

THE GUARDIAN

MARCH 2020 | ISSUE 96

Zaira #2924



ARE YOU A
**golden
retriever**
BELIEVER?

 **Golden
Rescue**
...About Second Chances



Save The Date

SATURDAY, SEPTEMBER 19TH

Golden Rescue's 30th Anniversary Picnic at



Join us for our **30th Anniversary celebration!** It will be an action-packed, fun-filled day ~ details to follow soon! It's never too early to RSVP or volunteer for the picnic (picnic@goldenrescue.ca), book your accommodations (info@viamede.com or call 1.800.461.1946) or donate a silent auction item (sa@goldenrescue.ca).



Sam #3000

Golden Rescue's Got Talent

We all know that Golden Rescue has a talented group of supporters and volunteers, particularly talented with rescue. But what other talents lie beneath that Golden loving surface? Well...as we turn 30 years old, we would like to find out what you are all hiding under that fur-loving exterior. At our 2020 30th Anniversary Picnic, we are planning a GOLDEN RESCUE'S GOT TALENT variety show extravaganza that would include:

- Singing
- Comedy
- Magic
- Silly or Amazing Pet Tricks
- Skits
- Poems

...or pretty much anything else you are willing to perform

We would like all the 'acts' to be Golden or rescue themed. And there will be no judging.

If we get enough interest, this variety show will be the 'main event' at the picnic. We will video it. We will have copies available for everyone so you can show it your family and friends when they come to visit. The acts will be shared on social media. We will also send a copy to Simon Cowell...just kidding!

Be creative...be brave...and take part in our 30th anniversary festivities. If you're willing to participate (all ages welcome), please email picnic@goldenrescue.ca with what your act will be.

The person born with a talent they are meant to use will find their greatest happiness using it.

Johan Wolfgang Von Goethe





CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Zahra #2924 ~ When we first met Zahra, she burst out of her crate in excitement to meet us. She has greeted everything she’s encountered since with the same exuberance. Zahra loves ALL things ~ her family, her big sister Genevieve, her walks, her toys...and every moment is the BEST THING EVER! Watching Zahra blossom into the beautiful and confident Golden she was meant to be has been such a rewarding experience for us. We can’t thank Golden Rescue enough for all of their dedication and hard work in giving these Golden’s a second chance! We certainly know that Zahra deserved it and appreciates it!

Krystle & Duncan

THE GUARDIAN

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Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

A one-year subscription to Golden Rescue’s ‘Guardian’ is \$30 and it’s complimentary for monthly donors.

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Please consider a subscription to The Guardian for a special friend or relative.

BUSINESS REPLY ENVELOPE (BRE) NOTICE:
 The postal code on our BRE IS CORRECT.

Mission Statement

Golden Rescue gives second chances to Golden’s in need.

Our mission is simple and straightforward because that’s who we are and that’s what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Golden’s prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Golden’s who so desperately need our help.

Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.

If you have any comments or suggestions for the Guardian, please email guardian@goldenrescue.ca.

Please note that due to publishing timelines, there may be a waiting period before the acknowledgement of your contribution. We appreciate your patience and will do our utmost to be as prompt as possible. Articles/photos in The Guardian may be reproduced with the express permission of The Guardian team.

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production. A great big THANK YOU goes to Betty James for the design and Katherine, Colin, Ian and Cameron McKay for doing the mail-out.

We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.

Betty with Shadow #1342



THE TRAINING CORNER



Two Negatives Do Not Make a Positive

...especially when it comes to dog training. At our school, we only use positive marker-based reward training methods (I'll explain what it is later). Why? Because it's scientifically proven to be more effective and a more humane and respectful way to train your dog.

Training should be fun. How can it be fun if we use negative or forceful training methods? Fun and forceful are incompatible. Many of our rescued Golden Retrievers have come from situations where they were subject to forceful or even abusive lives. Those of you who have fostered or adopted these Golden Retrievers know how hard and how long it takes for them to begin to trust people again, whereas a Golden who has come from a home that provided positive training and experiences generally adjusts quickly and easily to their new home.

If you read my article in our December Guardian, you'll remember I talked about the fact that to a dog, English is a second language. Sometimes, when training a dog, we can become frustrated because they just aren't getting it. That's when people often get angry and may yell or 'force' them to do what they want. Remember that English is a second language. Your Golden simply doesn't understand what they're being asked to do. If we force them, they now begin to fear us.

Take for example teaching them to sit. You repeat the word 'sit' four or five times and still they are standing. Now you're frustrated, so you yank up on the leash. That didn't work so next you push down on their rear end. You may have got their bum on the ground, but are they looking at you with smiling eyes or a wagging tail? Probably not. Most likely they are now leaning a little away from you, wary of what just happened and very confused as to why you are mad.

And here's how things can spiral...you take your Golden to the vet because they are not well. The vet has to feel all over his body, including his hind end and maybe even take a temperature to find out what's going on. However, your Golden bolts away from the

vet the moment they go near their back end. Why? Because they have learned that when a human goes to put their hands near their back end, it results in an unpleasant experience.

Let's add some more perspective to this. Think about when we train children (I am speaking from experience, having raised three children and five grandchildren). When a child is taking their first steps, we encourage them and tell them how great they're doing, clapping our hands, giving them a big hug. We don't yell at them, telling them to stand up straight and try it again. Teaching children takes time, patience, and encouragement. Again, I am not suggesting that dogs are children; however, training methods are similar.

So, what exactly is positive marker-based reward training? It consists of three components.

The first is positive verbal encouragement. When we teach a dog to do something, we say it in a cheery voice, regardless of how frustrated we might be. A perfect example of this is teaching your dog recall, also known as the 'come' command. Your Golden is in the backyard and you're late for work so, in an angry voice, you call "GOLDIE COME"!!! I don't know about you, but if I was Goldie, there's no way I'd come. I'd be thinking, what did I do? Why am I in trouble? I think I'll just stay out here as far away from my human as I can.

Using positive verbal encouragement is so important, no matter how frustrated you might be. We are always telling our students to put a fake smile on your face if you have to.

The next component, marker-based, means using a word or sound to indicate the moment your Golden gets something right. This is also known as 'clicker training'. It's how they train marine life, only they use a whistle. I should note that at our training facility, we replaced clickers some time ago

with the word 'YES' because some clients found it difficult coordinating holding a leash, using a clicker, and giving a treat. 'YES' is easy and precise, and it's not a word we use often ~ we tend to say 'yeah' to indicate agreement. 'Good dog' takes too long and if you mark the desired behaviour with 'good dog', your Golden may have gotten up before you've finished saying it. The key is precision, using the example of 'sit', you would say 'yes' the moment their bum hits the ground.

The final component is reward. The reward is a food treat, not a hug or a pat or saying 'good dog'. I'll bet your Golden is sitting next to you while you read this article and you are patting them right now. They get that for free. We've heard many people say 'verbal praise or a pat should be enough'. Let's think about this for a minute. You start a new job. At the end of the week, your boss comes up to you, pats you on the back and says, "Great job". You ask, "When do I get paid?" Your boss replies "Oh, we only give out praise." How long would you continue working there? The treat reward is your dog's pay cheque. It doesn't have to be a whole biscuit. It can be a biscuit broken into little pieces and given one piece every time they get a command right.

We then wean out the treats once they understand what is expected and do what's called 'random reinforcement'. The concept is like a slot machine. You never know when it will pay out. We reward randomly so they never know when they'll get a treat.

So, the key to training is patience, keeping it positive, marking the precise moment with 'yes' and giving a food reward.

By Lynda Kitson

Lynda Kitson is the owner of Who's Walking Who Dog Training Centres with locations in Ajax, the Beaches, and Distillery District in Toronto. She lives with her husband Vaughan and three Golden Retrievers ~ Molly, Star & Augie #2623.





GOLDEN SMILES

Q: Why did the Golden chase his tail?

A: He wanted to make ends meet!

Q: What did the Golden say to the sandpaper?

A: Ruff!

Q: What did the Golden say to the tree?

A: Bark!

Q: What do you get when you cross a dog with a phone?

A: A Golden Receiver!

Q: Why aren't Golden's good dancers?

A: Because they have two left feet!

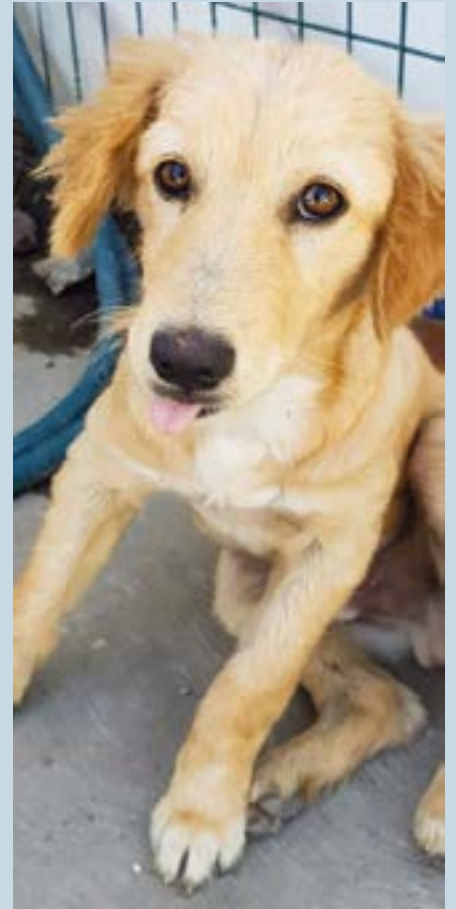
It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my Golden Retriever K-9 partner, Jake, was barking and I saw a little boy staring in at me. "Is that a dog you got back there?" he asked. "It sure is," I replied. Puzzled, the boy looked at me and then toward the back of the van. Finally he said, "What'd he do?"

GOLDEN MOMENTS[©]



"Quick...they're coming BACK!"

MEET & GREET



Diego #3236

Diego is a small but mighty transplanted Golden from Mexico. This young boy lived in several homes in Mexico before flying to Canada but he is finally starting to understand that his forever home is with me...and that he's safe and loved. I simply adore him and Diego feels the same way about me. He is afraid of the dark and doesn't love the snow but I'm cutting our little amigo some slack. His feline cousin, Roxy, is a bit jealous of Diego but they're working it out. Coming from the streets, he knows how to look after himself and although he doesn't have a mean bone in his body, he will stand his own ground with a dog twice his size. He is definitely not a push-over ~ he's a lover, not a fighter.

Jann

MEET & GREET

Gordie #2882

Gordie is a 'foster failure' ~ a humorous term-of-endearment that Golden Rescue uses when a foster family becomes the forever family. Gordie started his journey with Golden Rescue with a different name and not speaking English (he knew only French). In no time, however, Gordie took to his new name and picked up English quickly. He is a sweet, loveable, and gentle boy with a sixth sense of what humans need and an inherent ability to give them what they need. So much so that after his St. Johns Ambulance training (which he passed with flying colours), he became a therapy dog. These days, he visits several seniors' homes every week and never disappoints. His only foible is that he has severe separation anxiety, which might also be why he is so tuned into people's needs. For us, it's not a problem as he is always with us. He is our heart dog and he is 'home'.

Heather & Bill



Carefree Golden Road Trips

As creatures of habit who crave their creature comforts, Golden retrievers, like most dogs, don't always make the best road trip companions. But by mapping out your Golden's trip along with your own, you can curtail any bad 'backseat driver' behaviours and turn a potentially negative experience into a paws-itive one. Consider the following suggestions to smooth the way for everyone ~ humans and canines alike:

- Remain calm. Since dogs are adept at sensing their family's stress, don't raise your voices or display any overt signs of your own pre-trip jitters and concerns.
- Be certain to make reservations ahead of time and ONLY at pet-friendly motels or hotels along your route.
- Put together a doggy travel bag equipped with a first-aid kit and any essential medications, food and bottles of water (more can be purchased along the way), food and water bowls, grooming brushes, disposable pee pads, poop bags and small plastic trash bags, treats and toys, towels, and blankets. And for you...disposable plastic gloves, hand sanitizers, liquid dish soap, and disinfectant.
- Never medicate an overly anxious Golden without first consulting your vet. Many over-the-counter calming agents are dangerous for pets and if you do use a medication prescribed by your vet, always try it out on your Golden at home first to test for any reactions and/or side effects.
- If your Golden tends to get car sick, avoid feeding him for about eight hours prior to your departure. But if they travel well and have an appetite, feed them as you normally would.
- Have your Golden travel comfortably by keeping him in a large carrier or traveling crate (if you're traveling with more than one dog, each should ideally have his own carrier or crate) with full contact information attached. Set the carrier/crate in a well-ventilated part of the car, out of excessive drafts and away from direct sunlight. Place a familiar blanket or a worn T-shirt with your scent on it inside the carrier/crate. Rotate various toys throughout the trip to keep your Golden mentally stimulated and happily occupied.
- Carry photocopies or a USB stick of your Golden's medical records in a flat plastic zippered pouch showing, at the very least, that they are up-to-date on all of their essential vaccinations. Make certain that their collar carries a nametag with all pertinent ID (microchips are, of course, the best and only permanent form of identification), and that their leash is attached to it whenever you remove them from their carrier/crate or from the car itself.
- Never allow your Golden to get out of the car at rest stops unaccompanied or un-leashed. Always keep them safely leashed while walking them about for both exercise and potty breaks. And above all, never leave them in the car unattended ~ on either hot or cold days.

As they say, forewarned is forearmed. Armed with these suggestions, you and your Golden can share a road trip to remember...fondly.

By Nomi Berger

Nomi is the best-selling author of seven novels, one work of non-fiction, two volumes of poetry, and hundreds of articles. She lives in Toronto with her adopted Maltese, Mini, and has been volunteering to write for animal rescue groups in Canada and the U.S. since 2013.



Candy #1917



Help Us Help Goldens – CONSIDER VOLUNTEERING!

Golden Rescue is forever growing and we're looking for volunteers! Might that be you? We run solely with the help of our volunteers ~ a wonderfully dedicated and passionate group sharing a common vision to safeguard the well-being of every Golden in our care. Our work is hugely rewarding and we currently have needs in a number of areas:



FOSTER FAMILIES

We continue to have Goldens coming into our care! We always need foster homes throughout Ontario and Quebec. Fostering a Golden and helping him/her through a transitional phase is an incredibly rewarding experience because you're the first step in their new life. We particularly need foster families who are willing to take Goldens with medical or behavioural issues, families without any other dogs or cats in-house or families who are willing to foster a pair. If you are interested in fostering, please fill out a foster application online at www.goldenrescue.ca. Once you've filled out an application, a volunteer will contact you to clarify any points, answer any questions you might have, and arrange a home visit. **Estimated time commitment:** Varies by Golden and circumstance

CASUAL OPPORTUNITIES

Events

Bring your Golden or just yourself and help out at one of our many events throughout the year ~ all with the double goal of raising funds and

building awareness for Golden Rescue. The events are fun and everyone ~ and we mean everyone ~ loves to talk to our volunteers about our sweet Goldens. You never have to ask for a donation ~ we simply have a 'Please Donate' sign and donation jar in full view. If you are interested in volunteering at an upcoming event, please email volunteering@goldenrescue.ca and go to our website and click on 'Join our Mailing List' so that you receive our eblasts about events.

Home Visits

Potential foster or adopting families require a home visit. You would visit these temporary and permanent families and spend about 30 minutes engaging in conversation and asking questions from the questionnaire we provide to you to guide the conversation. When you return home, you are asked to fill out the home visit form and email it to the volunteer who contacted you.

Transport

(Quebec, particularly the Montreal area & the Montreal-Kingston Corridor)

Do You Think You Can Help Us Help Goldens?

If you're interested in any of the below roles, please email: teamresources@goldenrescue.ca

Thank you for coming to our rescue!

Transport help is always needed to move our Goldens from their past to their future new lives. To do this, volunteer drivers pick up our precious cargo from their previous homes, shelters, vet offices, etc. and drive them to their foster families. Sometimes this trip is short and can be done by one person and other times the distance is greater, requiring volunteers to work as a relay team, picking up or dropping off at identified locations along the way. Obviously, this is a very important task. Drivers must have a valid driver's licence and be willing to use their own car.

TEAM OPPORTUNITIES

Graphic Designers

Are you an experienced graphic designer looking for a rewarding volunteer role? Are you interested in creating dynamic, contemporary visuals for our readers to call them to action? If so, then we would love to hear from you. We're looking for a couple of graphic designers who understand our periodic need for speed and fast turnarounds (although not all assignments will be time sensitive), who have a flair for contemporary design, who can create and distribute eblasts through Mailchimp, and who can work with WordPress (the power behind our website). Writing our eblasts and other communication pieces is not a requirement right now ~ content/copy will be sent to you for design (but if you ever want to give writing a try, we're all about bringing out your best)! The primary purpose of this role is to create visuals for key communication pieces. If you have the talent and the time, we would love to hear from you! **Estimated time commitment:** 10-20 hours/month

Photography Team

This is an important team we have created as there is nothing more valuable than the perfect Golden photo when it comes to adopting, fostering, fundraising, PR, and getting media attention. We are looking for volunteers with a good eye so, photographers...here's your chance to use your skills.

MEET & GREET



Bubbly #3016

Bubbly had a difficult time finding his forever family and I checked your website on a regular basis to see if he had found a home yet. He seemed like a wonderful boy but was aggressive with other dogs so he was hard to place. I figured that after many months, Golden Rescue might consider an American from Virginia...and you did. After many discussions, having to get a passport, and arranging travel plans, I went to meet Bubbly and the rest is history. Easy to say...but there was a lot of driving, a huge leap of faith, and a lot of hopefulness that I would like Bubbly and vice versa. Bubbly now lives with me in a small town and it is rare that we encounter another dog. Bubbly loves company and it took him 45 minutes to calm down when he met his extended family at Christmas. We have bonded forever and, apart from Bubbly's annoying habit of waking me at 4 a.m. every morning, all is well with the world. You lovely Canadians missed a gem in Bubbly.

Dan

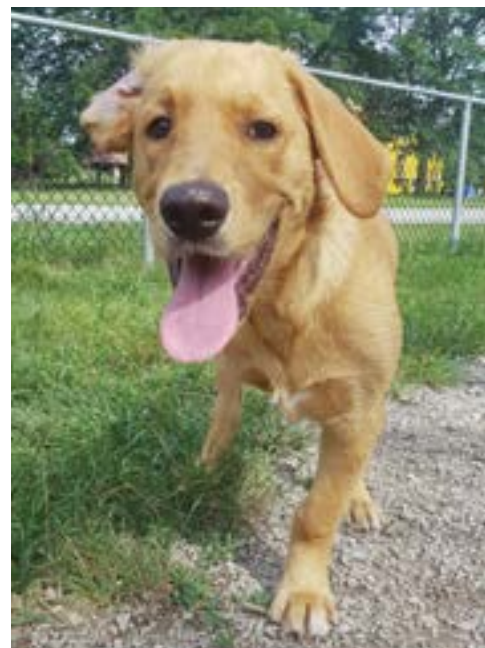


MEET & GREET

Winky #3128

Winky was born in Cairo with three legs. The breeder didn't want him so this poor boy was sent to a shelter where the shelter volunteer actually took him into her own home to give him the kind of attention he would need until he was old enough to come to Canada. And come to Canada he did. We are besotted with Winky...we simply adore him. He has grown into a smart, sweet, loving, happy boy loved by all, including our grandparent's dog, Bea, who has become Winky's best friend. We simply could not be happier!

Sarah



Honouring the Memory of Loved Ones

Michelle's dad, who loved Michelle's Golden, Dexter and Gilda, passed away last October and her close friend's beloved Golden 'Boston' crossed the rainbow bridge one month later. After the trauma of losing two loved ones so close together, Michelle was looking for a way to honour them both.

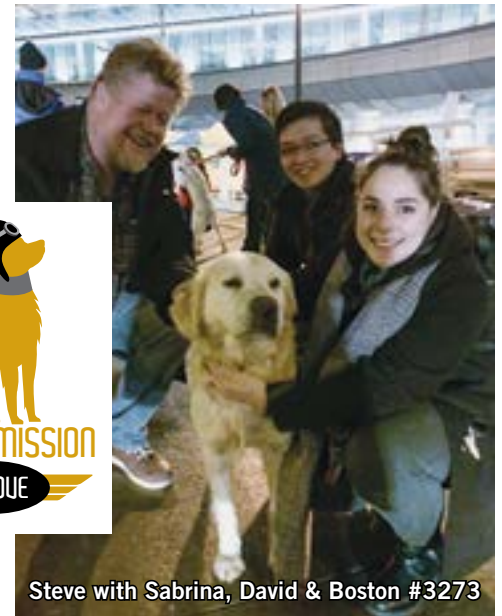
Right from the beginning of our Rescue Mission of Love, Michelle fully supported our international program and met many of the flights that arrived in Canada and the U.S. She also adopted a Golden from Istanbul, Gilda Radner #2634, so she has experienced, first hand, the importance of helping Golden's wherever needed. She knows how far Gilda has come since those frightful days on the streets of Istanbul.

Michelle thought the perfect way to honour her dad and pay tribute to the memory of Boston was to save two more Golden's from Istanbul and bring them to Canada. Michelle sponsored two Golden's, whom she named Boston #3273 and Corin #3274 (named after her father), and soon they were winging their way to a new life in Canada.

The flight arrived in Montreal on January 3rd and Michelle and her friend Steve went



Michelle with Corin #3274



Steve with Sabrina, David & Boston #3273



to Montreal to greet the Golden's as they disembarked. In her own words, this is how she felt when they arrived, "My heart was so full of love when they came out of their crates and to see them with their new families brought me so much happiness. The best was when Corin came and put her front paws up on my shoulders and gave me love. It was like my dad was there saying 'well done, thank you, and I love you'."

Thank you, Michelle! You saved two precious souls with this wonderful kindness.

Due to financial constraints, Golden Rescue has had to suspend the Rescue Mission of Love until we build up our coffers. So, for the time being, the only way we can bring Golden's here from Istanbul, Cairo, and Mexico City are with the help of generous sponsors. If you are interested in helping a Golden get a second chance in Canada, the cost is \$1,500. This price includes the cost of the flight, crate, neutering/spaying, microchipping, vaccinations, and veterinary testing/treatments abroad, and their passport. For more information or to sponsor a Golden(s), please email board@goldenrescue.ca.

GOLDEN MOMENTS©



"Laugh all you want ~ I appreciate the extra coverage."

DON'T MISS OUT ON GOLDEN NEWS!

Join our MAILING LIST

We send out regular Adoption Alerts and eblasts for News & Events.

Sign up for one or both by going to the website. In the top right-hand corner of our website, click on 'Join our mailing list' and follow the prompts. You will then always be 'in-the-know' about Golden news!





GOLDEN RETRIEVER

RECENT DONORS:

The greatness of a nation can be judged by the way its animals are treated. *Mahatma Gandhi*

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 Alyssa O'Connor
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 Amy Lane
In memory of Joyanne's Clementine
 Anne Bergstrom
 Anne Robins
 Annemarie Reininger
In loving memory of my two furbabies Bogart & Gunner
 Antonia Scopelliti
 Arthor Otskinau
Thank you for our special Golden Selena #2284
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 Betty Brisco
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In memory of Bowden #1241
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In honour of Jemma
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On behalf of the members of the Treasured Golden's group
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 Heather Siebenmorgen
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 Kim Rumble
In memory of my sweet Angel #1718
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In memory of London #1273 & Sasha #1372
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Philanthropic gift for Stacey Fobear
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From sale of dog cookies
 Mary Patterson
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 Matt Haddad
For Krysten on her Birthday!
 Matthew Hall
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Michael Cornacchia
 Michael Reiss
 Mike & JoAnne Duggan
For the boy Doobie and for Adelle Mobials Inc.
This is a gift for Robin Minielly in memory of Norman
 Myriam Straus
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In memory of Lager & Cody
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 Nigel Cutler
In memory of Diesel #2096, Crosby #2460 & Santana #2461
 Norine Mulholland
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 Pamela Linsley
 Pamela Rollingson-Haslem
 Pat Hagedorn
In memory of darling girl Molly
 Pat Shaver
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In honour of the Sophie #3127 - the best little girl ever
 Patricia Drummond
 Patti Matheis
 Paul Heinrich
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 Paul Greeniaus
In memory of Bentley
 Peter Floro
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In memory of Callie #2036

Shawn Douglas
 Shayna Monaghan
 Sheila Sengupta
 Shelley Lachapelle
 Sheri Mecke
 Square Feet Design Group
 Stacey Green
 Stephanie Dupuis
 Steven Smith
 Sue Drouillard
 Susan Breckbill
 Susan Lumbers
 Suzy Kendrick
 Talia Lane
 Tammy Earle
 Terri Pilon
In honour of Spencer #2659
 Tom Soltys
In memory of Annie & in honour of Bazel
 Tommi Jo Ryan
 Tricia Denstedt
 Viive Tamm & Iain Rankin
In memory of our little monkey, Mr. Bibbs
 Vivian Lee-Major
In honour of Kringle & Jingle
 Walter Rolland
In memory and in our hearts Trigger #1528
 Wendy Moffat
 William Gray
 Wendy Kennedy
 Yvonne Whalen
In honour of the Waggs 'n Whiskers staff
 Zeynep Ozko

In honour of Jane Riddell's birthday

Antonia Vanhaeren
 Joanne McInroy
 Margrieta Edels
 Patricia Jacklin
 Paul Riese
 Shawn Gibson
 Sterling Tooke
 The Next Trend Designs Inc.

Morgan Seeley

Our son Linden (7) has chosen to donate to GR for his holiday Random Act of Kindness. We lost our Golden Rosie whom we adopted in 2009 through GR in the spring of 2018. We think of her often. Linden was especially heartbroken and hopes his donation will help other dogs like Rosie find a safe and loving family.

RETRIEVER BELIEVER CLUB



MONTHLY DONORS:

Give what you can. To a Golden fighting for a second chance, your support may be better than you dare to think.

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A GREAT BIG *thank you* TO ALL RETRIEVER BELIEVERS!

MEET & GREET



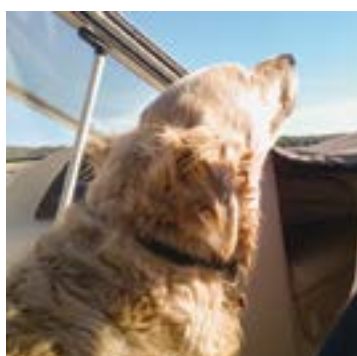
Peri #3060

My wonderful three-year-old girl came from Istanbul last spring. She had been hit by a car and the volunteers there found her at the side of the road with a broken leg. The leg was fixed there but it never healed properly so it eventually had to be amputated here in Canada. This hasn't slowed my little girl down...not one little bit. Peri now has a fabulous carefree life. She does have a few other health issues that her vet is looking into but Peri doesn't seem to be fazed by any of it. She has overcome so much in her young life so I think she will likely overcome this too. The best words to describe her are happy, energetic, and full of love, gratitude, and affection. She is also a hit at the senior's home where she puts a smile on everyone's face each time they see this beautiful Turkish Delight.

Debby



Sail On Bowden #1241



A few years ago, I wrote an article reflecting on the question, "Where was I looking while you were growing up?" as I gazed into the soft brown eyes of my sweet senior, Bowden. Having recently lost him, what I didn't realize at the time is that my loyal companion might have shared the same thought when looking back at me.

My husband and I got Bowden when we were freshly minted as an engaged couple. We had just bought a house together, and for me, adding a dog was far more prioritized than furniture, or perhaps to my mom's chagrin, even planning a wedding. Having submitted an application to Golden Rescue with a "let's wait and see", we shortly later received a joyous call, and Bowden came into our lives.

Having come from a puppy mill, Bowden was fearful of the tile floor, going outside alone, and confined spaces, but no fear trumped his aversion to moving vehicles. Looking down the road, thanks to both a pool and my parents' cottage, Bowden transformed into quite the seaman. Bow loved to be out on the open water, balancing on my paddle board, fishing with Chris, or watching the kids go for tube rides. Water was where his spirit was most alive, his soul was in place, and he experienced unbridled joy.

Looking back, Chris and I were mere children ourselves when we got him. But somehow, Bow changed things, and made us a family. Over the next several years, we would all move, welcome three incredible children to the world, welcome two more Goldens, mourn one, and become this big family bursting at the seams.

The perfect blend of neuroticism paired with the sunniest spirit I have ever known, Bowden lived his life full tilt until the very end. There was no slow lane for our boy, and he left us in the same ring of fire that he came to us in. But above all, Bowden was there for us every step of the way.

In comforting words, my sister told me that Bowden was meant to give us this past decade, to be there to help Chris and I start. To help us grow up. She said that Bow knew we were all here now, and that it was okay to leave us. That we would be okay.

As I kissed my beloved boy goodbye for the very last time, I told him how much I loved him, how he was the best roll of the dice that we ever took, but most importantly, how he made us a family. Bowden, nearly 10 years of marriage and three kids later, you got me here.

I am grown up now, Bow. We will be okay.

To the families that are new to rescue, I recommend rolling the dice. I can nearly guarantee you will win the big hand. Family.

And to all our friends who themselves have recently lost their faithful friends, and are standing in solidarity in our grief, let us remember that they taught us the big lessons, saw us grow, and knew we would be okay.

Bowden, may you always feel the sun shine down on your face, water at your feet, and warm wind at your back. Sail on. You will live in my heart forever, until the tides bring us together again.

Jillian

MEET & GREET

Jake #3087

From the second Jake exited his crate at Pearson airport, this lucky boy somehow knew he had arrived in heaven. He assimilated almost immediately and fell in love with us and his new canine sibling, Dutch. In fact, Jake settled so quickly that he and Dutch were the best men at our wedding. Although he was enthusiastic and happy when he arrived, he was skin and bones...a mere 68 pounds of constant hunger. His counter surfing in the early days was legendary, including the pilfering of a big block of parmesan cheese, which got him the nickname 'Cheese Thief'. He is now 82 pounds and knows that he gets fed every day so he hasn't stolen cheese since. At our wedding, he was our official photographer. With a GoPro attached to his back, he got some spectacular footage. Jake is a loving, happy boy who is so grateful to Golden Rescue for saving him...but we are equally grateful that we were chosen to be Jake's new family.

Leah & Alex



MEET & GREET

Dasher #2536

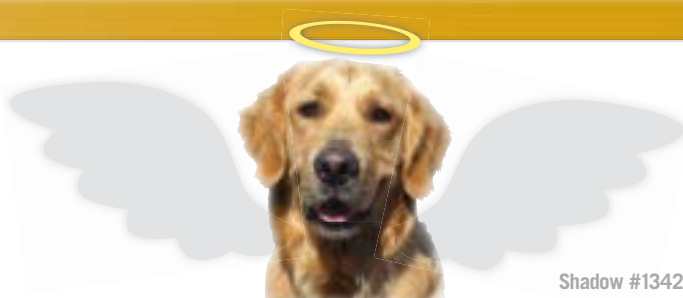
Dasher has just celebrated three years in Canada. He has become a confident, happy, healthy boy ~ a far cry from his condition when he first arrived. He was wounded both physically and emotionally and it took patience, love, and good veterinary care for him to become the wonderful boy he is today. In the early stage, this poor boy was too afraid to close his eyes at night so I had to lie on the floor beside him to reassure him he was safe. Who knows what he had to endure on the streets but all that is behind him now. Except for a continued fear of storms and loud noises, Dasher has made himself at home and has adjusted beautifully to his new Canadian way of life. I cannot thank Golden Rescue enough for bringing this Christmas joy into my life.

Sue



GOLDEN ANGELS

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts.



Shadow #1342



Liz with Niko & Theo

Liz Fothergill

Liz discovered Golden Rescue online and got involved by adopting her beloved Duke #2026, who became the perfect companion for their other Golden, Tara. Impressed with Golden Rescue, when Liz retired, she volunteered and started to foster. She was a 'foster failure' when her family adopted Riley #2563. Soon after that, Liz moved to New Brunswick, which in many ways was fortunate for GR as it helps our efforts to expand nationally and we can only do it with dedicated volunteers in various provinces. Liz has been an integral member of the intake team since February 2018 and is responsible for bringing many needy Golden into the program and her joy is seeing them get their happily ever-after. She describes Golden Rescue as a well-oiled machine! Liz has also rescued a Corgi and a Poodle and both her Golden have crossed the Rainbow Bridge. Although she is golden-less at the moment, she says her work with Golden Rescue is a form of paying it forward for the precious boys she adopted. Thank you, Liz ~ you are worth your weight in 'gold'.

Grant Gillespie

Grant, along with his wife Kim and son Brett, are GR superstars. From the first skinny, stinky, dirty Golden they fostered, they have become GR's special needs fosters. Henry, their first, had so many issues he became a forever foster giving the family unique skills in dealing with Golden who have had ongoing health issues. Funnily enough, Henry did not know his name until one day Brett remarked that they'll be 'Lucky' to ever find this boy's real name and all of a sudden Henry's ears perked up and he came running. So, Henry #1772 became Lucky ~ in more way than one. After their beloved Stella crossed the Rainbow Bridge, the family adopted Jewel #2396 from Istanbul. She was a small, nervous, shy girl when she first arrived but has blossomed in leaps and bounds to the point that she is a GR ambassador at a number of events. Grant has helped Golden Rescue in a million ways, including being part of the JFK armada to rescue the first 'Mission of Love' Golden from Istanbul. Besides fostering, transporting, doing home visits, volunteering at events, airport pick-ups, and dog wash events, this busy volunteer has even become our official Santa Paws and he sure looks like the real-deal. Grant, you and your family are true Golden Rescue Super Heroes and we can't thank you enough!



Grant with Kim & Jewel #2396

Customs Paperwork Volunteers

Meet our ten unsung heroes ~ Priya Anand, Betty Ann & Mike Blackwell, Anubha Jhaldiyal, Margaret Macdonald, Angie Mason, Jeff Meusi, Nicky Neicke, Rose Tersigni, and Rachel van der Walt. Some of the work we do at Golden Rescue is not glamorous and isn't visible to most. Without our Customs Paperwork Volunteers, our international Golden would not gain entry into Canada. They deal with all the customs paperwork, enduring long waits, and dealing with glitches that arise...and they do it graciously. These border warriors ensure the success of our international program. Thank you all. Our international Golden particularly thank you ~ woof-woof!

Thank You To All Our Golden Angels!

A Golden Rescue 'Rescue'

Our family was interested in getting a Golden but we were not sure how it would work in our chaotic household. We hadn't had a dog for about 10 years and with two teenagers and a 12-year-old we did not want to take on a dog if we couldn't give it the attention she required. Linda was researching about rescuing dogs and came across Golden Rescue. We discussed it and decided we should try fostering one to see how it works out in the family dynamic and, if we decided that we could handle it, then we could look at getting a dog and, at the time helping out a rescue at the same time.

So, we went through the process of getting approved by Golden Rescue to be able to foster. It was some time after approval that we finally got a call about a Golden who needed fostering. In August, we received a beautiful girl named Bootsie (we weren't fond of the name but we were asked not to change it). The day she arrived, she was so anxious and just sat in the corner panting and shaking. She really didn't eat anything for a day and a half but she finally started to feel comfortable and settled into a routine.

We discovered a lot about her ~ that she had never done stairs, had never been on grass, and had never walked on a leash. For over three weeks, I carried her up and down our deck stairs so she could go down on the lawn. From the day she arrived, all Bootsie ever wanted was to be petted and loved. She was awesome with our daughters and became comfortable with the entire family. Although there were still things that Bootsie and we needed to work on we knew that the time was soon to come when she would find her forever family.

After a period of time, we were asked to describe Bootsie ~ her achievements, challenges, and her personality. She had quickly become a part of our family and we were not relishing the day that she would leave. However, we acknowledged that this is what we had signed up for and Golden Rescue would find a good match for her. In late November, we were advised that a nice home had been found for Bootsie and she would be picked up by her new family in early December.

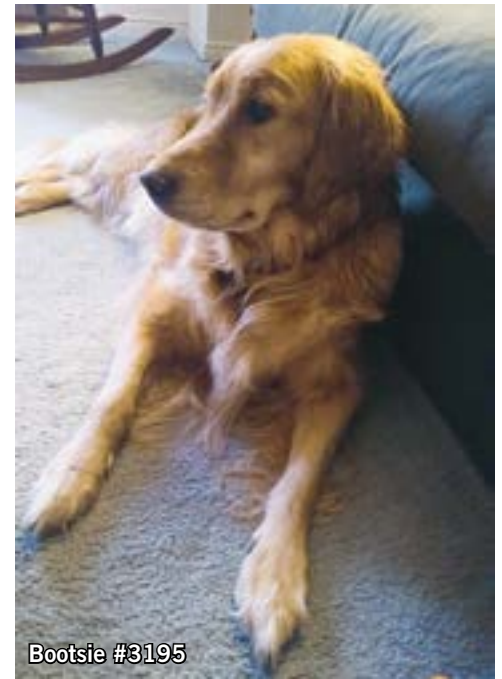
Bootsie's forever home was over five hours from where we lived and on an early December Saturday, her new family made the long trek to our home meet and possibly adopt this special girl. Her new family arrived and we went through the required paperwork quickly so they could start their long drive back home. Knowing Bootsie's personality, I knew she was going to take time to warm up to her new family ~ she had already been through a huge upheaval just a few months ago. She would not walk out the truck so just as I had done when she first arrived, I carried her one last time

to put her in the truck for her long journey. I always said she was like a princess, carried in and carried out.

We were sad to see Bootsie go but we were able to keep busy over the next two days. Two days after Bootsie left, early Monday morning I received a call from Golden Rescue. It was 8:17 a.m. and I was asked, "Glenn, has anybody contacted you? Bootsie slipped her collar Saturday night and she's missing". It was like somebody had punched me in the gut. She had been missing for two nights out in the cold. Bootsie had been sighted by a search party and the new owners but would run away anytime someone approached, including the new forever family. I was asked if I thought Bootsie would come to me if I found and called her and I said, "Yes, I believe so." I called my wife at work and told her what had happened and we decided to drive to Bootsie's new town to see if we could find her. My wife decided to leave work and come with me because she wasn't going to be able to concentrate on work anyway.

I packed a cooler with water and snacks, got our cold weather gear together, packed a knife and compass as Golden Rescue advised me that we were heading into the wilderness. As soon as Linda got home, we headed out on the five-hour drive. The entire drive we really didn't talk much ~ I think we were both praying for a positive outcome.

It was no exaggeration that we were going to a remote area ~ it was quite literally in the middle of nowhere. With the fuel needle on empty, we arrived. We put on our winter clothes and went to get information about Bootsie's sightings. Behind the cabin was a barn with two separate entrances. The doors were open and the barn had a dirt floor, so we thought Bootsie might have been hiding in the barn but there were no paw prints to be found in the barn. So, we headed into the woods. Very soon we saw prints, which we were hoping were dog prints. Some of the prints appeared to be fresh and others were not. We followed the prints for about 30 yards to a spot where the fresh prints split and some went left and some went right. Linda went left and I went right and we went in separate directions. After about five minutes of trudging through the snow, I thought I heard something so I stopped walking and took my hat off so I could hear better. A second later, I heard Linda yell that she found her. I yelled back that I was on my way. Soon I came over a hill and there was Linda with Bootsie. Bootsie immediately came running towards me and jumped up on me, practically into my arms. We walked back to the cabin, all the while Bootsie was jumping up on us and walking back with no leash. I



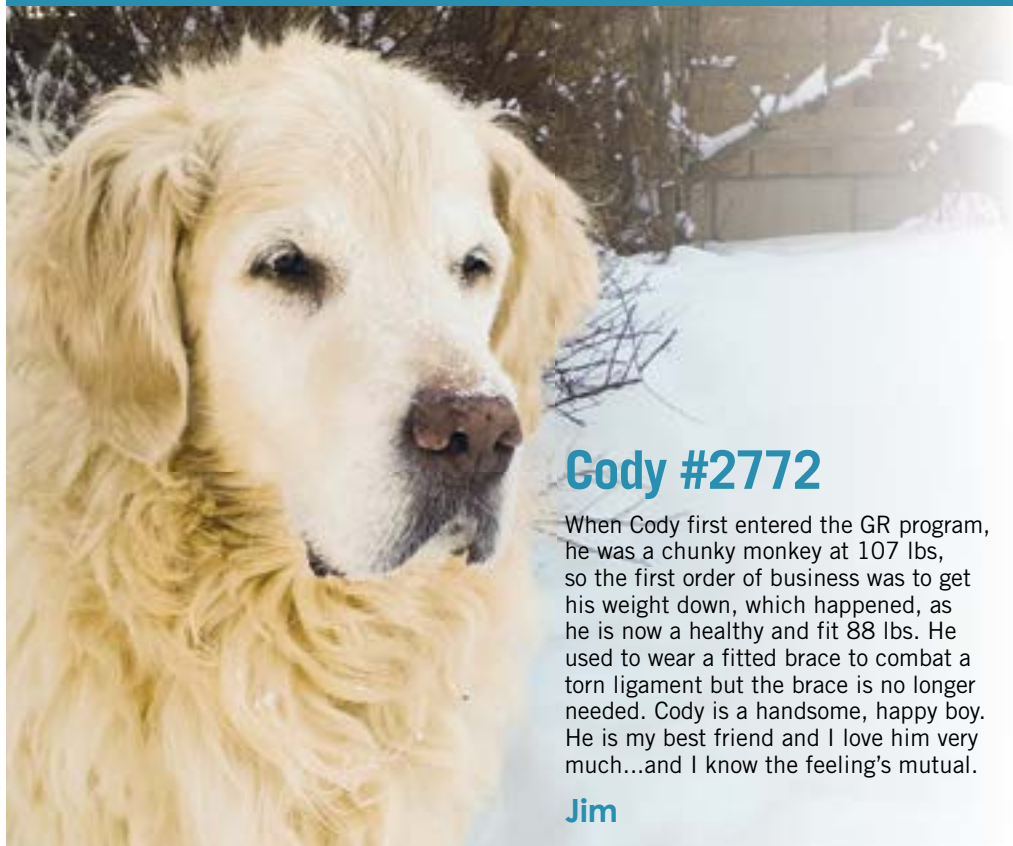
still don't know who was more excited, us or Bootsie. Bootsie was soaking wet so we wanted to get her inside to dry off and warm up and get her something to eat and drink. When we got to the cabin, she wouldn't go up the stairs, so once again she was carried in. We called the folks at Golden Rescue to advise them that Bootsie was found safely. Everyone was beyond relieved. She wouldn't eat but she drank some water and after about 30 minutes, we decided to head home.

Golden Rescue and the forever family had already told us that if Bootsie responded to us, it was a meant-to-be that Bootsie should join our family. She came straight to the car with us and we began the trip home. Bootsie slept the entire five hours. That night, she drank almost two bowls of water so she had been somewhat dehydrated but was otherwise okay. Our entire family felt like Christmas had come early. We were able to find our friend and it was a great end to a long day. We could not thank Golden Rescue enough for their help. We're thankful they called us about Bootsie being missing and giving us the opportunity to find her and have a positive ending. Since she came to us in the woods when we called 'Bootsie' we have decided not to change her name.

Linda & Glenn

Linda & Glen have been volunteers for a short while. Nevertheless, they went above and beyond to give Bootsie her second chance. They truly are Golden Angels and we cannot thank them enough for what they did.

MEET & GREET



Gody #2772

When Cody first entered the GR program, he was a chunky monkey at 107 lbs, so the first order of business was to get his weight down, which happened, as he is now a healthy and fit 88 lbs. He used to wear a fitted brace to combat a torn ligament but the brace is no longer needed. Cody is a handsome, happy boy. He is my best friend and I love him very much...and I know the feeling's mutual.

Jim

Stuart #3255

Stuart arrived in our lives from Egypt and he has had no formal training yet. He has already developed good recall and is great on and off the leash. He loves to play non-stop with his canine cousin, Fern, and one of his favourite things is to go to the barn and visit the horses. He also loves to swim and visit the gym to do his doggie treadmill. He is such a clever boy. Stuart is also a hit with the family cats. Does this boy have no foibles at all? Well, according to the horses... 'neigh'.



Barbara & David



Carmen #3167

Carmen is a beautiful girl and we are perfect together. She is now an Emotional Support Assistant for me and accompanies me shopping and to various appointments. One of her favourite things is riding in the car...so much so that if I take her for a neighbourhood walk, she comes home and sits beside the car door as if to say 'let's go for a drive!' Carmen has a volunteering job with the Ottawa Humane Society through the Brightening Lives program and, together, we pay weekly visits to long-term care facilities where she gets cuddles and kisses galore from resident dog lovers. Bottom line is that Carmen is simply a delight.

Tara



Stan #3155

Stan came out of his crate, after flying here from Istanbul, smiling and wagging his tail and he has never stopped. He had the name of 'Dodo' so I think he was jumping for joy at being given a new name! We think that he undoubtedly knew he had arrived on safe, loving ground and has given that love back tenfold. He is wonderful with people, children, and other dogs. He fit into our routine almost instantly and is a well-known boy in the winter with all his condo neighbours and his cottage friends in the summer. The snow took him by surprise and he sure is fascinated with squirrels. Stan is an important part of our family and we love him dearly.

Elaine

askSADIE



Sadie #2963

Dear Sadie: Why does my mom brush me so much? Is it really necessary? Trixie

Dear Trixie: There are many benefits to regular brushing including the removal of loose fur, dust, and dandruff. It also helps distribute natural oils, keeping the fur looking good and keeping the skin healthy. Brushing helps prevent matting and tangling of fur which can be painful. For long-haired dogs (like us Golden Retrievers), brushing every day is ideal but if that can't be done then go no more than three days for maximum benefits.

Dear Sadie: I get terribly car sick, which is a drag as it's preventing me from going on lots of adventures. Can you recommend something to help with that? Finn #3184

Dear Finn: Car sickness can certainly be distressing! Some dogs respond quite well to Gravol. There is also a veterinary product specifically made to combat car sickness called Cerenia. Your vet should be able to provide you the appropriate dosing for Gravol or a prescription for Cerenia. Also, try not to eat for eight hours prior to travel and don't drink for an hour before. Hope that helps!

Dear Sadie: My dad says that I'm starting obedience school next week. I'm almost a year old and have an IQ of 75 ~ should I beg off? Barney

Dear Barney: There are lot of things to learn at school, regardless of IQ, so I probably wouldn't cancel. Your dad likely wants you to practice a few things such as walking on a leash, sitting on command or come when called ~ recall is a big one

if you want to go on trail hikes and not be leashed...especially if you like to run like the wind. There also might be some issues that need correcting, such as food or toy aggression, barking or biting the leash. It really depends on your situation and what the desired outcome is. The best part is that they give you treats for a job well done so it's not as bad as you may think!

Dear Sadie: What is the difference between regular de-icing salt and products deemed 'pet-safe'? Doesn't it all do the same stuff? Max

Dear Max: Well, sort of. Many commercial products used to salt sidewalks and roadways contain salt or chloride and can be hazardous to dogs if ingested, plus it can irritate our paws. Pet-friendly products can melt salt using a less toxic ingredient called urea, but make sure the label specifically states that it is pet and kid friendly. If you are still concerned, you can go with a more natural product such as sand or kitty litter. Wearing booties to protect your paws is another option.

Dear Sadie: Anytime I jump up on the sofa, I am told to get down. I want to be up there with my other family members and be cozy with them. We are equals, right? So why won't they let me stay up there? Howie

Dear Howie: Unfortunately, you may not win that argument. If your humans don't want you up there, then there isn't much you can do to change their minds. It could be for a number of reasons including wanting to protect furniture, allergies or not wanting to introduce behavioural issues which may come from allowing you

on the sofa. Being redirected to lay on your own bed each time is good way to stop you from going up (even though you don't want to). In time, you will see that even though they may not let you up on the sofa or bed with them, they still love you and think of you as part of the family.

Dear Sadie: I like to wreck my beds. In the last year, my owner has bought me five new ones and although they seem to be getting stronger, they usually end up the same way ~ mangled and torn apart. Is there something wrong with me? Teddy

Dear Teddy: Destructive behaviour, such as chewing up beds, can be caused by a few things including stress-related behaviour or boredom. How to treat it depends on determining the triggers and eliminating them. Do you suffer from separation anxiety or does something in the house make you nervous? Something as simple as leaving a radio or television on while you are alone could help create a calming effect. If your anxiety is noise-related, then try to reduce sounds and stimuli if possible. Move your bed to a quieter room in the house if that helps. If is a case of boredom, you may need more stimulation and an outlet for pent-up energy. Additional exercise and access to dog toys for mental stimulation are recommended. If these don't work then you may want to seek out the help of a behaviourist.

*Happy spring...almost!
Love Sadie x🐾x*



WELCOME TO THE GOLDEN

Bailey #3242

1-year-old male
Adopted by Helen & David

Bella #3004

7-month-old female
Adopted by Bonnie & Ed

Bella #3204

6-month-old female
Adopted by Beverly

Cairo #3235

2-year-old female
Adopted by Barbara & Andrew

Charlie #3241

3-year-old male
Adopted by Brenda

Cooper #3230

2-year-old male
Adopted by Tara & Darryl

Daisy #3223 & Duke #3224

2-year-olds female & male
Adopted by Marilyn & Blair

Dega #3214

4-year-old male
Adopted by Kelly

Diego #3236

8-month-old male
Adopted by Jann

Dory #3225

8-month-old female
Adopted by Amber & Chris

Eddy #3266

2-year-old male
Adopted by Lisa, Ryan & Logan

Frickle #3163

3-year-old female
Adopted by Sharon

Gibson #3212

5-year-old male
Adopted by Deborah & Jeff

Hope #3245

2-year-old female
Adopted by Julie & Robert

Jaxon #3222

5-month-old male
Adopted by Gillian & Mike

Jemma #2816

6-year-old female
Adopted by Julie & John

Jo #3270

7-week-old female
Adopted by Christina

Kestrel #3249

1-year-old female
Adopted by Samantha & Matt

Kikie #3252

2-year-old female
Adopted by Stephanie

Levi #3232

2-year-old female
Adopted by Karley & Brendon

Lola #3145

10-month-old female
Adopted by Jen & Jamie

Lola #3229

2-year-old female
Adopted by Karen

Lola #3243

2-year-old female
Adopted by Barbara & Brian

Lola #3250

3-year-old female
Adopted by Dale & Tom



Micah #3197



Bella #3204



Torrie #3207



Rogue #3208

WILLING WISDOM

Where there's a will there's a way...

Nowadays, there are a number of ways to get your affairs in order to eliminate any confusion that might arise after you are gone:

A 'legal will' usually drawn up by a lawyer with you, the testator, signing in front of a lawyer and two witnesses

The 'do it yourself will' is also popular these days and you can get instruction on-line through a number of different sources. This also need to be properly witnessed but you should avoid having any beneficiary act as a witness to avoid any possible conflict

'Holograph wills' are also being accepted by the courts these days. This is a handwritten

document setting out your instructions. No witnesses are needed but handwriting proof is required to ensure that the will is indeed yours.

It is important to have a will to avoid any confusion or challenges from your beneficiaries. It is also important to keep it updated because things in this busy life we lead change all the time. Although it is not essential to consult a lawyer when making your will, consulting a firm specializing in estate law is by far the safest way to proceed. If you have chosen an executor, whether it be a family member or trusted friend or other agency responsible for the administration of your affairs, it would be wise to advise them

of their appointment and responsibilities. It is also recommended to share this appointment with family.

If Golden Rescue is a charity you have graciously chosen to give money to, please advise us so we can make a record of your generous intention. If you have any questions about the process of including GR in your estate, please feel free to get in touch any time. We would be happy to help and of course we are always grateful that you are thinking about us during your planning. It is also important to declare if you want Golden Rescue to take care of your precious Golden to be sure he/she will be in good and loving hands.

FAMILY



Lucky #3188

10-month-old male
Adopted by Liz & Kevin

Maple #3260

4-year-old female
Adopted by Karen & Phil

Marner #3259

5-year-old male
Adopted by Victoria & Ben

Maxie #3218

7-year-old female
Adopted by Sandra & Marianne

Micah #3197

2-year-old male
Adopted by Andrea & Paul

Molly #3254

3-year-old female
Adopted by Margaret



Maxie #3218

Murphy #3226

9-month-old male
Adopted by Karen

Penny #3246

7-year-old female
Adopted by Audrey

Rayna #3193

6-year-old female
Adopted by Louise & Paul

Ringo #3213

9-month-old male
Adopted by Kim & David

Rogue #3208

7-year-old male
Adopted by Jean & Ken

Romeo #3239

12-year-old male
Adopted by Nancy



Levi #3232

Rose #3238

1-year-old female
Adopted by Noella & Ed

Sam #3231

3-year-old male
Adopted by Gillian

Sassy #3210

7-year-old female
Adopted by Gabriela & Elie

Scout #3234

1-year-old male
Adopted by Cindy

Sofia #3125

3-year-old female
Adopted by Christine & Chris

Sophie #3264

6-month-old female
Adopted by Brenda & Steven



Scout #3234

Stan #3155

4-year-old female
Adopted by Elaine & David

Stuart #3255

10-month-old male
Adopted by Barbara, David & Alexandra

Suzee #3196

3-year-old female
Adopted by Nancy

Tabby #3165

4-year-old female
Adopted by Lynne

Torrie #3244

2-year-old female
Adopted by Lyn



Kestrel #3249

Welcome Home!



Shop & Support! HAPPY SHOPPING!

The GR store is chock full of quality branded merchandise which not only helps our fund raising efforts but, perhaps more importantly, helps to raise awareness of the organization. T-shirts, jackets, hoodies, rain jackets, windbreakers, all in a variety of colors and sizes, have the GR logo, helping us get our message out there. Other items like fridge magnets, bumper stickers, and licence plate holders also help tell our story.

Of course the store also has our stunning coffee table book 'Golden Reflections', high-quality notecards, a set of 4 coffee mugs (16oz), umbrellas plus a number of other gift items perfect for a birthday or special occasion for either your two or four-legged friends. The site is easy to navigate and your order is processed immediately.

WISHBONE
LOTTERY

Dinner for two
**ANYWHERE
IN THE
WORLD!**

GRAND PRIZE

\$30,000 travel voucher + \$2,000 cash

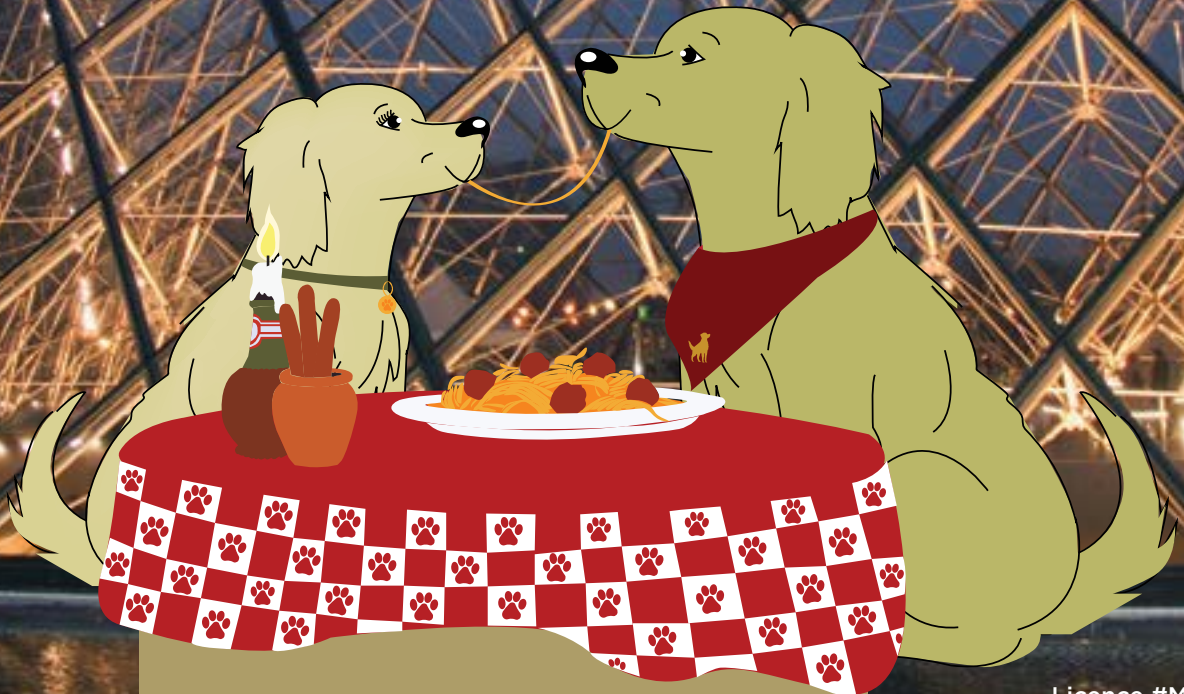
SECOND PRIZE

\$5,000 travel voucher + \$1,000 cash

THIRD PRIZE

\$2,000 Viamede Resort gift certificate

Draw Date: September 15, 2020



Licence #M473896



TICKETS: \$40 each or 3 for \$100 (no limit)
(maximum 5,000 tickets to be sold)

TO BUY TICKETS: email board@goldenrescue.ca or
call 416-657-2445 or 1-866-712-8444

www.goldenrescue.ca (for contest details)

Help us sell lottery tickets to your friends and family. Email board@goldenrescue.ca to help.