THE GUARDIAN





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CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Oakley #2071 ~ Oakley's previous life was less than perfect as he spent the last couple of years outside on the end of a rope. One would think that this would have left this amazingly handsome boy with some baggage. Not so...Oakley may be the most tender creature on earth. Without a mean bone in his body, Oakley entered his new life with love in his eyes and trust in his heart. His only scar is he can be needy at times but that is simply because he is starving for affection. In his new forever family, he plays joyfully with his canine brothers and sister. No rope for this boy ever again. He is beautifully trained and his recall is amazing...and finally ~ a Golden who retrieves! Oakley is overflowing with affection and he's an amazing body pillow. You're home and safe now, big guy!

THE GUARDIAN

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Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

A one-year subscription to Golden Rescue's 'Guardian' is available for a minimum of \$20.00.

Our address is:

Mailing address: P.O. Box 31026, Barrie, ON L4N 0B3

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The postal code on our BRE IS CORRECT.

Mission Statement

The Canadian Golden Retriever Adoption Service Inc. is a volunteer-operated, not-for-profit charitable organization dedicated to rescuing and re-homing displaced Golden Retrievers and to educating the public in general about pet ownership.

We carefully screen all incoming dogs for socially acceptable behaviour and approve those whom we feel we can responsibly place. We provide spay/neuter service, micro-chipping, and all the necessary veterinary care required to place them with their Forever Families.

We provide public education by means of brochures, an informative and entertaining website and newsletter, public/media appearances, and canine educational events, which focus on responsible pet ownership and in particular, the Golden Retriever breed.

Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.

If you have any comments or suggestions for the Guardian, please email guardian@golden-rescue.net

Please note that due to publishing timelines, there may be a waiting period before the acknowledgement of your contribution. We appreciate your patience and will do our utmost to be as prompt as possible. Articles/photos in The Guardian may be reproduced with the express permission of The Guardian team.

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production.

A great big THANK YOU goes to Betty James for the design, Tamm+Kit for the printing, and the Klein family and friends for the mail-out.

We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.

Betty with Shadow #1342 & Kona



WELCOME TO THE GOLDEN FAMILY































GOLDENS!

Beamer #2092

7.5-year-old male adopted by Cori & Greg

Beau #2086

2.5-year-old male adopted by Rebecca & Larry

Blondie #2079

9-year-old female adopted by Kelly & David

Carly #2066

2-year-old female adopted by Pamela & Patrick

Charlie #2084

5.5-year-old male adopted by Eryn & Rob

Charlotte #2081

5-year-old female adopted by Janice & Wayne

Clover #2093

6-year-old female adopted by Valerie

Cody #2046

17-month-old male adopted by Debra & Tyler

Cooper #2098

7-year-old male adopted by Sherry & Barry

Diesel #2096

10-year-old male adopted by Nigel

Gemma Rose #2094

8.5-year-old female adopted by Nancy

Gordon #2011

8-month-old male adopted by Shelley & Phil

Jackson #2089

7-year-old male adopted by Mary & Cam

Jake #2087

5-year-old male adopted by Jenny

Kelly #2057

1-year-old female adopted by Susan & Mike

Les #2116

8-year-old male adopted by Jan & Santiago

Lincoln #2083

5-year-old male adopted by Lisa & David

Lucy #2105

4.5-year-old female adopted by Gail & Berry

Maggie #2097

12-year-old female adopted by Sterling

Max #2069

 $1.5\mbox{-year-old}$ male adopted by Debra & Tyler

Mya #2103

9-year-old female adopted by Alexx & Alison

Nala #2042

8-year-old female adopted by Anne & Mark

Poppy #2090

1-year-old female adopted by Ginny

Reg #2109

1-year-old male adopted by Gary

Riley #2085

4.5 year-old male adopted by Cathy & Mike

River #2107

6-year-old female adopted by Julie

Ruby #2099

10-month-old female adopted by Theresa & Robert

Sasha #2106

11-year-old female adopted by CarolAnne

Simba #2088

9-year-old male adopted by Heather & Bert

Whiskey #2082

4-year-old male adopted by Lois



Rescue Hotline: 416-657-2445 1-866-712-8444

FOSTER FAMILIES NEEDED!

Bo #2067 was picked up from a shelter and taken into immediate foster care where he was loved, walked, fed, and cared for...but he was not doing well. An immediate trip to the vet ended up with Bo crossing the Rainbow Bridge that very evening. Our amazing foster, heartbroken, was able to eventually say, "Sweet Bo had a nice meal, a few treats, and even played with some toys. If it had to be, better this than passing all alone in a crate at a shelter somewhere. He had a wonderful last day. Rest in peace Bo!"

A sad story indeed and fortunately most of our stories have happy endings. We, at Golden Rescue, are here to make every day better for our Goldens, even if it is only one day.

Golden's like Riley and Oscar need our help right now. Poor Riley #2085 came to us infested with fleas and in obvious pain and discomfort. Our herculean foster took him regardless... living through many baths, many vet trips, many treatments of open sores, and many fleas gone heaven knows where, until Riley was free of all critters, sores, and scratching. He is well on his way to living a happy joyful life.

Oscar #1985, surrendered to Golden Rescue for the second time, is a pup, under one year of age, with severe elbow dysplasia and a mountain of behavioural issues. Such a handful was poor Oscar that he went through two fosters before his behaviour started to settle and his operation, for both elbows, was scheduled.

Many of our Golden stories are easier to hear than these; however, we are presented with a number of difficult situations like these every year...and more and more have medical issues.

We need fosters who are willing to take these difficult cases.

And, we need some fosters who do not have another dog in the home or are willing to take pairs.

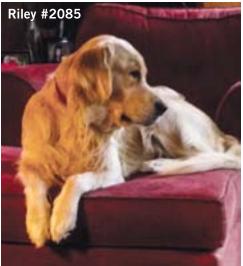
No matter whether our Goldens' stories are simply sad or dire, we need fosters with big hearts. Can you help?

If you would like to help, please fill in a foster application online. Once you've filled out your application, a volunteer will contact you to go over your application, arrange a home visit, and answer any questions you might have. We also have a foster guide that will provide you with a lot of information about the fostering process and lots of general support from the team. If you'd like to discuss fostering prior to submitting an application, please call our hotline (1-866-712-8444 or 416-657-2445) or email us at info@goldenrescue.ca and a volunteer will call you.

PLEASE COME TO OUR RESCUE BY FOSTERING!







ABOUT FOSTERING?

I would rather cry watching them leave our home to live a life of happiness and joy in a loving home than cry because no one stepped up to help them and they died alone, frightened, and sad.

Fostering saves lives. Try it!



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Only a life lived for others is a life worthwhile. Albert Einstein

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MEET & GREET...

Coach #2072

Coach, once he settled into his new home, became the energizer bunny...this amazing boy has energy to spare. As long as he gets his daily exercise allotment Coach is the best dog in the world. If he is cheated from his exercise routine, he doesn't think twice about jumping up on the bed at two in the morning with a shirt in his mouth as if to say, "Hey, get up and get dressed ~ time to go out."

Yes, Coach has mastered 'cute' to the nth degree and has taken Golden cuteness to a whole new level. He is even getting good on

the leash, even when he sees a squirrel. Coach has stolen our hearts and we feel so blessed to have found him.

Peter & Helene





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all Retriever Believers ~ you truly have GOLDEN hearts!

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From what we get, we can make a living; what we give, however, makes a life. Arthur Ashe

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THANK YOU!

You've helped change many lives!





Supplements

by Erica Garven

Supplements can literally be life savers. Over the past several weeks, I've seen two 'friend of the family' dogs live considerably longer than expected simply due to supplements (and both dogs were terminal due to diseases caused by medical treatments prescribed for non-fatal diseases). My own dog recovered from spinal surgery at an astonishing rate ~ a rate the vets had never seen, simply due to a healthy home-prepared diet and a good regiment of supplements. Compare this to the mantra of many traditional medical practitioners, that supplements simply make "expensive urine" and the decision to use them can become a complex and confusing one. How do you know which ones to choose? Where can we get more information about supplements? What supplements match which diseases?

Supplements can be used as preventative (preferred) or as an active treatment for disease. My favourite source of information on supplements, aside from a holistic veterinarian, is Dogs Naturally Magazine. Their vets and writing staff put together helpful information about a whole range of supplements, including brand recommendations and dosage requirements. Their site is set up in such a way that you can easily search articles by supplement type or disease. Another site that works in this way is Healthy Pets by Mercola, hosted by the amazing Dr. Karen Becker. She provides both written and video tutorials about making natural choices to manage or cure a whole host of health conditions.

The most important decision you can make when choosing a supplement is its quality. Using a poor quality supplement is literally creating expensive urine and doing nothing for your dog. In the case of supplements, you really do get what you pay for. Unfortunately, most of the supplements you find in pharmacies, grocery stores (though the organic sections have improved), and sometimes even vet clinics are not of the highest grade, and some studies have found them to be completely lacking in the ingredients touted by the brand to be what will save you or your dog. That's right ~ I'm even talking about human grade supplements you can give to your dog. More often than not, supplements made just for dogs but by human product manufacturers are waste products of human product manufacturing and don't come close to meeting the standards set in the human supplement world. There are a few exceptions and Omega Alpha is one of them! I am in love with this company...l can call them anytime and ask

questions, a real person picks up the phone and gives me immediate answers. If they can't, they find out. They provide an above-grade series of products for a whole range of health issues, they're reasonably priced, and they are a North American brand (with their head office in Scarborough). A few other companies that make great products for both humans and dogs include Purica (Recovery), Ascenta (oils), and Burt's Bees. Be sure to do some research, such as on the sites I mentioned above, and get some references before you choose a supplement. Remember, dogs don't know what a placebo is, so the supplement will either work or it won't ~ there's no lying

in the dog world! Another great test is to take your dog off the supplement for a couple of weeks and see if you notice a difference. If you do, the supplement is working. If you don't, it's time to find a new brand.

Here's a list of my favourite supplements (and companies) and what they are used for:

Probiotic 8 Plus

- Omega Alpha
- · Gut health & allergy management

Recovery Purica

• Joint health & pain management

Milk Thistle

- Omega Alpha or Naka
- Liver health (should always be given in conjunction with medications that affect the liver)

Apple Cider Vinegar

- Braggs or Omega Nutrition
- Alkalinizing the body, treating yeast

Turmeri

- Simply Organic, Frontier, Mountain Rose Herbs
- Pain management, general health & well being, cancer treatment

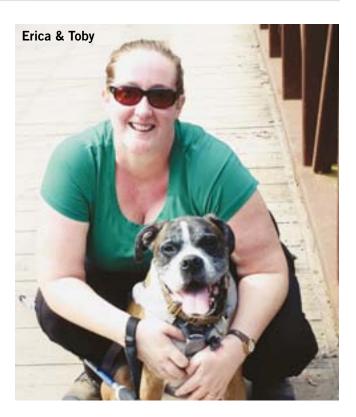
Green Lipped Muscle

- Dr. Peter Dobias
- Joint health

Bio-Calm

- Centaur Vet
- Anxiety

Supplements don't always have to come in a pill form. A supplement is anything



natural that's added to the diet to improve or promote health. Even adding pureed veggies to a kibble or home-prepared diet can function as a supplement, and often not only improves vigor, but also improves stool quality and general health. Turmeric is a great example as to why the quality of the supplement matters. Used properly, it is probably one of the most powerful food supplements in the world, managing everything from general malaise and joint pain to being an effective treatment for many types of cancer (especially skin cancers). However, it is often stripped of its medicinal ingredient, curcumin, for the purpose of making supplements. Unfortunately, the pill form of turmeric/curcumin is dangerous for dogs as the unnatural amount of curcumin (95% in pills, versus 5% in nature) can be damaging to their kidneys. Choosing an organic powdered turmeric, where the curcumin has not been stripped, is crucial to its effectiveness. Another important aspect to feeding turmeric is that it is fat soluble, meaning that if it's not fed alongside a fat source (like coconut oil or fish oil), it simply won't be absorbed. Mixed with a little (fresh only) ground black pepper, it can work magic. But it goes to show how important the quality and mix (with fat and pepper) are to its effectiveness on the body. This is a great example about why one brand of supplement may not work at all for your dog, when another brand of the same supplement could save his/her life.

As I mentioned earlier, my own dog had major surgery on his cervical spine in



A supplement is anything natural that's added to the diet to improve or promote health. Even adding pureed veggies to a kibble or home-prepared diet can function as a supplement...

November of 2013. He was in an incredible amount of pain, but within just one week, he was able to come off the heavy pain meds, replaced with turmeric, Recovery, Egg Shell Membrane (Natural Factors brand), Probiotic 8 Plus (gut health is an important component in bone and joint health), and a Chinese herb called Body Sore prescribed by his Traditional Chinese Medicine veterinarian. These supplements, combined with a healthy diet and physiotherapy, got him off the harmful drugs fast, and if you were to see him today, you'd never know that he has spinal issues. In my opinion, they literally saved him from a life of pain and discomfort, or even worse, the loss of life.

Did you know that humans are the only species on earth that cannot generate their own Vitamin C? It's an essential vitamin

for us, meaning we can only obtain it through food or supplements. But it's also a great example of why it's important not to supplement on a whim. Vitamin C is a popular supplement in the dog sports community, but in my opinion, it's not always a safe supplement (I'd prefer to offer it in a whole food source, like raspberries, where it occurs and metabolizes in natural balance with other vitamins). Creating abnormally high levels of vitamins and minerals (Vitamin D, calcium, and magnesium are other good examples) can create havoc on your dog's system and end up doing more harm than good. If unsure, as I've mentioned in previous articles, even if you love your traditional vet, there is no harm in seeking complimentary services from a holistic vet who can advise you accordingly. Personally

(for myself, my family, and my dog) and professionally, I'm a big fan of choosing supplements in place of pharmaceuticals wherever possible, but I also know that dosage, quality, and type need to be carefully considered and researched before being tested on your dog.

Erica is the owner of The Dog's Assistant, and is not only an allergy consultant, but also a behaviour consultant (CPDT-KA). She shares her home with her husband and her rescued Boxer, Toby, in Oakville, Ontario. You can find more information about her at www.thedogsassistant.ca.

MEET& GIEEI

Wendy #1897

Poor Wendy came into the program fearful, shy, timid, and overweight and she could not manoeuver stairs. Very quickly Wendy learned to trust and started loving affection. Within days, she was climbing stairs and sleeping beside us on the pillow. What a transformation! Through good diet and exercise, she has lost a lot of weight and the vet is delighted with her progress. This initially shy girl has learned to swim and will even get on the paddleboard. Watching Wendy gaining trust and confidence has been so rewarding. She's a wonderful addition to our family.

Judy, Kevin & Sarah



Maggie #2097

Maggie is a superstar. Healing beautifully from leg surgery, she is getting stronger every day. She can handle stairs again and for a senior grand dame, she has boundless energy, even in the extreme cold weather. She is a toy hoarder extraordinaire! Maggie has never quite

learned the concept of sharing when it comes to toys and she keeps all her toys under the dining room table... it's a very



funny thing to see. Her buddy Toby next door has a toy basket on her front porch and Maggie is continually rifling poor Toby's stash. Maggie loves to run and play with a frisbee. What a treat she is! She has such a great personality and loves everybody and of course everybody loves her right back.

Sterling

Winston #2065

Our vet said of Winston and we quote, "I've met a lot of dogs over the years, but Winston is very special." This was after the vet was sewing up a small foot injury and observed Winston being so cool that he actually fell asleep during the stitching. Our vet was so amazed he asked all the other vets in to see him. Yes, Winston is simply 'Mr. Cool' ~ the 'Fonz' of the Golden world. He is our snow dog, our companion in the office, our therapist, our walking partner, and the holder of our hearts. An extraordinary Golden indeed!

Ron, Virginia & family





What Would YOU Do?

by Jillian Stewart

"What would you do if you knew you could not fail? Now go do it."

An intriguing mantra as it begs the question: what is it that stands in our way from testing the limits and seeing what we are capable of?

Volunteerism is admirably abound with people who seem to ask themselves this question on the daily, for it can only explain what keeps a person going when the demand is so great, the stacks are so high, and the time is so limited.

One needs only to scan the news headlines to know that we are living in very complex times with people experiencing great adversity, tragedy, and hardship all over the world.

Fred Rogers once said, "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping'. To this day, especially in times of disaster, I remember my mother's words and I am always comforted by realizing that there are so many helpers ~ so many caring people in this world."

I once read an inspiring story about a father that used Mr. Rogers' poetic words to comfort his young son after the tragic events of 9/11. As the wife of a fireman, I am very proud to be married to a helper, but know that helping knows no limits ~ when even our beloved dogs were sent into the wreckage in New York as helpers and healers. Men, women, and canines alike...courageously pushing themselves to new limits in order to come to the aid of others.

Even amidst the building anticipation of the Superbowl, caring people have stepped in to help again.

Powerful voices were heard expressing their disappointment in the recent Superbowl ad released by webmaster GoDaddy. This commercial featured a Golden Retriever puppy who falls off the back of a truck and faces peril in the streets alone. The commercial concludes with the owner expressing happiness with the pup's return home, because she had just sold the Golden through GoDaddy.



Many viewers were angered and dismayed with the message that this sends the public, mainly due to the humorous treatment of backyard breeders and puppy mills in the ad. Because of the overwhelming negative response, GoDaddy opted to remove the ad from the internet and scheduled programs. You were heard and further demonstrated the power of caring people who desire to make things better.

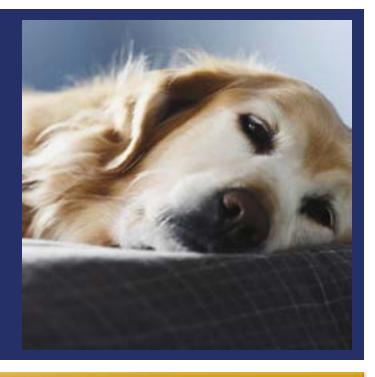
As we venture into another year, I wonder how Golden Rescue can continue to help if we ask ourselves what we would do. Now let's go do it!

MEET & GREET...

Gemma Rose #2094

When I first met Gemma Rose, her name was Rosie and I have to admit it was love at first sight. From the moment I entered the foster home, something clicked between us and I think we both knew we were going to be together. I don't know why I changed her name, but Gemma means 'precious jewel' and this seemed to describe her perfectly. Gemma took to our home immediately and after a few growls with her new sister Gioia, she settled in perfectly and of course now Gioia and Gemma are best buds. Gemma is very smart ~ and she figured out where the cookie jar was pretty quickly. She knows how to ask to go out, she knows when she needs to be corrected, and she knows how much she is loved. What a precious jewel indeed.







Golden Angels

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts. 12

Shadow #1342

Peter Brown

Peter and Golden Rescue began a mutual admiration society more than 10 years ago. A trainer/behaviourist extraordinaire, Peter has helped us with countless Goldens, many of whom we could not have saved without Peter's unique insight into canine behaviour. He, of course, could not help all the Goldens who have crossed his path; however, his success record is sterling. AlphaPaws is Peter's company and he has been training dogs to 'mind their manners' for over 15 years. Peter has also helped many adoptive families to 'read and understand' their new family member. By teaching people how to speak their new family member's language, so to speak, he has helped many GR families communicate with their Golden to help them better understand their needs. Peter has also written many an article for our newsletter about behavioural issues. We at GR are so grateful to have met Peter all those years ago. He is a true friend to our Goldens and to Golden Rescue.



Ken has been involved with Golden Rescue for two short years but in that time he has become a foster guru with many fosters to his credit already (nine, to be exact). A retired high school teacher, Ken got his first Golden Socrates (Socs) when he retired. Socs and Ken went everywhere together and shared many adventures throughout North America. You can see some of their adventures on YouTube: Svana an Indian Myth. Ken's second Golden, Jake, came along when Socs was seven. The three musketeers lived happily together for a number of years until Jake crossed the Rainbow Bridge as did Socs a few years later, both from cancer. It was at this point that Ken and GR found each other and Ken became the energizer bunny of fostering, caring for one dog after another in quick succession. You can see Ken's time with each of these dogs on YouTube by simply typing in a Golden's name and rescue number (i.e. Zeus #1913 or Harley #2022 or Hubbel #2052...to name a few). "Providing foster care has been a wonderful experience" to quote Ken. We at Golden Rescue believe from the bottom of our heart that meeting Ken has also been a wonderful experience. It's great when it's a win-win... and we are truly grateful for this Golden Angel.



Corey started helping us exactly two years ago. Corey has always had a Golden in his family (three to date) and Corey is a sucker for our magnificent breed. His Golden, Penny, was rescued from the Humane Society. He believes that rescuing Penny lead him to helping other Goldens. This young man has thrown his talents and energy into helping us and we are so grateful. He applied for our Web Designer role and is responsible for sending the eblasts that come your way to tell you about events and happenings at GR. He also creates many of the posts on our website. He is often under-the-gun and he always helps us willingly and happily and is a pleasure to work with. When not helping GR, Corey is working as a Web Developer on a contract and freelance basis. He enjoys the changing world of the web and therefore he keeps us in-the-know. Corey, we are so happy you rescued Penny and just as happy that you found us and decided to help Golden Rescue.

Be the change you wish to see in the world. MAHATMA
GHANDHI Every person can make a difference, and every
person should try. JOHN F. KENNEDY Alone we can do so little;
together we can do so much. HELEN KELLER









Help Us Help Goldens

Consider volunteering!

Your efforts allow us to grow and continue to be Canada's largest not-for-profit single-breed rescue organization. Without you and your time, passion, and expertise, we could not exist! If you're interested in any of these positions, simply get in touch and let's chat!

Cube Van Drivers

Would you like to be seen driving the most eye-catching cube van to our major events throughout Ontario? How can anyone resist gazing at all our beautiful blonde, golden, and red-headed models as they see you drive by? Our merchandise-filled truck acts as a travelling billboard for Golden Rescue and is featured at all of our big events. The cube van is typically housed in Toronto (407 & Keele) and needs to be transported to and from our full set-up events (typically but not limited to the GTA, Pickering, Muskoka, Peterborough, and London). In addition to driving, we request that you also assist in setting-up and/or tearing-down our tent and tables. The cube van is easy to drive so if you have a good driving record and are interested in helping out, please contact Candace at clabuick@gmail.com or 705-238-6683.

Digital/Web Designer

Our relatively new, well-visited website needs a design guru to create designs for new information or new initiatives. The design needs to be in keeping with the original website 'look' but also needs to stand out, so that our new projects are eye catching and easily seen by visitors to the site. You are hands-on, an obsessive visual creative force constantly pushing the boundaries of your tool set. Not only are you great at visual communications, you can also articulate, rationalize, and inspire members of the web and communications teams. As remuneration doesn't exist, you will receive the thanks of a grateful group of volunteers and the hugs of our many Goldens for your part in giving them a second chance. If you're interested in this role, please email Krista at: kmaling@ goodlifefitness.com.

Drivers (Transport)

Urgent needs everywhere but particularly in NORTHERN & WESTERN Ontario & WESTERN Quebec

Would you be willing to pick up and transfer our precious Golden cargo? If so, please let us know your geographical boundaries, availability, and whether you have a crate (if necessary). Please e-mail transport@golden-rescue.net.

Education Team Members

Hi everyone! Sherida Scott here. I am the new Director of Education for Golden Rescue and I have some very exciting news. Golden Rescue has re-launched its educational arm (or should I say paw?) and we are looking for energetic, motivated, and Golden-loving folks to help us spread the word about our organization's invaluable work. If you are interested in lending a hand and taking part in some of our upcoming educational initiatives, please contact me at sheridascott@yahoo.ca or 905-257-9684.

Event Leads ~ Awareness

Golden Rescue has recently ramped up participation in LCBO Tag Days across the province. We are expanding locations and dates of these small, local, and awarenessdriven events in 2015 and need energetic volunteers to act as team-leads. Your responsibilities would be pretty simple and would include obtaining the 'please donate' sign and a few promotional supplies from our regional locations. At the end of the event, you will also remit a report and monies collected. It's really easy and experienced volunteers are here to support your efforts every step of the way. If you are interested, please contact Candace at clabuick@gmail. com or 705-238-6683. Please indicate the geographical area you are interested in covering.

Event Coordinators ~ Big Events

We need help with our larger events where we set-up our tent and our full collection of GR merchandise. We are looking for several individuals who can take ownership/ responsibility for one or two events per year and run with them. By having several active event co-ordinators, each event will receive the utmost attention to ensure it maximizes the event's potential. Your responsibilities would include planning, organizing, and coordinating all aspects of the event including its promotion, volunteer coverage (in conjunction with a volunteer coordinator), reconciliations, and submitting a report, return-on-investment analysis, and follow-up stories for the Guardian and social media. We also ask that ECs participate in

FUNdraising Team Members

Thinking of setting a New Year's resolution? Perhaps it involves volunteering more? Consider joining our new FUNdraising team!

If you are interested, please email Kathy at fundraising@goldenrescue.ca.



at least one shift of their event (opening or closing is preferable). We would love to hear from you and we have a particular need in the Simcoe County/Muskoka areas. So, if you are full of spunk, like to have fun, can think outside the box, are detail-oriented and flexible, and know how to get the job done (with lots of support and mentoring), please contact Candace at clabuick@gmail.com or 705-238-6683.

Follow-Up Call Volunteers

Once our Goldens have been adopted, we want to keep in touch with the adopters to see how things are going. We need people who will touch base with adopters by telephone or email to 'chat' about their Goldens. Some will want to speak to you on the phone, so you will need to be a good listener, as the conversations can get quite animated as our adopters love to brag about their beautiful Goldens! Or they may simply wish to send you an email update with a story and photos! We do also ask you to confirm/ update information, so of course, access to a computer and internet is required. A working knowledge of Excel would be very helpful. Mostly, you will need a sunny disposition and a good sense of humor! If you are interested and would like to join our Follow-Up Team, please email Chris and Monica at chubbles@ sympatico.ca.

FUNdraising Team Members

The Golden Rescue FUNdraising Team is looking for fun, creative people within our GR community who would like to give back to our Goldens. If you have a community fundraising idea you would like to share or would like to join our team...we want to hear from YOU! From a small one house garage sale to a larger community group effort, no idea is too big or too small. We welcome all your FUNdraising ideas! Our Goldens thank you! Please email Kathy at fundraising@goldenrescue.ca

THANK YOU for coming to our rescue...



WHEN And WHERE WILL I Find Golden Rescue EVENTS?

Awareness events all over the place! Join us, have fun, and help our Goldens!

Event Name	Dates	Time	Location
LCBO Tag Day	May 16th	11 am – 5 pm	10 Scrivener Square (Yonge & Summerhill, Toronto)
LCBO Tag Day	May 16th	11 am – 5 pm	2 Cooper Street (Queen's Quay & Yonge, Toronto)
LCBO Tag Day	May 16th	11 am – 5 pm	St. Lawrence Market (87 Front East, Toronto)
LCBO Tag Day	May 16th	11 am – 5 pm	1838-1844 Avenue Road (Avenue & Lawrence, Toronto)
LCBO Tag Day	May 16th	11 am – 5 pm	Square One (Square One & Rathburn, Mississauga)
LCBO Tag Day	May 16th	11 am – 5 pm	3075 Hwy. #7 (Hwy. #7 & Woodbine, Markham)
LCBO Tag Day	May 16th	11 am – 5 pm	15830 Bayview Avenue (Bayview & St. John's Sideroad, Aurora)
LCBO Tag Day	May 16th	11 am – 5 pm	17555 Yonge Street (Yonge & Davis, Newmarket)

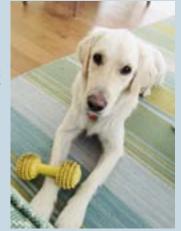
STAY TUNED FOR OTHER EVENTS COMING UP THIS YEAR!

MEET & GREET

Bailey #2064

Bailey came to GR as Woody but for some reason that name didn't seem to suit him. So Bailey he now is and he seems very comfortable with us in his new home with his new name. He came into the program in a pretty sorry state ~ malnourished, dirty, and matted. These days, the vet has given him 100% on his health test and is pleased with his weight, coat thickness, and muscle mass. The vet also thinks Bailey is still basically a pup,

probably only a year old. For a youngster, he has learned very quickly and he's a good boy. He is uncomfortable with other dogs unless he is in a wide-open space. If he is in the house or any place where there is not a lot of room, he reacts poorly to other dogs. Who knows what happened to him when he was younger? He is going to a trainer soon and we believe this problem will resolve itself with controlled socialization. Other than that. Bailey is a superstar and an absolute joy.



Nora, Doug & Fred

MEET & GREET

Poppy #2090

Poppy is settling in beautifully to his new home. It took a little while but all of a sudden an actual smile started to emerge on her face. It is amazing to see and I've been trying to capture it on camera but no luck yet. Poppy loves her training classes.

She knows 'sit', 'down', 'push', 'touch', 'go to bed', and does an amazing 'high-five'. She has now gotten used to our cats and I think our cats love Poppy even more than Poppy loves them. She is such a character ~ silly, sweet, and smart. She loves her walks but enjoys the dog park even more. She is about to go to her next stage of training and because she loves it so much, we suspect she will excel at school. What a smart, loving goofball!



Ginny





GOLDEN SMILE

Yesterday I was at my local Pet Valu buying a large bag of Blue Buffalo kibble for my furkids and was in the check-out line when a woman behind me asked if I had a dog.

What did she think... I had an elephant?

So because I'm retired and have little to do, on impulse I told her that no, I didn't have a dog, I was starting the Blue Buffalo diet again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming all over me and IVs in both arms.

I told her that it was essentially a perfect diet and that the way it works is, to load your pants pockets with the kibble and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.)

Horrified, she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I stopped to pee on a fire hydrant and a car hit me.

I thought the guy behind her was going to have a heart attack he was laughing so hard.

Pet Valu won't let me shop there anymore.

GOLDEN MOMENTS© "Again Mike...AGAIN!!!"





Diesel #869

In memory of Diesel, who battled Lymphoma for 10 brave months until he could fight no more and left us on December 24th. Diesel was a brave boy, who



was our best friend and always there to cheer us up with a tail wag or just his presence. A big lad over 94 lbs., he was gentle with our grandkids and loved to wrestle with his brother Shadow #868. Shadow will miss his brother likely as much as we will ~ they had never been apart. Diesel was one of a kind...truly man's best friend. We will certainly miss him!

Dan & Bonnie

Gracie #553

It is with great sadness that we announce the passing of our beloved Gracie. She passed over the Rainbow Bridge on December 18, 2014 and is now running pain free and we hope she



can finally see all the beauty she missed in her mortal life. Gracie was an ambassador for Golden Rescue on many occasions and wherever she went people fell in love with her. Blind from birth, she was born without any eyes but you would never have known it by the way she was able to navigate anywhere she went. She had a split nose and a candy cane tail which was docked when she was a puppy. We found out in the past year, when it was apparent that she was in extreme pain, that her spine was twisted and knotted

to the point where our vet said, "If I didn't know that was Gracie, I would say that dog couldn't walk." We think she may have been in pain her whole life but just never knew any different and learned to live with it. Her disabilities never stopped her from enjoying daily walks off-leash on the trails where she would know if she went too far to the side because it felt different on her feet. If she did happen to wander, and it looked like she was going to walk into something, we would simply say, "careful Gracie," and she would turn back toward us. She also loved going to the open field where she would start by rolling down a hill with her legs in the air and she would wiggle her way to the bottom. She was able to sense the openness and would run and chase Dylan (her Golden "brother") but she didn't run like most dogs, she hopped on all fours! She would track Dylan down and wrestle him to the ground and chew on his legs even though he had at least 20 pounds on her. Gracie could be very stubborn too, she wanted to do things her own way. She could jump up onto the bed or into the car and when we would try to help her down, or out, she wanted no part of it. Instead she would just sit down until you let go of her and she would do it herself. Gracie gave us great joy for 10 years and we will miss her 'smiley face' greeting us at the door and letting us know when it's 8:00 pm (aka treat time!!) Rest in peace Gracie Girl. Randy & Carol

Gracie #553

A beautiful Golden with a beautiful soul... she will be missed. In memory of sweet Gracie who lives on in our hearts! So many of us had the true pleasure of meeting this darling little Golden girl. **Viive**

Holmes #1565

Holmes was the sweetest, gentlest, goofiest, most loving and loyal dog I've ever met. Know that he had an amazing life and that he was loved more than you can imagine by myself,

my other golden Sarah, and a large number of human and dog friends. He went for daily hikes on trails through the bush, swimming in Lake Huron and Superior, on lots of car rides, and chased squirrels



and turkeys...and countless other adventures. Every night he slept in my bed and every day he got lots of hugs (and gave them too). Everyone knew him by his gentle personality, his big smiley cheeks, his fuzzy head, and his old man eyebrows. He was one of the most beautiful souls in the world. I miss him so much. Jake

Murphy

When a Golden you love becomes a memory, that memory becomes a treasure. We know Murphy was a



treasure and will be sadly missed by everyone who had the pleasure of meeting him. Our heartfelt condolences Cheryl-Anne & John.

Patti, Sheri & Viive

Sir Abbott #1947



In memory of Jane and Hilary's Sir Abbott ~ a gentle and beautiful giant with a giant heart to match. A real old gentleman and a sous chef extraordinaire! We were honoured to know this boy! Viive & lain

Toby #422

Hamsammich was so loved and spoiled and he embodies all the reasons that make rescuing so rewarding. He brought a ton of love into Monica and Chris's world and has left a huge hole in their



hearts, which will undoubtedly be filled with cherished memories. We share in your sadness. Jain & Viive





Thank You!

Once again, we have completed our third Wishbone Lottery.

THE LOTTERY NETTED OVER \$90,000...AN AMAZING FEAT.

We would like to take a moment to give a big heart felt thank you to the hundreds of ticket sellers, whose enthusiasm sold tickets. Without you, our lottery would simply be an idea floating in the air somewhere. And to all of you who bought tickets, thank you, thank you, thank you! Your support of Golden Rescue and your care and passion for all our Goldens who are counting on a second chance from us is very much appreciated.



Dinner for Two ANYWHERE in the world ~ \$25,000 travel voucher + \$2,000 cash Ken & Brenda Robinson ~ ticket #115

Trip for Two to Gran Bahia Principe, Jamaica + \$1,000 cash Carol Smith ~ ticket #4493

Trip for two to Quebec City ~ VIA Rail tickets + \$1,300 travel voucher + \$1,000 cash

Steve Oliver ~ ticket #1738

\$2,000 Viamede Resort gift certificate

Denyse Gardiner ~ ticket #2721

\$500 gift card to WaySpa

Brenda Burnham ~ ticket #1534

\$500 gift card to WaySpa

Robert Montoni ~ ticket #2823



Congratulations to all our winners!

And congratulations to our Goldens who need us ~ you ARE the real winners!