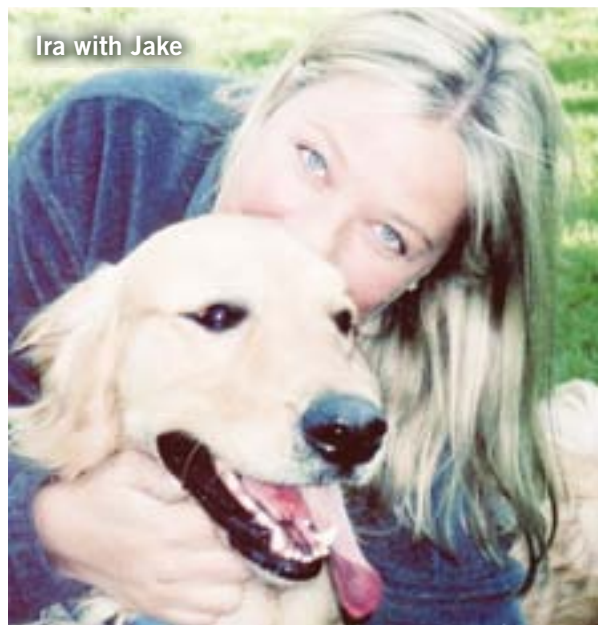
THANK YOU for coming to our rescue...

Golden Angels

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts.



Shadow #1342



Ira with Jake

Ira Kargel

Ira has been a Golden lover since childhood. Unable to have a Golden growing up as dog hair was a no-no in her family home, she got two Golden pups, Wisper and Dakota, as soon as she graduated university. From that day forward, Ira has surrounded herself with Golden retrievers. In recent years, Ira is one of GR's staunchest advocates. Ira, like most Golden lovers, didn't know about GR. One day, a volunteer asked for a donation for the Golden Rescue picnic and Ira was so excited about the idea of many Golden retrievers in one place, she made a donation and attended the picnic for the first time. At the picnic, her eyes were opened to the good work GR does and she decided to help. Since then, Ira and her husband Mitch, have been fostered six Golden retrievers. Ira's efforts don't stop there. She is an amazing Wishbone Lottery ticket seller, participates at events, does home visits and behaviour evaluations, and helps transport. She has also participated in media events and school presentations. Ira helps anywhere required...and always with a smile. Her biggest contribution as a self-proclaimed "huge fan of GR" is spreading the word about the work we do. Ira owns Gears, a great bike shop with three locations, and at any given moment you will find Jake, her Golden, and one of her fosters looking after the store. Ira's enthusiasm is infectious and we are so glad and fortunate she attended the picnic that day. Lucky, lucky us!

Mia Wilkinson

Mia might be described as one of our more humble supporters who doesn't think she does as much as she could so we keep asking Mia to do more and more for our Golden retrievers...and she always says 'yes' willingly. Mia has basically helped us with almost everything. Living with three senior Golden retrievers (16, 15, and 14) Mia had the idea that if she began to foster, when her Golden retrievers crossed the Rainbow Bridge, that fostering might ease the trauma. When her home visit was done, she was asked how she might deal with an aging foster since all her bedrooms were upstairs. Mia said, "Well, I've been sleeping on the couch in the living room for the past three years as my own Golden retrievers can't manage the stairs ~ would that be okay?" As you can tell, we loved her answer. Since that day, Mia has fostered Gibson, Titan, Jake, Crosby, Mulligan, Turner, and Max and she continues to open her home to any Golden retriever in need. As if that's not enough, Mia coordinated all the volunteers at the picnic, sold lottery tickets (100 of them, by the way), has done home visits, has volunteered at events, is an adopter, and recently agreed to help as a transport coordinator, transporting our precious Golden retrievers to their foster homes. Mia still feels she doesn't do much and wishes she could do more. If only we could clone her! Thank you Mia...you do SO much for GR and we are very, very grateful. You are the real deal!!!



Mia with Ben & Max #1960

Terry Woodrow

Terri became a GR volunteer almost four years ago. An addicted Golden retriever lover, Terri lives in retirement with her husband Bob and their two Golden retrievers, Amber and Hurley #1545, and their rescued cat Loki. They are all about to move to their dream log home in Haliburton, where they will have the room to foster ~ something they've always wanted to do. In the meantime, Terri is already helping GR in so many ways. Currently the Volunteer Coordinators Team Lead, which is a big job with all the events GR attends, she has built a great team of volunteer coordinators. She welcomes and trains new volunteers for events, sends eblasts to find volunteers for events, and helps student volunteers. Terri also donates to the silent auction every year, is very active on Facebook, often providing support to Golden retriever owners and our rescued Golden retrievers, organized the social media get-together at the picnic, helped initiate and organize the photo contest, and was one of this year's Guinness World Record co-ordinators as a field steward. She is currently designing and making vests for our foster Golden retrievers. Terri is the consummate GR volunteer. Thank you from the bottom of our hearts for everything you do...and good luck with the move. We can hardly wait for you and your family to foster!



Terry with Amber & Hurley #1545

**Barnaby #1968**

To Marion and Steve, who ensured Barnaby's last days were in a loving home, our condolences. **Patti**

**Duke #1520****Duke #1520**

Duke was such a beautiful boy and a wonderful companion to Loretta and Catherine. He will be greatly missed by all who knew him. May fond memories of Duke warm your hearts forever! **Viive**

Jake #424

In memory of Jake #424 ~ a most wonderful dog. He was a gentle giant who will be dearly missed! **With love, Brian & Jo**

Jitterbug

In memory of JitterBug ~ a lovely, shy, gentle Golden who allowed us the privilege of being her friends. Greatly missed by Eric and Lisa and her two 'brothers' Benji and Hurley. You leave a big hole in our hearts! **Cherrie Anne & Jim**

Jitterbug

Jitterbug will be fondly remembered by all who met and loved her. My deepest condolences to Eric & Lisa and their family. **Viive**

Lucy

In memory of Lucy, Ginny's faithful friend and companion of many years. **Dad & Millie**

Luke #1588

Courageous Luke, helped by good care and love, did not want to leave his happy life and the people he loved and was determined to defy the odds, which he did, because it took him nine months before he decided that it was time for him to rest ~ leaving a sad family behind who miss him very much but also know that he is not suffering anymore. He will be forever missed! **Hélène & Richard**

**Luke #1588****Misty #1214**

We got you at 11 years young and were blessed to have you for five years. We will never forget your pretty face. We will miss you dearly. **Rick & Kathy**

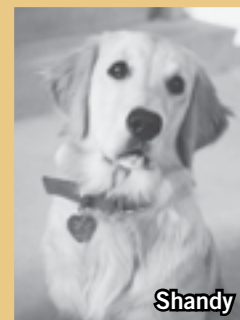
Sadie #1066

In memory of sweet Sadie. She was very loved and is now sadly missed by Brandon, Judy, Carter & Favre. Hold her memories close to your heart. **Patti**

Shandy

Our beloved Golden friend, Shandy, crossed the Rainbow Bridge some time ago, after a

mercifully brief illness. We remember with love and affection the many quirks she shared with us, particularly her strange insistence upon going up the stairs backwards ~ and the happiness she found in car journeys ~ even the long ones as far as Minneapolis. We recall also the fun Shandy and we had at a GR picnic. She was Jan's 'Sweet Pea' and the wag of her glorious feathered tail will linger always in our memory. **Jan & Trevor**

**Shandy****Tanyr #1687**

We drove 4,000 kilometers from Halifax to Toronto to meet and adopt Tanyr. Over two years later, we are heartbroken, having lost our Tanyr on October 6, 2014. Tanyr was so loved...not just by us, but by lots of neighbours and family. Tanyr loved the daycare kids and even wore a costume for them one Hallowe'en. Our cat, Kitty, loved to be with him too ~ he patiently tolerated her hijinks. Tanyr was so much more than our dog ~ he was part of our large family and everyone loved him so. My 93-year-old mother is so sad. He so loved seeing her hobble down the driveway, ready to give him lots of rubs. Tanyr was a remarkable being...not a dog. Hopefully he is zipping around heaven with four perfect legs. Thanks for trusting us with Tanyr. Each and every day, we told him how much we loved him to the moon and back and that he was absolutely the best boy. We miss him so much. **Trish & Bruce**

**Tanyr #1687****Tucker #1968**

It was a sad day for Eileen when she said good-bye to Tucker. This old gentleman touched our hearts and will be missed. **Patti**

Roxy's Trip

When Roxy got the call she had won the Wishbone Lottery's All-inclusive Trip to Jamaica, she couldn't believe it. She hadn't had a proper holiday in 25 years so this was going to be a real treat. Roxy wasn't disappointed. She and her daughter Melanie packed up and took an amazing mother/daughter holiday to this magical island. According to Roxy, the resort and grounds were absolutely stunning. The staff was friendly and the room was big and well appointed...and even had robes and slippers. There were many different restaurants to eat in and the food was amazing. The beach and ocean were pristine and there were many activities right on the resort. There were also many interesting tours to take on the island ~ one of their favourites was a bicycle ride down Blue Mountain. Melanie took all the pictures and it certainly looks to us like they had the time of their lives. All of us at Golden Rescue are so happy for them!



Welcome to Jamaica, mon!

*'Tis the season to be...grateful
...woof, woof, woof, woof, woof, woof, woof, woof, woof, woof!*

We have rescued 2,100 Golden Retrievers. We could not have rescued even one of them without your generosity of spirit, time, and financial support. We are not a corporation.

We do not reside in fancy offices. We live and work in our homes across Ontario, Quebec, and beyond. We come together in a unique way each time a Golden needs us.

From answering phones, to operations, to transporting, to fostering, to adopting, to volunteering at events, to fundraising...we shepherd our Golden Retrievers through all of it to ensure they get the second chance they so deserve. So to each of you, a big...

HEARTFELT THANK YOU FROM ALL OF OUR GOLDENS!!!

Thank you for the many ways you COME TO THE RESCUE!



**Happy holidays
to you and your
family and we wish
you a healthy and
prosperous 2015!**

- Goldie #654

**WISHBONE
LOTTERY**

Grand Prize ~ Dinner for two.

**ANYWHERE
IN THE
WORLD!**

Prize details are available
on our website

PLEASE
help us sell tickets
by emailing
board@goldenrescue.ca.
**IF WE PULL TOGETHER
WE CAN SELL OUT.**

Shadow #1342 & Chloe

Don't forget your doggie bag!

TICKETS: \$40 each or 3 for \$100 – no limit!
(maximum 5,000 tickets to be sold)

TO BUY TICKETS, email info@goldenrescue.ca
or call 416.657.2445 or 1.866.712.8444 and a
Golden Rescue volunteer will return your email/call.

www.goldenrescue.ca *(for contest details)*

