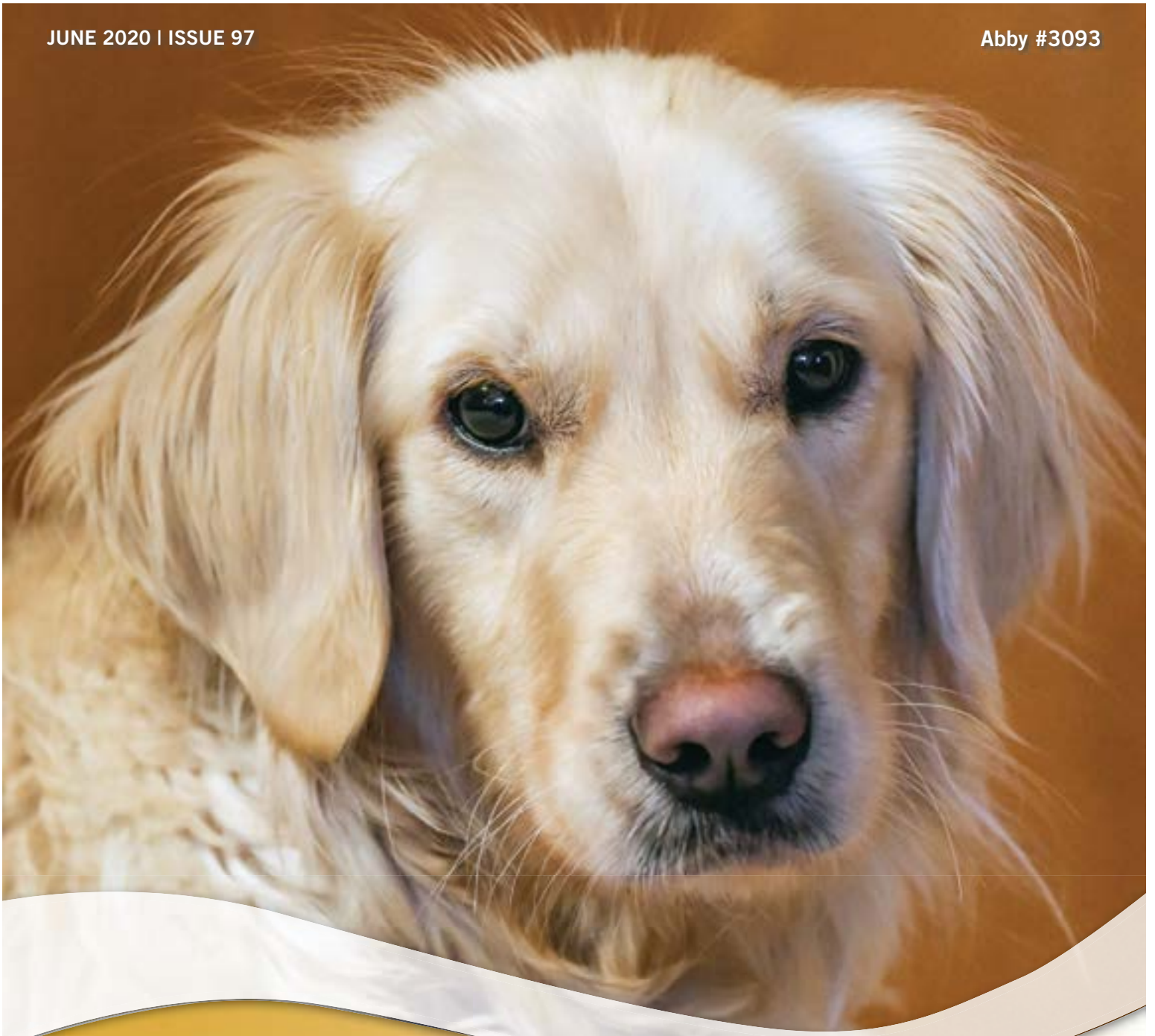


THE GUARDIAN

JUNE 2020 | ISSUE 97

Abby #3093



ARE YOU A
**golden
retriever**
BELIEVER?



WISHBONE
LOTTERY

Dinner for two
**ANYWHERE
IN THE
WORLD!**

GRAND PRIZE

\$30,000 travel voucher + \$2,000 cash

SECOND PRIZE

\$5,000 travel voucher + \$1,000 cash

THIRD PRIZE

\$2,000 Viamede Resort gift certificate

Draw Date: September 15, 2020



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TICKETS: \$40 each or 3 for \$100 (no limit)
(maximum 5,000 tickets to be sold)

TO BUY TICKETS: email board@goldenrescue.ca or
call 416-657-2445 or 1-866-712-8444

www.goldenrescue.ca (for contest details)

Help us sell lottery tickets to your friends and family. Email board@goldenrescue.ca to help.



CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Abby #3097 ~ Abby arrived from Cairo seriously underweight, malnourished, and anemic. This wonderful girl responded well to the care and love she found from her new Canadian family and she flourished ~ from a 37-pound sickly girl to a healthy Canuck weighing over 52 pounds. Abby is now a fun-loving, sociable girl who is loved by everyone she meets. Her favourite things are walkies, bicycling with her dad, belly rubs, and meal time. We have our Alexa programmed to say "Just a reminder...it's time to feed the dogs". As soon as she hears it, she gets excited and stares at us as if to say "Well, didn't you hear her?" Welcome to Canada Abby ~ you're living proof about how important our international rescue program is. **Laurie & Brad**

THE GUARDIAN

June 2020 | Issue 97

Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

A one-year subscription to Golden Rescue's 'Guardian' is \$30 and it's complimentary for monthly donors.

Our address is:

Mailing address: P.O. Box 31026, Barrie, ON L4N 0B3

Physical address (for couriers):

37 Mapleview Drive West, Box 31026, Barrie, ON L4N 9H5

Please consider a subscription to The Guardian for a special friend or relative.

BUSINESS REPLY ENVELOPE (BRE) NOTICE:
 The postal code on our BRE IS CORRECT.

Mission Statement

Golden Rescue gives second chances to Golden in need.

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Golden retrievers prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Golden retrievers who so desperately need our help.

Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.

If you have any comments or suggestions for the Guardian, please email guardian@goldenrescue.ca.

Please note that due to publishing timelines, there may be a waiting period before the acknowledgement of your contribution. We appreciate your patience and will do our utmost to be as prompt as possible. Articles/photos in The Guardian may be reproduced with the express permission of The Guardian team.

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production. A great big THANK YOU goes to Betty James for the design and to Lyndsay Caslick and Michael Gibb for doing the mail-out.

We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.



Betty with Shadow #1342



GOLDEN RETRIEVER

RECENT DONORS:

Your act of kindness and generosity means the world to a Golden in need!

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In honour of Kelly Blaze & Mike Kakuk
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In honour of Uncle Vaughn on his birthday

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In memory of our sweet boy Simba #2088
 Hillary Alton
 Ian Hunter
In memory of Sheena & Sophie
 Ian Thompson
 Jacquelyn Barron
 Jan Krueger
 Jane Allin
 Jane Field & Hilary Dore
In memory of Shelby ~ she lives in our hearts
 Jane Schoettle
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 Janet Hollingsworth
 Janet Ronald

Janice Khachi
 Jay Gula
 Jennifer Peplinski
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 Jennifer Ryell
 Jessica Reeve
 Joan Corbett-Fujiki
 Joan McCartney
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In memory of Mike Kakuk & Kelly Blais' boy Trummy
 Judy Lamont
 Judy Lancaster
 Julie Hendren
 Jurgen Burklen
 Kara-Lee Miller
 Karen Chaiton
 Karen White
In memory of my beautiful Golden Lucy
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 Kate Murray
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 Laura Blair
 Laura Mason
 Laura Wilson
In honour of Charlie #2932
 Lauren Sanders
 Lesley Lanchbury
 Leslie Stocker
 Lily Tam
 Liz MacAlpine
 Liz Schandlen
In memory of Max #2021
 Liz Underdown

Lori's Daycare
 Louise DesLauriers
 Louise Lang
 Lynda Frey
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In memory of Libby #658
 Madison Jedras
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 Margot Morissette
 Mark Lobsinger
 Mario Ciccarella
 Mary Ellen Brett
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 Marylee Davies
 Matt Haddad
 Maureen Hanson
 Maureen Mumford
 Michèle Bazin
 Michelle Lamberti
 Muriel Dupuis
 Nadia Melnyk
 Nancy Beatty
In loving memory of sweet Mr. Bibbs
 Natalie Dorval
 Natalie Metulynsky
In memory of Bear & Laker
 Marni & Marcel Chartier
 Nancy Komsa
 Nancy Silcox
 Nathalie Gigoux
Happy birthday Judy Lamont
 North York General Hospital
 The Gift and Social Fund,
 Medical Imaging
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 Pat Jaskula
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 Paul Haslam

Paws Plus-Nanny for Your Pets
 Peter Floro
 Peter Tarshis
 Raymond Patterson
 Robyne Ahmed
 Ruth Anderson
 Ruth Marshall
 Samantha Read
 Sandra Halyk
 SGI Legal
In memory of Lois Louise Wootton
 Sharon Ciano
 Sharon Lin
 Sharon Rye
 Sharon Sudol
 Shauna Black
 Shereen McLeod
 Stephanie Sanko
 Susan Gold
 Susan Lumbers
 Susan McNeill-Bindon
In honour of Bauer & Echo's mom on her birthday
 Tara Taylor
 Terrence Elik
 Terri Bolster & Lucca
Lucca will miss his best friend Benjamin every day at the dog park
 Terri Pilon
 Tim Reynolds
 Trish Meredith
 Tristan Van Winkle
 Wayne McLellan
 Wendy Elchesyn
 Wendy Santo
 Valerie Mabee & Bunn-O-Matic Corporation of Canada
In memory of Elizabeth (Betty) Davidson
 Viive Tamm
In memory of sweet Shelby



Hiro #3291

Shop & Support! HAPPY SHOPPING!

The GR store is chock full of quality branded merchandise which not only helps our fundraising efforts but, perhaps more importantly, helps to raise awareness of the organization. T-shirts, jackets, hoodies, rain jackets, windbreakers, all in a variety of colors and sizes, have the GR logo, helping us get our message out there. Other items like fridge magnets, bumper stickers, and licence plate holders also help tell our story.

Of course the store also has our stunning coffee table book 'Golden Reflections', high-quality notecards, a set of 4 coffee mugs (16oz), umbrellas plus a number of other gift items perfect for a birthday or special occasion for either your two or four-legged friends. The site is easy to navigate and your order is processed immediately.



ER BELIEVER CLUB



MONTHLY DONORS:

We make a living by what we get, but we make
a life by what we give. *Winston Churchill*

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A GREAT BIG

thank
you

TO ALL
RETRIEVER
BELIEVERS!



THE TRAINING CORNER



The Boomerang Effect of COVID-19 on our Golden Retrievers

COVID-19 has not only changed our lives, but our dogs' lives too. Dogs like structure and schedules; however, their schedules have changed. Initially, they were probably a little confused, but hey, they are Golden Retrievers and they easily adjusted to you and/or family members being home all day.

Many of us are sleeping in and only go out once a week for groceries. Our Golden Retrievers get more walks, though they think it's a little strange that they don't get to interact with other dogs and people anymore. They get more play time, more attention, more cuddling, more treats...this is truly the Golden life!

Even if you are retired, you probably went out without your dog two or three times a week for groceries and doctors' appointments and to see friends, etc. But that doesn't happen anymore.

To put this into perspective, have you ever moved into a new home with your dog? They'll check it out, but when your furniture starts to arrive, there's a level of 'what the heck?' I remember when we moved into our current home with our two Golden Retrievers. We put them in the backyard and Kayla escaped and went running back to our old home. Fortunately, we had only moved a few blocks away. If you've never moved, how about moving the furniture around in a room, buying new furniture or doing some renovations to your home? For some dogs, that's stressful because dogs are creatures of habit.

So, could our return to normal create an issue for our dogs? You bet it can! Life has changed and maybe for our Golden Retrievers, not necessarily for the best. In speaking with my colleagues, we expect to get calls and emails from clients whose dogs unexpectedly develop behavioural issues when the owner goes back to work and the kids go back to school or daycare.

This is where the boomerang effect happens. The boomerang comes back to its original place but with negative consequences. A dog who has never had separation anxiety before may now develop it. A rescue who had been abandoned in the past may think

'it's happening all over again'. Some of the issues that may arise may include defecating in the house, destructive behaviours such as ripping up stuff or chewing furniture, barking, howling or compulsive behaviours like chewing at themselves or constantly scratching. All of these are stress indicators.

Golden Retrievers love to be with their people. Now their people are gone, the house is empty and they don't understand why. Our going back to 'normal' is akin to a new mom going back to work after staying home with a baby or young child. They don't understand that going back to work is normal and staying home wasn't.

They have accepted and love the new normal. They assume it's permanent. But one day we're going to take it away from them, and they're going to wonder 'what on earth did I do to deserve this?' And we all know the answer is 'absolutely nothing' but they don't understand that. They don't understand that we simply went back to normal. So, what can we do to help prepare them for the inevitable?

If your dog is crate trained, chances are you've stopped using it. Now is the time to go back to it. Start with getting them to take a nap in there instead of the bed on the floor or the furniture. Take their bed and put it in the crate to encourage them to nap in there. Start

out with a short length of time like 10 or 15 minutes and gradually build up to an hour or so.

Go out for a walk once a day without your dog. Yes, that's right. They've probably gotten used to going on a walk every time you go out the door. You need to break them of that expectation now before you go back to work.

Take a drive one or two times a day without your dog. Sit in a parking lot for 30 minutes or so. Get them used to you leaving the house in your car and coming back later.

Do everything gradually and build up duration.

The key thing is, expect the unexpected. Just because your Golden didn't have an issue before, doesn't mean they won't develop one. Use this time wisely and prepare your Golden for when life returns to the new normal. And if you discover unwanted behaviours that you cannot 'fix', seek advice/help from a professional.

By Lynda Kitson

Lynda Kitson is the owner of Who's Walking Who Dog Training Centres with locations in Ajax, the Beaches, and Distillery District in Toronto ~ whoswalkingwho.ca She lives with her husband Vaughan and two Golden Retrievers, Star & Augie #2623.



You are invited to
**GOLDEN
RESCUE'S
ANNUAL
GENERAL
MEETING**

**Thursday, September 24, 2020 ~ 6:30 p.m.
Viamede Resort ~ Kawartha Room**

595 Mt. Julian Viamede Road, Woodview, ON K0L 3E0
(1/2 hour north of Peterborough)

Refreshments will be served.

**If you plan on attending, please RVSP to
board@goldenrescue.ca**

PLEASE NOTE: The AGM was originally scheduled for June 18th; however, due to COVID-19 it has been rescheduled for September 24th.





MEET & GREET

Dylan #3276

Dylan's transition into our family was easy and he can be described simply with two words ~ 'absolute sweetheart'. Our gentle and loving boy is a hit everywhere he goes and wherever he goes he is a superstar on the leash. He does have a bit of an obsession with the critters in our backyard that keeps him busy. We are so happy to have him in our lives.

Jennifer & Mike

DONATE • ADOPT • FOSTER • VOLUNTEER

MEET & GREET

Kes #3249

This stunning Mexican seniorita is like the energizer bunny full of energy, curiosity, and joy. Kestral or Kes for short and her Istanbul big brother Zeus are the best of pals. She is very affectionate and smart, passing her puppy classes with flying colours. Her beautiful piercing eyes draw people naturally to her and she loves all the attention she can get everywhere she goes. When she runs, she has speed to burn and fortunately she has great recall. We believe she knows she has found a good family and she shows us her gratitude with her loving nature. She loves to cuddle, her antics keep us on our toes, and she keeps us laughing. We couldn't be happier with our furkids.

Sam & Matt



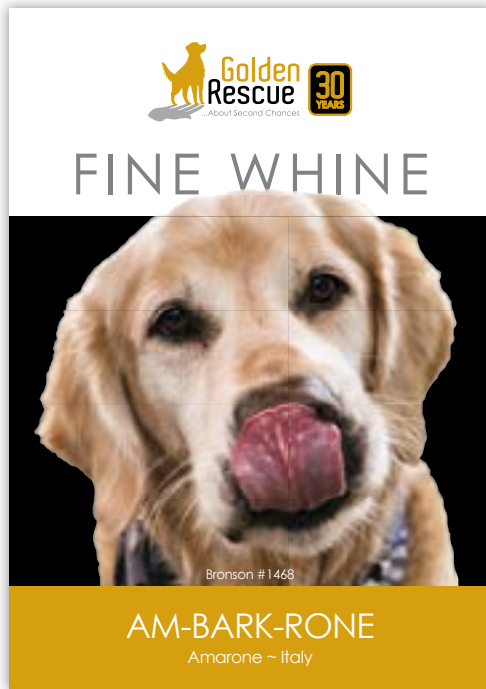
MEET & GREET

Selena #2284

This Turkish Delight arrived at Pearson Airport four years ago and she has changed our lives forever. Of course, Selena's life was forever changed as well. This sweet, sweet soul just shared her fifth birthday with us on April 25th. We want you to know how appreciative and honoured we are to have Selena in our life and family. We are grateful to Golden Rescue for helping us find each other.

Arthor & Sekoiaa





30th Anniversary Celebratory 'WHINE'

Celebrate Golden Rescue's Anniversary over a nice bottle of wine!

We have made three batches of high-quality wines ~ Cabernet Sauvignon, Merlot, and Amarone (90 bottles in all). These beautiful mementos are the perfect way to toast 30 years of rescue. They will be raffled at the picnic.

We have designed three limited edition labels, which are worth saving even after you have enjoyed the contents.

cheers, à votre santé, prost, salud, skal...



Commemorate a Date!

Buy a commemorative date in the 2021 Calendar for your loved ones and support Golden Retrievers in need at the same time!

- Happy Birthday Shadow #1342
- In memory of Bailey #1212
- Happy Gotcha Day Jake #424

Download an order form online or use the enclosed order form.

Cost: \$20 per date or \$50 if you'd like a small photo in the same month (limited spaces available so first-come...)

Say Cheese!

Please share your Golden pictures for future newsletters, our 2021 calendar or for our website and marketing materials.

- Set your digital camera or phone to highest settings (largest size)
- Please don't make photos smaller (or compress them) for email

Please e-mail photos to photos@goldenrescue.ca

Please make sure you tell us who's who and their rescue numbers.

DEADLINE: JULY 1st (dates and photo submissions)

Obedience Training OR Behavioural Specialist?

We often get people wanting to come to class because their dog is lunging and barking at other dogs or people while out on a walk. They assume that teaching the dog to walk nicely on leash will solve the problem. Unfortunately, it won't. In fact, a group obedience class will likely cause the lunging and barking to escalate. That's when we recommend a behavioural consultation.

On the other hand, if a dog is pulling on the leash because they're excited about going for a walk and just want to get everywhere fast, greet everyone they see or chase a squirrel, that's a training and obedience issue.

Obedience training and behavioural issues are two completely different areas of expertise. As a matter of fact, when the Guardian asked if I could do an article on resource guarding, I replied that this would be a subject for a behaviourist as it is beyond my area of expertise as a trainer.

What I can do, however, is explain the difference between the two so you have a better understanding of what your Golden needs.

Obedience training is the term used for teaching your Golden commands such as sit, down, stay, and come. It's also used to train skills such as loose leash walking, scent detection, rally obedience, agility, freestyle obedience, tricks, etc.

Most dog trainers don't have the expertise and experience needed for canine behavioural issues. A good trainer knows his or her own limits and will refer you to a behaviourist, who will be equipped to educate and work with you.

Behavioural issues, generally, are upsetting to the family. These situations can cause stress and confusion. Your dog may be exhibiting separation anxiety, growling or snapping, resource guarding or possessiveness, lunging or barking, destructiveness, poor socialization, etc.

Now, anyone can claim to be a behaviourist; however, professional behaviourists have earned a certificate as an MS, MA or Ph.D. in Canine Behaviour. Some earn additional certifications such as CAAB, IAABC or ACAAB. A good way to look at this is that a canine behaviourist is a kind of pet psychologist.

Behaviourists recognize how and why your Golden's behaviour is abnormal. Good behaviourists are experts in behaviour modification. They also teach you how to understand and work with your Golden. Behaviourists distinguish what is normal behaviour for the breed and what is not. In

addition, they spend a lot of time counseling owners about the way they interact with their dog. They will collect a great deal of information from you before meeting your Golden, then arrange a one-on-one consultation and provide you with a plan of action and follow-up.

There may be any number of things that trigger a behaviour. It is even more difficult when we don't know the Golden's background.

Yes, we may know where they came from... but what was their life like? Was it positive and loving or did they live in fear, steal or fight for food, live confined to a small dark space...or any number of things that we just can't fathom?

Dogs with behavioural issues are overwhelmed and can't cope with what's happening around them. They are stressed, anxious or fearful. Sometimes they'll shut down, but more often they'll lash out.

Here is a key thing I want you to remember... never, ever, ever punish your dog for growling at you (or anyone else). This is your Golden's way of telling you they can't handle whatever they're confronted with. They are

communicating "please stop" or "please move away". When they growl, they are warning you that the situation is stressful and that they are on-edge. The next stage after this often results in a bite. If you punish or stop a dog from growling, they then have no means of warning you that they are beyond their threshold and instead go straight to bite.

It's important that you never force your Golden into a situation that they're uncomfortable with. Learn how to identify when your Golden is stressed by the body language and signals they're exhibiting. The old saying "face your fear and you will overcome it" doesn't apply to dogs. Dogs will either take flight (run to get away from it) or fight.

Unfortunately, not all behavioural issues can be fixed. It takes time and patience to re-shape their brain. Sometimes it can only be managed, but that's a good thing because then you know how to recognize the triggers and how to make life better for them and you.

By Lynda Kitson

Lynda Kitson is the owner of Who's Walking Who Dog Training Centres with locations in Ajax, the Beaches, and Distillery District in Toronto ~ whoswalkingwho.ca She lives with her husband Vaughan and two Golden Retrievers, Star & Augie #2623.

GOLDEN MOMENTS[©]



"Figures, a bucket of toys and you pick rocks."

Golden Rescue 30th Anniversary Picnic



Save The Date

SATURDAY, SEPTEMBER 19TH AT:



Join us for our 30th Anniversary celebration! It will be an action-packed, fun-filled day ~ details to follow soon! It's never too early to RSVP by emailing: picnic@goldenrescue.ca.



Jackson #2766

Golden Rescue's Got Talent

We all know that Golden Rescue has a talented group of supporters and volunteers, particularly talented with rescue. But what other talents lie beneath that Golden loving surface? Well...as we turn 30 years old, we would like to find out what you are all hiding under that fur-loving exterior. At our 2020 30th Anniversary Picnic, we are planning a GOLDEN RESCUE'S GOT TALENT variety show extravaganza that would include:

- Singing
- Comedy
- Magic
- Silly or Amazing Pet Tricks
- Skits
- Poems
- Anything else you are willing to perform

We would like all the 'acts' to be Golden or rescue themed. And there will be no judging.

If we get enough interest, this variety show will be the 'main event' at the picnic. We will video it. We will have copies available for everyone so you can show it your family and friends when they come to visit. The acts will be shared on social media. We will also send a copy to Simon Cowell...just kidding!

Be creative...be brave...and take part in our 30th anniversary festivities. If you're willing to participate (all ages welcome), please email picnic@goldenrescue.ca with what your act will be.

Picnic Help Wanted

Human volunteers are needed for the 30th Anniversary Golden Rescue Picnic. Volunteers are needed for shifts throughout the day from 8 a.m. to 5 p.m. It's a great deal of fun since you will be surrounded by hundreds of Golden Retrievers and their humans who love them.

Please consider donating your time to help us make this special celebration picnic the most successful one ever! If you can help out, please email us at: volunteer@goldenrescue.ca and put 'Picnic' into the subject line. Let us know when you're available and if there's an area you'd particularly like to help with.

We need help with:

- Overall Set-up (Friday)
- General Store
- Silent/Live Auction
- Auctioneer
- Parking
- Registration
- 50-50 Ticket Sellers
- Rovers (for a number of events)
- Gate monitoring
- Tear-down/packing up (Saturday at 4 p.m.)

We look forward to hearing from you and can't wait to see you! Woof-woof!



Sam #3000



Silent & Live Auction

We are looking for items for our auction and would be grateful for your donations so please email sa@goldenrescue.ca. Thank you for your generosity!



MEET & GREET



Roxy #3113

This beautiful girl is definitely a Golden Retriever but Roxy has undoubtedly got Nova Scotia Duck Toller in her. Often nicknamed 'Foxy-Roxy' because of her beautiful fox-like face and fox jumping tendencies, she can bound off all four paws at once and she can really leap high. It took three adoption attempts for Roxy to find the right family but she is now truly 'home'. She is extremely affectionate and smart. Her intelligence is the reason she pushes the boundaries at times but we have her figured out. Roxy loves her spot on the couch next to us but if someone turns on the fire, she is more than happy to doze in front of it. She came as advertised... needing a lot of tough love but the discipline only seems to make her love us more! We are so blessed to have her in our lives.

Candi & Kirk

MEET & GREET



Janie #2874

Our Janie turned five on March 10th. She arrived in Canada from Cairo tired, confused, and extremely underweight (40 pounds). She is now 69 pounds and full of joy, love, and affection. She is healthy, happy, and in love with the world. We are so happy we are her family.

Lisa



Remember that bedtime story your parents read to you when you were a kid? Which one was your favourite? How did it make you feel?

Well, now you can relive those warm, fuzzy, feel-good moments with your children, grandchildren, and maybe even with the big kids in your family with our newest project: Goodnight Golden – Tails of Rescue.

Once a week, beginning in May, our adopters and fosters, together with their rescued Golden, will be reading some heartwarming

rescue 'tails' from our beautiful coffee table book, Golden Reflections ~ a stunning compilation of photos and stories about the beauty of second chances. And you can watch these videoed stories being read through all of our social media outlets including Instagram, Facebook, Twitter and YouTube ~ as a way to say goodnight to your busy day.

So, get your jammies ready and snuggle in for an evening of uplifting stories of hope, love, and precious golden moments. We can't wait to make these stories come to life! Stay tuned to social media for more information.



Gilda #2334



Hiro #3291

GOLDEN MOMENTS[©]



“Hey – trade you!!!”

Guarding

Every species in the canine world has some degree of innate possessiveness towards certain things including food and toys, their humans, and home and/or property. It begins the very day they are born and are competing with their littermates for resources.

There is an important distinction to be made when talking about guarding behaviour in dogs and whether the dog is being possessive towards another dog or towards a human. This is important because some dogs will always be more dominant than others and take on the alpha role in the dog pack as part of the natural order of things. The challenge for us as humans is to make it clear to them that we are the leaders of the pack and not the other way around. This can eliminate a lot of negative guarding issues.

For many years, humans have attempted to breed dogs like the Golden Retriever with less possessive and aggressive tendencies. What has been found is that while the instinct can be inhibited to a large degree with breeding and training, it can still be triggered in extreme situations.

Once this behaviour has been triggered, you can deal with it in several ways, depending on the severity of the situation. If your Golden is already at the point where they are attacking humans over their food bowl, toys, property or to protect you, then I highly recommend you seek out a professional so your Golden can be properly desensitized towards this behaviour in a safe and controlled manner.

Guarding Food & Toys

In the canine world who eats first is very important. It shows the pack members who the leader is and who is running the pack. One thing you can do is make sure that the human leader always eats before and in front of the dog. This may sound mean, but it is in fact showing your dog that you are the leader and, as such, you control the food and they must be patient and wait for theirs. This helps them learn self control and can decrease their guarding behaviour.

Humans can also enable food and toy guarding traits by grabbing items away from the dog and, even worse, right out of their mouths. While it is important to engage in lots of fun and playtime with your dog, we must do this in a fair, calm, and gentle way so that the dog learns to trust us around its food and toys and knows that we are not a threat, yet at the same time respects us as their leader. A dog who has had treasured items taken away from them over and over is likely to become possessive and start guarding.

To prevent food and toy guarding, you can start by feeding your dog in a crate thus giving them their own personal space to eat and at the same time everyone is safe around them. It is important to make the dog sit first before you put the bowl down in front of them, then close the door and let the dog eat in peace.

Food guarding is often linked to toy possession so the following is an exercise you can practice at home with toys to help address both guarding issues. Start with your dog on leash at your left side. Give them their favourite toy and give them a release word like 'okay' in a high happy voice. Do not stare at your dog. It is important for the dog to understand and trust that you are not going to take the item away from them. So, this exercise is based on building trust.

One of the first signs of possessiveness and guarding in your dog is that his or her body will stiffen up. If you see this, start walking the dog forward. The movement will unlock the stiffness. Repeating this exercise builds trust and eliminates the need for guarding toys and food. I recommend lots of short sessions rather than one big one.

Guarding their human(s)

Dogs can also become possessive and guard their humans, which is often enabled by the humans themselves. We do this by treating our dogs like babies. We use baby talk and high-pitched, overly excited voices, which sends the message to the dog that you are weak, lack authority, and require their protection. From the dog's perspective, you are the sheep and need to be protected from the hungry wolf. Most frequently, this guarding instinct is triggered on a walk. They become more alert and on the look out for potential threats. This can take the form of barking or lunging at people or dogs on a walk. As the dog's leader, we can greatly eliminate this behaviour by using the proper leash handling techniques. This includes things like making sure you always remain calm. The dog picks up on our cues, so we need to project a calm and relaxed demeanor instead of tensing up on the leash as others pass us on walks. And just as important is how you walk your dog. Keeping your dog close by your side and on a shorter leash as you are walking by others will help enormously. It will make your dog feel safe and secure as they start to view you as the leader and in charge. It's kind of like telling your dog, "Don't worry, I've got this. I will protect you on this walk." And always be the first to greet other dogs or people keeping your dog behind or beside you instead of out

front. Often people walk their dogs by letting them pull out in front on a tight leash, which brings the dog in closer quarters with others and can trigger their fight or flight instincts. In some more anxious or possessive dogs, this will lead to a strong desire to guard their humans.

A useful tip for if your dog starts to pull and lunge at another dog is, with the dog at your left side, loop the leash behind your back and hold it in your right hand with your elbow straight. Make sure that when you stop, you keep your feet apart so you are balanced and can keep your dog from pulling you off your feet. You will find this a lot easier to reduce unwanted guarding behaviour in chronic pullers.

Guarding home or property

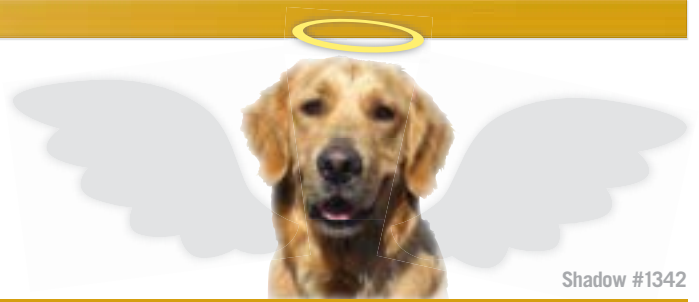
Most dogs are genetically programmed to guard property. This stems from an instinctive desire to protect their dens and pack. Humans can contribute to this unwanted behaviour by leaving their dog out in the yard by themselves for an extended period. Without their humans present to act as the leader, the dog will often take on that role themselves and will start barking and guarding the property. We can eliminate this behaviour by spending more time in the yard with our dog and then if any guarding of the fence or property line occurs, we can deal with it immediately and react appropriately. Some tips include standing between the dog and the fence or property line facing the dog. This can put your dog into a submissive state and significantly reduce their guarding behaviour. You will see this response when the dog sits without being asked or turns and walks away from the perceived threat. What you are doing is showing the dog that you own the property and that there is no need for them to guard it. Another good tip for managing dogs who guard property is to walk your dog on leash around the perimeter with you in between the dog and the fence. Do these exercises often and for short periods regularly and consistently and the dog will get that you own this property so they will not feel the need to guard it.

By Peter Brown



GOLDEN ANGELS

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts.



Shadow #1342



Josée with Macy

Josée Constantineau

Josée grew up with Golden Retrievers. Macy, her current Golden, is the love of her life and she's a beautiful, gentle girl. Josée's love for Golden Retrievers led her to find Golden Rescue online and she immediately offered to help in any way she could. Splitting her time between Montreal and Toronto, Josée has literally helped with almost every facet of Golden Rescue ~ events, transports (with one harrowing transport that gave her a few gray hairs), airport greetings, monthly donations, and home visits. She recently joined the very demanding intake team. Fully bilingual, Josée is translating various marketing materials and portions of our website to make us more accessible to the French-speaking community. Josée's husband, Serge, is very supportive of all her volunteer work and has helped with transports and airport greetings. He has the very critical role as the keeper of the Kleenex as the tears appear when our international Golden Retrievers arrive on Canadian soil or during intake calls. Merci beaucoup to you both! Josée, you embody the best of rescue with your kindness and compassion!



Cathy with Maggie

Cathy Scime

Cathy is a lifetime Golden lover and she has had three wonderful Golden girls ~ Abby, Cassidy, and Zoey. After losing her third Golden Zoey, Cathy, who has been a long-standing Golden Rescue supporter and donor, decided she wanted to also donate more of her time. She has done home visits, transports, and has met many international flights, welcoming new Golden Retrievers to Canada. She is also helping sell Wishbone Lottery tickets and is personally sponsoring some overseas Golden Retrievers. In 2019, Cathy joined the placement team ~ a very, very busy year and she quite literally had placement after placement. Whenever asked, she never says 'no' and she had quite a few difficult placements, including Bubbly #3016, who eventually went to his adoptive family in Virginia. Cathy shines in her new role and we sincerely appreciate her positivity and can-do attitude. Our team and our Golden Retrievers thank you Cathy ~ you are a joy to work with and we are very fortunate to have you at our side!



Laurie with Abby & Bentley

Laurie Beaton

Laurie and her family were introduced to GR when they decided to adopt. They adopted Abby #3093 (who incidentally is on this issue's cover) ~ an international Golden beauty from Cairo. Abby has become an amazing sister to Laurie's other Golden, Bentley. When they met Abby at the airport, it was love at first sight and their tears of joy filled the terminal. Abby and Bentley have become the best of friends and enjoy camping with the family so it's safe to say that Abby immediately became an integral part of their family. Laurie reached out to Golden Rescue to see what she could do to help. Apart from volunteering at awareness and media events, she joined the social media and photography teams and helps with the Wishbone Lottery. Laurie recently did physical-distancing, front-porch family portraits and donated all the money to Golden Rescue. Abby's mom is certainly a huge advocate and a passionate volunteer. We are lucky and grateful to be working alongside you.

THANK YOU
To All Our Golden Angels!



MEET & GREET

Poppy #3112

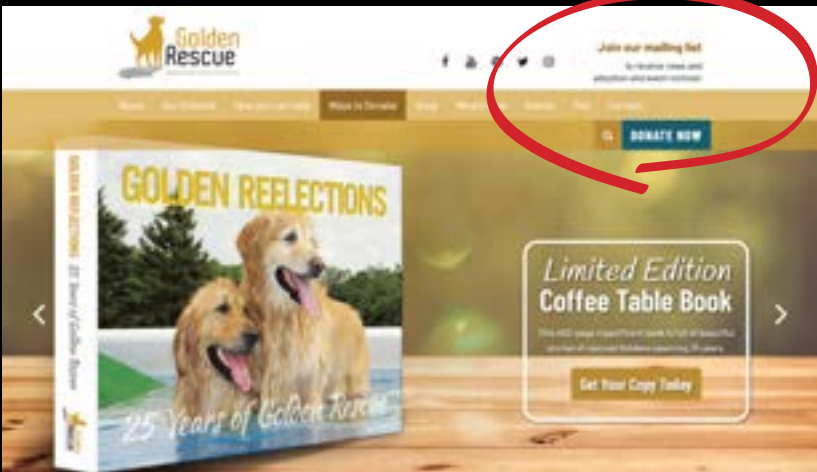
This sweet Egyptian Princess arrived in Canada one year ago as part of the 'Sweet Sixteen' Mission of Love. She came out of her crate with energy and curiosity. Everything seemed new to her ~ houses, toys, peanut butter, leashes ~ practically everything! However, there would be time to figure it all out but she was simply exhausted and slept most of her first day here in Canada ~ she didn't even stir the first night. The next day she met her fur-brother Charlie for the first time. The initial meeting didn't go too well but within a few weeks they were inseparable. Poppy has settled right into Canadian life and she loves her new family and is always bringing boots, shoes, toys, clothes or whatever fits in her mouth to the front door when we come home.

Beth & Scott



DON'T MISS OUT ON GOLDEN NEWS!

JOIN OUR MAILING LIST



We send out regular Adoption Alerts and eblasts for News & Events. Sign up for one or both by going to the website. In the top right-hand corner of each page, click on 'Join our mailing list' and follow the prompts. You will then always be 'in-the-know' about Golden news!

FOLLOW US ON SOCIAL MEDIA



'Like' us on Facebook and 'Follow' us on Twitter, Instagram, and Pinterest to stay up-to-date on what's happening with Golden Rescue. Visit our website and click on the icons to stay connected!

UPCOMING EVENTS

Our events have been postponed for the foreseeable future and we are working hard to put some events on the calendar soon so stay tuned...

If you have any ideas for virtual fundraising events or know of anyone who might be willing to do one for us during this #stayathome time, please email events@goldenrescue.ca.



George #2267

MEET & GREET



Mason #3079 & Riley #3080

May 4th was 'Gotcha Day' a year ago when we were blessed to have these goofy, cuddly, and lovable Goldens join our family. It's hard to remember what life was like before them. They bring unconditional love and a whole lotta hair to our home...and we wouldn't want it any other way. We feel very lucky!

Tracey, Jackson & Charlotte



MEET & GREET

#3254 Molly

Molly came to Canada from Cairo and it took three tries for this beautiful girl to actually get here. The first time the flight was overbooked and she was bumped. She was rescheduled and, believe it or not, her crate was damaged and she was bumped again. Each time, we drove to the Toronto airport from Elliot Lake to meet her and we had to go home empty-handed. Three times a charm but I had to go to the hospital so GR volunteers met and transported her to Elliot Lake, where she is having the time of her life. She did have to get used to the cold and that crazy stuff called 'snow'. Today, Molly is a happy, acclimatized Canuck bringing joy to us and everyone she meets. Don't you just love a happy ending?

Maggie

askSADIE



Sadie #2963

Dear Sadie: I don't know what happened, but lately my humans have been home all day, every day, and it's like a dream come true! I get extra cuddles, snacks, and walks ~ it's much better than being at home alone all day like it was before and I never want it to end! I make sure to show them how much I enjoy them being home by following them around everywhere and being what they call 'extra needy', which to me sounds good, right? Rufus

Dear Rufus: This sounds wonderful, but this may not last forever unfortunately. You may not know this (likely because you can't understand the news...because, hey...we're dogs), but your humans are probably home as a result of the COVID-19 pandemic that is happening globally right now. The government wants everyone to stay at home as much as possible. Your neediness now could be a stress response to the disruption to your normal routine when your humans started staying home. When the virus is no longer a concern, humans will go back to work and not spend as much time at home as they do now. See our article on just this subject in this issue, but enjoy it while you can, Rufus! I'm sure your humans will miss you too when it's back to normal.

Dear Sadie: My fur brother, Charlie, snores so loudly that it sounds like he's sawing wood. Sometimes I wonder if he's getting any air at all. Is this normal? Bella

Dear Bella: Snoring is normally nothing to worry about and could be caused by something as simple as his sleeping position (back vs. side), the common cold or type of dog breed. Some dogs, such as bulldogs and boxers, have shorter snouts which make it more difficult to move air in and out. When dogs sleep on their backs, neck muscles become relaxed and

can restrict airflow, creating that all too familiar buzz-saw sound. More serious issues like a tooth abscess, allergies or obesity can also restrict airways and should be addressed. If you have any concerns, it's always a good idea to check with your vet. If your fur brother falls into the non-serious category, then you may want to sleep in a different room or put him in the workshop with all the other saws (teehee). Good luck!

Dear Sadie: Why do dogs like sticks so much? Ridley

Dear Ridley: Oh...I love sticks too! Sticks, being made of wood, are so easy to chew, they look like bones, and they are readily available making them so tempting. Normally, most dogs will chew and spit out the pieces but some may swallow chunks of wood, which could cause problems ranging from choking to intestinal blockages. Also, be careful what types of sticks you chew. Your humans should watch that you don't chew branches from fruit trees, such as apple and pear, as they contain toxins and steer clear of branches from azaleas, black walnut, black cherry, red oak, black locust, yew, and red maple since they contain poison. As well, a larger stick is a better option than a smaller one as it is less likely to get stuck in your mouth. Have fun and chew away, but be safe!

Dear Sadie: Whenever I get a new toy with a squeaker in it, I feel the need to rip it open and take it out. Toys with squeakers don't last five minutes with me and after I have 'killed' the squeaker, I get bored and never want to play with that toy again. My humans seem upset with me when it happens. Why do I do this? Murphy

Dear Murphy: Unfortunately, you may not be able to control this as it can be blamed on your hunting instincts. You may see these small toys as prey and the sound

of the squeaker triggers your instinct to hunt and conquer, which would explain your lack of interest in the toy afterwards. Others see it as a game to find the source of the noise and when they reach their prize, it's game over. The combination of noise, feel in the mouth, and puzzle challenge makes it very appealing to us. Maybe try to make your toy last a little longer to make your humans happy and be careful not to swallow any parts of it!

Dear Sadie: What causes 'zoomies'? Every now and then, I take off running at high speed, jumping from room to room and it seems to come out of nowhere. And you'd better be careful too ~ if you're in my way I may knock you over! Ginger

Dear Ginger: Zoomies or Frenetic Random Activity Periods (FRAPS) is very common and a great way to release pent up energy! It frequently happens with puppies and younger dogs, but older ones have been known to get them as well. Certain things could trigger it such as being overly excited, a bath or during stressful periods. Episodes don't last too long ~ a few minutes at most, but can be quite entertaining to watch. Just make sure you are in a safe space such as indoors or in a fenced in yard before you let loose. Your humans shouldn't chase you either if they want you to stop as this will only make it seem like a game and will have the opposite effect. If you are finding that you have too many zoomies on a regular basis, adding some stimulating activities to your day may help to tire you out.

Enjoy your spring & summer!

Love & woof-woof

Sadie x  x



MEET & GREET

Dega #3214

As Dega's new family, we were warned about some of the challenges we might face with this sweet boy. He must have really loved us because none of those challenges ever materialized, except for stealing tea towels, which we actually found endearing. Apart from our home, Dega's favourite place is the dog park. This boy has brought nothing but joy to us ~ he makes us laugh every day and we love him to bits.

Kelly

MEET & GREET

Zoey #3209

Zoey loves people, loves to play, and loves to chase squirrels. Her first evening with us, she slept at the foot of our bed draped over our feet...and she was instantly comfortable. You could tell she knew she was 'home'. If one of us has to go to the bathroom in the middle of the night, she jumps onto the vacated spot and won't move ~ she's hilarious. We knew immediately that she was meant to be with us. Zoey runs like the wind and when she stops, she lies down instantly ~ it's really funny to watch. She has brought so much joy to us. This is our first Golden 'rescue' but it won't be our last.

Julie, Victor & Olivia



BALLS OF A CERTAIN SIZE ARE HAZARDOUS

As much as tennis and chuck-it balls are fun to play with, they are not safe. Balls of that size can get lodged in the back of the throat of a larger dog, blocking their airway. And the harder they try to breathe, the stronger the suction and there is no way to dislodge them. It is not far-fetched...Golden Rescue has lost at least two of our Golden retrievers to balls and you may have heard that Oprah Winfrey's Golden, Gracie, died because of a plastic ball lodged in her throat.

The ball itself is not the only choking risk. Some dogs enjoy shredding the yellow-green fuzz that surrounds a tennis ball. Eating this fuzz can lead to choking and intestinal blockages that could require surgery.

If you want something to throw, get an over-sized ball or rope frisbee! Let's prevent further tragedies...throw out all balls of that size or smaller.

WELCOME TO THE GOLDEN FAMILY

Alex #3262

4-year-old male
Adopted by Guylaine & Christian

Angel #3261

4-year-old female
Adopted by Lynda & Don

Annabelle #3247

6-year-old female
Adopted by Alayne

Bailey #3290

4-year-old male
Adopted by Helen & Tom

Beatrice #3284

9-week-old female
Adopted by Angela & Jeremy

Berkley #3253

8-month-old male
Adopted by Correy & Andrew

Bootsie #3195

6-year-old female
Adopted by Linda & Glenn

Buddy #3271

7-month-old male
Adopted by Brenda & David

Charlie #3189

7-year-old female
Adopted by Gail & Berry

Cora #3274

2-year-old female
Adopted by Ann-Marie & Stephane

Dexter #3216

3-year-old male
Adopted by Koko & Negar

Dunder #3240

5-year-old female
Adopted by Michelle & Nick

Dylan #3276

4-year-old male
Adopted by Jennifer & Michael

Fletcher #3289

2-year-old male
Adopted by Andrew

Flicka #3104

9-year-old female
Adopted by Joy

Gem #3205

5-year-old female
Adopted by Bev

Grace #3211

5-year-old female
Adopted by Kaitlyn & Brendan

Henry #3272

9-month-old male
Adopted by Susan & Andrew

Hiro #3291

4-year-old male
Adopted by Janine

Holly #3269

7-week-old female
Adopted by Sharon & Jamie

Jax #3179

5-year-old male
Adopted by Leanne & Ashley

Jilly #3298

6-year-old female
Adopted by Katherine & Jim

Kelly #3288

7-year-old female
Adopted by Kathy & Glen

Lady Marmalade (Marmy) #3237

5-year-old female
Adopted by Wendy

Loki #3285

4-year-old female
Adopted by Rachelle & Ian

Mavrk #3251

1-year-old male
Adopted by Catherine & Mark

Milo #3268

2-year-old male
Adopted by Stephanie & Ron

Molly #3254

3-year-old female
Adopted by Margaret

Moose #3227

9-month-old male
Adopted by Amy

Murphy #2741

1-year-old male
Adopted by Sandra

Mya #3280

9-month-old female
Adopted by Debbie & Tom

Nala #3202

12-week-old female
Adopted by Tracy & Dan

Nikki #3221

7-year-old female
Adopted by Lynn & Pierre

Pippen #3267

2-year-old male
Adopted by Nicole & Liz

Polar #3278

1-year-old male
Adopted by Nicole

Riley #3277

14-month-old female
Adopted by Karen

Ron #3168

3-year-old male
Adopted by Kathleen

Sam #3287

2-year-old male
Adopted by Chelsea & Justin

Simba #3279

3-year-old male
Adopted by Debbie & Tom

Siris #3228

2-year-old male
Adopted by Sean & Devin

Stanley #3301

1-year-old male
Adopted by Lisa & Peter

Striker #3286

7-year-old male
Adopted by Bonnie & Stan

Taylor #3281

9-week-old female
Adopted by Debbie & Mike

Teddy #3180

12-year-old male
Adopted by Doug

Tora #3217

7-year-old female
Adopted by Julia & Les

Torrie #3207

11-year-old female
Adopted by Carmen & Raymond

Tucker #3282

9-week-old male
Adopted by Linda

Walter #3233

3-year-old male
Adopted by Sarah & Darren

Watson #3273

8-year-old male
Adopted by Sabrina & David

Yogi #3257

6-year-old male
Adopted by Teya & David



Torrie #3207



Pippen #3267



Milo #3268



Loki #3285



Hiro #3291

For those working for the love of humanity
thank you!

We appreciate all our frontline workers and on
behalf of our Golden Retrievers, we particularly thank:



Veterinary hospital workers
Pet store staff
Golden Rescue volunteers



You all deserve our eternal gratitude!