

THE GUARDIAN



DECEMBER 2020 | ISSUE 99

Levi #3232



ARE YOU A
golden retriever
BELIEVER?



**Golden
Rescue**

...About Second Chances

THE 7TH WISHBONE LOTTERY

Golden Rescue's 7th Annual Wishbone Lottery was our biggest success ever. We sold 4,835 tickets leaving a mere 165 tickets unsold. This is over 400 tickets more than we have ever sold since the lottery's inception. This record-breaking year netted Golden Rescue over \$130,000 after all prizes and expenses. We want to thank everyone who bought tickets and a heartfelt HUGE thank you goes to our dedicated ticket sellers. What an absolute success because of YOU!!!

Thank You!!!!

GOLDEN RESCUE VOLUNTEERS & SUPPORTERS ARE THE BEST!!!



WISHBONE LOTTERY

Congratulations Winners!

GRAND PRIZE
TERESA OSIKA
TICKET #4930

Dinner for Two Anywhere in the World –
\$30,000 travel voucher + \$2,000 cash

2ND PRIZE
ERIC & KRISTI LUCKETT
TICKET #0979

\$5,000 travel voucher + \$1,000 cash

3RD PRIZE
DR. M. EDELS
TICKET #1912

\$2,000 Viamede Resort gift certificate



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CANADIAN GOLDEN RETRIEVER ADOPTION SERVICE INC.

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The Front Cover

Levi #3232 ~ Levi is a true character who believes that sleeping upside down is way better than right side up. Since arriving in Canada, he has gained 20 lbs. of pure muscle and grown gorgeous fur. He has mastered life off-leash and adventures are his absolute favourite ~ anywhere with water, snow or especially mud. And this Egyptian loves the snow but after his outings, couch cuddles are his second favourite thing. His family says "We just celebrated Levi's one-year Gotcha Day and what a year it's been! It feels crazy and strange that it has already been a year since that emotional airport pickup day yet it truly feels like he's been with us forever. He was certainly meant to be in our family." This photogenic boy is also on the cover of the 2021 calendar.

THE GUARDIAN

December 2020 | Issue 99

Give the gift of gold. Give the gift of love.

The Guardian is the official publication of the Canadian Golden Retriever Adoption Service Inc., a not-for-profit rescue and adoption service for Golden Retrievers.

A one-year subscription to Golden Rescue's 'Guardian' is \$30 and it's complimentary for monthly donors.

Our address is:

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37 Mapleview Drive West, Box 31026, Barrie, ON L4N 9H5

Please consider a subscription to The Guardian for a special friend or relative.

BUSINESS REPLY ENVELOPE (BRE) NOTICE:

The postal code on our BRE IS CORRECT.

Mission Statement

Golden Rescue gives second chances to Golden's in need.

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Golden's prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Golden's who so desperately need our help.

Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.

If you have any comments or suggestions for the Guardian, please email guardian@goldenrescue.ca.

Please note that due to publishing timelines, there may be a waiting period before the acknowledgement of your contribution. We appreciate your patience and will do our utmost to be as prompt as possible. Articles/photos in The Guardian may be reproduced with the express permission of The Guardian team.

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production. A great big THANK YOU goes to Betty James for the design and to Lyndsay Caslick and Michael Gibb for doing the mail-out.

We would like to thank all of our contributing writers and photographers... too many to list. Betty, who loves her furkids, has given up many weekends and evenings to design and assemble this newsletter so that we Golden lovers can read all about the golden world we live in.

Betty with Shadow #1342



A Tail of Two Cities

An interview with Anastassia & Chris ~ adopters of Ruby #3333

"It was the best of times. It was the worst of times." These famous Dickens' words certainly apply to all our lives at the moment. During this international pandemic crisis, it is hard to find good news anywhere but Ruby's story is a wonderful microcosm of Golden Rescue's Mission of Love that would warm the heart of the most hardened of us all. Read what these wonderful adopters said about Ruby's journey from Cairo to Toronto. A true 'tail' of two cities...

Why did you decide to adopt an International Golden? We decided to adopt an international Golden because we wanted the opportunity to completely transform a Golden's life for the better. We knew we could make them feel safe and comfortable and live a fun, exciting, and meaningful life.

We also have been volunteering with Golden Rescue for the past 3.5 years and love the work that they do. We always want to help any way we can and giving a Golden a great life is one of our ways of giving back.

How well has Ruby adapted to current pets in your home? Our senior Golden, Sundae, is nearly 12 years old and we were quite nervous about her reaction to a new (much younger) Golden in our home.

But Ruby was so respectful of Sundae from the minute they met.

It is also clear that she loves Sundae very much. She follows her around and does everything that Sundae does.

Sundae also seems more youthful since Ruby's arrival. She is much more playful and active ~ which is so amazing for us to see!

What sort of funny quirks does Ruby have? She sleeps on her back and snores really loud.

How TINY she is! She is basically full grown but looks like a Golden puppy!

Has your Ruby attached herself to someone in particular? It is quite evident that Ruby finds a lot of comfort in having Sundae nearby at all times.

Can you describe the transformation Ruby has gone through from the time you picked her up to now? Despite Ruby's health conditions and general exhaustion when she arrived, she was always a happy and loving puppy.

Since she arrived, she has gained nearly 10lbs, her energy has improved tremendously, she has learned many new commands, and has gained a lot of confidence. She also gained quite a bit of self-control when it comes to food, as she now understands that she will always be fed.

In the last couple of weeks, she has started growing her Golden featherings and her tail is becoming bushier.

What do you love the most about Ruby? Ruby adapted to us and our life so quickly.

She is so easy going and up for anything.

She is so good with our Sundae and brought youthfulness and playfulness back into her life!

She's had many fun adventures with us, which she thoroughly enjoys:

- Boat to the Toronto Island
- Cottage weekends
- Sunrise canoe ride
- Camping
- Overnight backpacking in Algonquin Park
- Countless hikes and road trips
- BBQ with friends
- A lot of exploring here in Toronto

Ruby is also exceptionally smart. She learned all the basic commands (and a few fun tricks too) at an incredible speed! She loves to learn and will do anything to please us (and to get a treat :)

The most amazing part is that it's clear how grateful she is. She shows us her gratitude and appreciation for everything she has now all the time.

If Ruby could talk, what do you think she would say about life in Canada? I think Ruby would be very grateful for her new humans and Golden sister as well as her comfy bed, all of her new toys, her tasty food and treats, and fun adventures.

I think she would also send a HUGE thank you to Golden Rescue and the shelter in Cairo for saving her and her best friend, Bentley, and would encourage all of us to make sure Golden Rescue can bring more Golden's like her to Canada :)

Can you describe what rescue means to you and your family? People frequently say to us that Ruby is so lucky for her change of fate, but we feel that we are the lucky ones!

We have fostered seven rescues over the past year (some of which were very challenging) and we feel that we were rewarded with a perfect angel! We could never imagine adopting a rescue that would be such a perfect fit for our family (and right from the start!)

We are also very appreciative of Golden Rescue and all of the volunteers who made it possible for us to welcome Ruby into our home. We know how much time and energy goes into making the events, fundraisers, and rescue missions happen...and we can't thank you enough for your dedication and passion for helping Golden's in need.



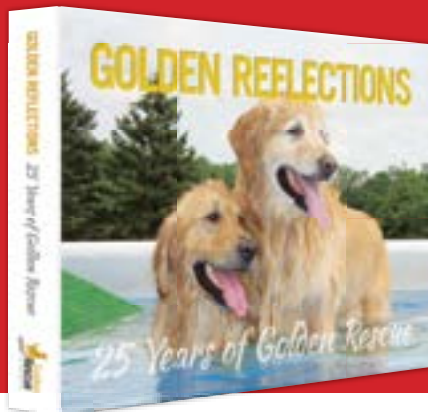


Exciting New Times for our NEW & IMPROVED GR Store

We are in the process of moving our online store in-house. This will simplify the buying process, streamline and speed up deliveries, and give us Golden buyers more selection. We are very excited about this change but we ask you to bear with us until we make the necessary changes. Our online store on our website will be shut down temporarily. We are sure it will be worth the wait.

In the meantime, if you would like to buy any of the following items for yourself or for the holiday season, please email grstore@goldenrescue.ca and our special elves will be happy to help you shop. Here's what we have available right now...

- Golden Reflections ~ our spectacular coffee table book
- 2021 calendars
- Masks (3 colours ~ beige, gray, blue)
- Mugs (with hilarious cartoons)
- Xmas cards (with 'golden' holiday messages)
- Bandanas for our Golden Retrievers (various colours)
- Kids t-shirts with 'Rescue is my favourite breed' (various sizes)
- Baseball caps ~ various colours + bright yellow 30th anniversary caps
- Bone magnets
- Dog bowls (collapsible/silicone)
- Poop bag holders
- Blank note cards (beautiful quality)
- Water bottles
- Licence plate frames



Annual Subaru Car Wash/BBQ Cancelled BUT...

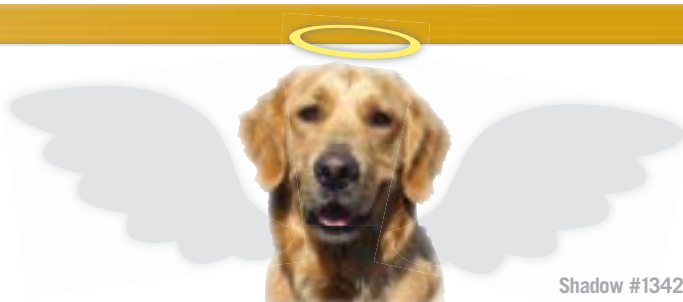
Bay Subaru in Belleville sponsored a great car wash/BBQ fundraiser for Golden Rescue last summer and this was to be an annual event. Troy, the manager of Bay Subaru, supplied all the food and labour for the event and even the three car washing lads donated their earnings back to us. The event raised over \$1,100.

The fundraiser this year was cancelled due to COVID; however, Troy presented a cheque for \$1,000 in lieu of the event to Joe and Cynthia Howe and their beautiful Golden, Jenny #2667. Thank you, Troy and Bay Subaru...you're the best!



GOLDEN ANGELS

In each and every issue, we'd like to recognize some outstanding volunteers. Here, you will meet golden angels with golden hearts.



Shadow #1342



Lynn with Chief #3345 & Chase #2469

Lynn Allan

Lynn has loved Golden Retrievers all her life. After losing her first rescued Golden, Crew #1616 in 1999, Lynn wasn't ready to adopt but wanted to help Golden Rescue in his memory, so she signed up to volunteer wherever needed. She joined the Facebook team and also helped with website updates, home visits, and transports. She also helped with fundraising initiatives and organized events such as Paint Nite. She is a key member of the placement team by posting all the adoption alerts and by sending out weekly adoption eblasts. She has recently taken on the responsibility of creating and scheduling the majority of our eblasts. Lynn adopted her second rescue Chase #2469 in 2015 and has just recently adopted Chief #3345 ~ one of the Cairo 24-karat Golden Retrievers. Lynn's Chase and Chief are also featured in this issue so you can read more about them. We are so fortunate that Lynn's love of Golden Retrievers lead her to us. Thank you, Lynn, for your passion and compassion for our Golden Retrievers!



Brittany & Steve with Austyn & Chloe

Dr. Brittany Dunlop

Doctor Brittany is a foster superstar. After being introduced to Golden Rescue three short years ago, she has already fostered five Golden Retrievers, including our infamous Flyer #3293. Brittany grew up with Golden Retrievers as her mother was a responsible Golden breeder, so she always had four or five Golden Retrievers living in her home. She loves all animals and her chiropractic vet practice specializes in horses and dogs, although she admits she is biased towards Golden Retrievers ~ lucky us! Brittany and her husband live at home with a virtual menagerie of two dogs (one, a Golden, of course) and three cats and they are expecting their first child in April ~ congrats! Apart from her medical expertise, Brittany is a seasoned obedience trainer, so any Golden lucky enough to be fostered with her can be ensured of fantastic medical care as well as behaviour training, if necessary. Thank you, Brittany ~ we are so very fortunate to have you at our side.

Golden Adopters

We have hundreds of new Golden adopters every year. Last year, in fact, we had 316 families who gave our Golden Retrievers their much needed second chance. These special angels take a leap of faith every time they adopt one of our Golden Retrievers in need. As much as we try our best to understand each of our Golden Retrievers, we never know for sure what their story was, so our adopters need to prepare for any eventuality, particularly with our international Golden Retrievers whose histories are scant, to say the least. Most of the time, our rescue stories have a happy ending but occasionally our adopters face challenges no one expected. But that is life in the world of rescue. That's why we so appreciate our adopters who step up. You are now all over Canada ~ from B.C. to the Maritimes and it does our hearts proud to know you are out there as Golden Rescue ambassadors. Thank you for welcoming these Golden Retrievers into your hearts and home!

Thank You
To All Our Golden Angels!





If you would like to donate something
(new items only)
please email: sa@goldenrescue.ca



Coming soon!
Online Holiday Auction

The auction will open
Friday, December 4th at 9 am
and will close
Sunday, December 6th at 9 pm.

<https://bit.ly/3280nQ2>



MEET & GREET

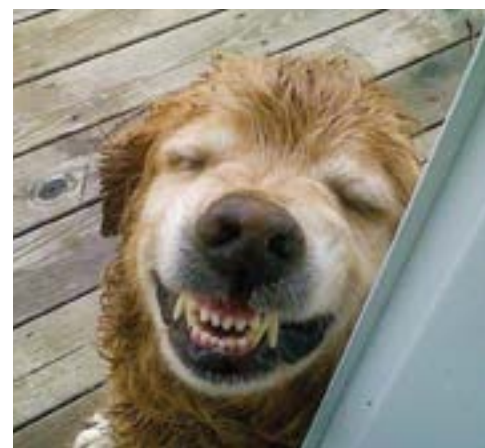


Nala #3202

Our dear, sweet Nala is living her best, much-loved life with two acres to run around on, a lake to swim in, and a family that adores her. Along with her 11-year-old Golden brother Ezra, she loves to go on the boat and all we have to do is get her life jacket and she runs to put it on and then runs straight to the boat ~ so cute to watch. She has a bit of trouble with her joints, which my husband, an orthopedic surgeon, watches like a hawk to ensure we maintain her weight and foreleg strength. She recently became a movie star on CBC Ottawa for their 'Friday Smile' where they showed this picture of Nala on the boat. What a superstar. What a snuggle puss. What a love.

Tracy

Dear Santa:
I can explain...



2021 Golden Rescue Calendar!

Order yours from the GoldenRescueStore or use the enclosed form!



COVER GOLDENS:

Levi #3232
Max #3032

MONTH GOLDENS:

Abby #3093
Bea #3284
Daisy #2910
Finlay #2889
Fozzie #2601
Max #2780
Molly #3078
Murphy #2724
Pippen #3267
Rogue #3208
Sully #3173
Winky #3128

ALL OTHER GOLDENS:

Annie #2111
Bauer #1297
Bauer #2796 &
Echo #2797
Bentley
Bibsy
Buddy #2624
Charlie #2675
Chauncey #1132
Clancy #2056
Cooper #2224
Daisy #2910
Dexter #1802
Emma #2937
Fiona #2982
Fozzie #2601
Frickle #3163
Gracie
Gubs #1849
Hunter #2897
Jacey #2529

Jack #3142
Jake #424
Jakey #2445
Jasper #2426
Jax #2564
Jessy #2953
Jewel #2839
Laila
Layla #1137
Levi #3232
Luna #1620
Maggie #1622
Malik #2643
Manny
Marigold
Marshall #3129
Max #2312
Max #2829
Max #2939
Molly #3254
Moose #3227
Niko #2633
Oakley #2071
Phoenix #1569
Piper Pickles
Rannoch
Riley #2666
Ringo #3213
Saima Pickles
Sam #3000
Shadow #1342
Simon
Sonja #2371
Sophie Tucker #2263
Suzie #3156
Treble
Wrangler #1877
Zehra #3123
Zoey #1526
Zoey #3209

MEET & GREET

Sam #2968

Our lovely, quiet boy came from the streets of Istanbul. Even though the Bosphorus runs right through the middle of Istanbul, Sam must never have been exposed to water because he is not a fan of water. It is unfortunate because we have a lovely cottage on Georgian Bay and Sam just won't go in...no way, no how! The good news is that he loves the boat. Regardless of not liking to swim, Sam has fit into our lives beautifully.

Petey & Joy



Separation Anxiety

Separation anxiety in dogs is a common issue that many dogs deal with and one that can lead to a number of unpleasant behavioural traits including barking, pacing, whining, destructive behaviour when left alone, housebreaking problems, and a dog who shadows their owner everywhere. Some or all of these traits combined are signs of separation anxiety in dogs.

Dogs that exhibit these traits typically have either been severely neglected or conversely have been with someone 24/7 almost exclusively. You see a lot of separation anxiety in rescue dogs as a result of the frequent change in environments they are subjected to. Socializing the dog to a crate or dog bed is a highly beneficial first step in eliminating separation anxiety and gives the dog a calm and safe spot in the home that is just for them. Using the crate is also an important training tool because it allows you to practice having the dog not follow you and remain calm and relaxed while you leave the room.

In cases of neglected dogs, spend more time on bonding, establish a regular training routine with lots of short, positive sessions, and use your crate or dog bed when you leave.

If the dog is destructive, then use your crate when you leave the house. With training and over time, you can work towards replacing the crate with a dog bed.

Let's go over an exercise that you can use with your dog to help them get comfortable with their crate, which in turn is a crucial tool for eliminating separation anxiety in your dog.

Some important things to keep in mind during this exercise is to keep the leash on the dog at all times and to make sure that the crate is always positive for the dog by placing it in a central room like the kitchen. You can also place a favourite toy or blanket in the crate with the dog, as long as they are not destructive and don't eat them. Eventually, you can work on replacing the crate with a dog bed so make sure you select a location where you would like the dog's spot to be.

Crate Training Exercise:

When introducing your dog to the crate for the first time, approach it with your dog on the leash. Crouch down and insert your hand into the middle of the crate and place it flat on the bottom. Don't tap your hand ~ just hold it still and stare at it. Do not look at your dog. What you are trying to do here is engage the dog's curiosity in what you are doing and what you are looking at.

With your peripheral vision, read what your dog is doing.

They will either walk up curiously and investigate the crate or freeze and refuse to go forward.

If they freeze, slide an arm under their hips and gently lift their hind end up just a little. Lean forward slightly so their paws step naturally into the crate thus encouraging them to walk forward in on their own. This may take some time so don't rush it.

Once your dog is in the crate, they will either turn and accept the crate (i.e. sit down and relax, maybe sniff around, and investigate curiously) or turn and try and leave immediately.

If your dog tries to leave, use the leash to bring them back into the crate. They may attempt to leave more than once. After each attempt, stand up tall like a soldier and take a deep breath ~ two seconds in and four seconds out. Often you will see the dogs body language relax as you exhale. At some point, your dog will give up and sit or lie down in the crate. At this point, give them lots of calm, gentle praise. You can also massage the dog around their chest, neck or ears to provide positive reinforcement for them being in the crate. Avoid talking to the dog, especially in a loud excited voice or making eye contact so you don't over-stimulate them and bring their energy up too high.

Once they are comfortable being in the crate, you are going to start testing them with distance by taking one step at a time away from the open crate door.

Avoid direct eye contact with them during this exercise. Keep your dog in your peripheral vision only. Direct eye contact will invite the dog out of the crate towards you and reinforce its separation anxiety making your job harder.

If your dog motions to get up and leave the crate while you are moving away, then quickly step back in front of the crate snapping your fingers at the open door. If they slip by you and leave the crate, then pick up the leash and walk them back into the crate. Then return to the soldier stance (tall posture and slow, regular breathing). Do not step away from the crate until the dog returns to its calm, relaxed state. This can take time and requires a lot of patience.

Once you are confident that your dog's separation anxiety is getting better, you can start to replace the crate with a dog bed. To transition to the bed, use the same steps as when you started crate training your dog.

Practicing crate training with the door open makes it easier to transition to the dog bed because they learn that it's not the door that is keeping them inside.



Once your dog is able to remain in their crate or dog bed in a calm and relaxed manner while you are in the room but a few steps away, then you'll want to test their reaction when you leave the room completely.

Start by taking a step out of the room so your dog cannot see you. Be ready for the dog to follow you.

If your dog steps out of the crate or off the dog bed to follow you, pick up the leash and walk them back to the crate/bed.

When they are back where they are supposed to be, stand tall and do your breathing again (soldier stance). Your posture and breathing are crucial to show your dog your expectation of a calm and relaxed state-of-mind.

Do not walk away until they turn, lay down, and relax.

Be patient throughout. Eventually you will expand the testing so that you can leave them on the dog bed or in the crate and be anywhere on your property. Test one step at a time systematically as you go. The end result of this exercise is to teach your dog to be calm and relaxed when you are not present thus eliminating separation anxiety that results in negative traits.

By Peter Brown





GOLDEN RETRIEVER

RECENT DONORS:

If you have the ability to save a life, do it and make a difference!

Alen Schiller
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 Alexia Di Perno & Salty Pup Company
 Alison D'Atri
 Alyssa Lamanna
 Amanda Duckworth
 American Pickers 10 Prod. Inc.
 Andrea Heatherley
 Angelina Mason
 Anita Mercier
 Anne McBain
 Anysia Po
 Arthur Broun
 Audrey Soares
 Austin Peck
 Barbara Anzman
In honour of Archie
 Barbara Durand
 Barbara Palmer
 Barbara Szelinger
 Bari Bryant & Marv Hart
 Bob May
 Bonni Vogel
In memory of my beloved Simcoe
 Bonnie Copeland
In memory of Jackson
 Branka Pejic-Karapetrovic
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 Carmen Anderson
 Carole Moore
 Carol Pope
 Carol Weale
 Carole McPhee
 Caroline Demers
 Caroline Teigne
 Carolyn Wheeland
 Casey Phillips
In loving memory of Calvin
 Cathy Wiese
 Charlotte Wilson
 Christine Dunn
 Christine Buuck
 Christine Hill
 Christine Smith
In memory of my husband's cousin
 Christy Licata
 Cynthia Howe
 Cynthia Magill
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 Elizabeth Watling
 Eva Swiezawska
 Faith Stewart
 Figen Dalton
 Gale Ryckman
 Gerrie Grainge
 Gillian Forth
In memory of Patricia Forth
 Ginette Cochrane
 Gisele Gunderman
 Gregory Moore
 Helene Savard
 Henry Anzarouth
In honour of our Cairo Golden Oscar
 Hettie Reilly
 Ian Thompson
 Jacqueline Potter
 James Barker
 Jamie Pustil
 Jane Allin
 Jane Taylor
 Janet Casey
 Janet Whitty
 Janice Goth
 Janice Vervaeke
In memory of my two beautiful Golden girls Lucie & Jayda
 Janine Whalley
 Jared Dicks
 Jason Death
 Jay & Debbie Gula
 Jean James
 Jean Wilson
 Jennifer Stuckey
 Jenny Chiu
 Jenny Gaudet
 Jill Ardern
 Joanne Turpin
In honour of Madison, Cooper & Piper
 Joe Cousins
 Johanna Urquhart
In loving memory of Jimmy Urquhart
 John Mattioli
 John A Stalker
 John Black
 John Burton
 John R. Milnes CA
 Professional Corp
 Joy Cairnie-Sorensen
 Judy Lancaster
 Julia Hrecinic
 Julie Hendren
 Julie den Ouden
 Kallista Leonardos
 Kara-Lee Miller
 Karen VanPuymbroeck
 Karen White
In memory of my beautiful Lucy

Karl Wulf
 Kate Brown
 Katherine Haas
 Katherine Thomas
 Kathleen Marr
 Kathryn Bracken
 Kathryn Scott
 Katie Ivanchuk
 Katrina Grant
 Katy Fata
 Kelly Chenoweth
 Kelly McAlpine
 Kelly Obrien
 Kevin Fellner
 Kimberley Tompkins
From Tucker, Willow & Uncle Denny
 Kourosh Ahani
 Larry Corrigan
In gratitude for Andy Devin #2269
 Laurie Caldi
 Leanne Wiese
In memory of Oakley
 Lee-Anne Wilson
 Lesley Rosenthal
 Linda Hunt
 Lindsay Maksymchuk
 Lisa Egan
 Lisa Yukich
In memory of Nickel (Buddy #1926)
 Liz Schandlen
 Lloyd Nesbitt
 Lori Ireland & Square Feet Design Group Inc.
 Lorraine Kirby
 Lorraine Furness
 Lynda Scott
 Lynda Frey
 Lynn Claney
In memory of Chelsea
 Marilyn Holmes
 Marilyn Russell
 Marisa Vertolli
 Marjolaine Kirk
From Maya (Taylor Swift #2488) ~ I have been in my forever home since 2016, very happy and thanks to you
 Mark Winkler
 Marlene Wolfer
In memory of Bandit
 Marni Chartier
 Mary Monopoli
 Mary Seto
 Mary Statler
 Mary Young
 McKenzie Scott
 Melanie Elms
 Melodi Zarakol
 Merla McMenemy
 Michael J. Duggan
 Mileidys Gonzalez Prieto

Monty Smith
 Murielle Hayward
 Myriam Farley
 Nancy Leask
 Nadia Melnyk
 Nancy Johnston
 Nancy Kilmurry
 Nancy Martin
 Nathaniel Sukhdeo
 Nicole Guilbault-Peacock
 Nina Laurecot
 Pamela Baker
In memory of my beloved Arthur, Tasha, Baxton & Sandy
 Pat Jaskula
 Peggy Leung
 Penny Debus
 Phil Booth
 Puangpaka Armstrong
 Rachel Robert
 Raymond Patterson
 Renee Kessler
 Robert Low
 Ronald T. Russell
 Rosanna Gatto
 Rosemary Off
 Rupa Biswas
 Russell Henry
 Sandra Cameron-Jacques
 Sandra Peck
 Scott Crozier
 Shareeka Nagil
 Sharon Quick
 Sharon Stewart
 Sherri Utter
 Sheryl Chow
 Helena
I am six years old. I like Golden. I would like your Golden to find homes. I want a Golden too. I want you guys to be happy. Maybe some money would help.

Sterling Monster
 Steve Lehto
In memory of Tucker
 Steven Vandal
 Susan Maxwell
 Susan Branston
 Susan Healy
 Susan Neill
 Susan Vertolli
 Talaedra Symrstar
 Tanith Linwood
 Tanya Hallam
 Tara Bailey-Taylor
 Tara Livingstone
 Teri Truong
 Tim Reynolds
 Tracey Clausi
 Trish Slater
 Valerie Keough
 Vanessa Lee & Cruise Strategies Ltd.
 Victoria Miranda Denning & Paws Plus
 Viive Tamm
 Wendy Santo
 Wini Chiu

In loving memory of Joanne Sanajko

Anna Michieli
 Brittany Garden
 Carol Port
 David Perry
 Joann Beattie
 Kelli Gatien
 Roxanne Beale

In loving memory of Oban #2152

Monica & Chris Fralick held a fundraiser in memory of their sweet Oban, who crossed the Rainbow Bridge on September 21, 2020. Collectively, they were able to raise enough to help sponsor two precious souls ~ one from Istanbul, Olivia #3359 and one from Cairo, Okiefe #3340. Welcome to Canada! Thanks to everyone to donated in Oban's memory. Run free now, Oban, you done good little man.



OBAN #2152



OKIEFE #3340



OLIVIA #3359

ER BELIEVER CLUB



MONTHLY DONORS:

Alone we can do so little; together we can do so much. *Helen Keller*

Chelsie Abraham
 Robyne Ahmed
 Jane Allin
 Shae & Richard Alton
 Carmen Anderson
 Colleen & Keith Anderson
 Ingrid Andrejsons
 Stephanie & Kevin Backer
 Esther Backler
 Jane & Geoff Bainton
 Joni Baran
 Val Barker
 Deborah Barnett
 Bev & Ross Bartlett
 Mary Bayliss
 Lynn Bearden
 Nancy Beatty
 Guylaine Belanger
 Sandra Bell
 Mary Bellinger
 Gabriele & Steve Bennett
 Andy Bernans
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 John Black
 Betty-Ann & Mike Blackwell
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 Diana Boehm
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 Laurie Buchan
 Claudia Buibas
 Sherri Bullen
 Gwen & Chris Burgess
 Jurgen Burklen
 Kim Burns
 Rachel & Don Burrows
 Belinda Butler
 Robert Cameron
 Janice Campbell
 Sam & Matt Campbell
 Val Cao
 Heather Cartwright
 Joanne Cartwright
 Victoria Catella
 Dana Caverly
 Amy Chan
 Marianne Chant
 Gloria Chapin
 Valerie Charnetska
 Richard Charron
 Conrad Cheong
 Cris Chiaromonte
 Jenny Chiu
 Wini Chiu
 Stuart Church

Brigitte Cimino
 Dougal Clark
 Joanne Cliffe
 Jake Cormier
 Sharon Cousineau
 Joe Cousins
 Chantel Cox
 Sherry Cox
 Ricki & Chris Crothers
 Janet Culbert Ferguson
 Pamela Dalton
 Carol Davidson
 Julia DeBoo
 Fay deMelo
 Andrea DiCicco
 Marie Diks
 Dan Diver
 Jacqueline Dooks
 Hilary Dore
 Natalie Dorval
 Wanetta Doucette-Goodman
 Shaun Drake
 Anastassia Duncan
 Lori Anne Dunn
 Elizabeth Durie
 Riya Dutta
 Carol & Brian Ecker
 Jane Edward
 Melissa & Peter Ennett
 Patricia Enright
 Pam Erskine
 Jackie Esmonde
 Gisel Fernandez
 Patricia Flemming
 Peter Floro
 Robert Ford
 Margaret E. Fox-Revett
 Monica & Chris Fralick
 Sandra Frost
 Caroline Fusco
 Susan Gannon
 Steve Gatto
 Heather Gilboe
 Patricia Gilchrist
 Dean Gilham
 Wendy Gillespie
 Patricia Gill
 Dale Goddard
 Janice Goth
 Heather Grant
 Gabriela & Elie Grinberger
 Margaret Guest
 Mary Guthro
 Kelly Hackett
 Mark Hampson
 Maureen Hanson
 Gail Harrison
 Margo Harrison
 Susan Harrison
 Carolyn & Alan Hart
 Pat Hart
 Barbara Heaps

Valerie Heerema
 Julie & Kerry Hendren
 Gillian & Mike Herron
 Kimberley Hibbs
 Kayren Hill
 Marie & Art Hill
 Sarah Hoag
 Edith Hollingsworth
 Cynthia & Joe Howe
 Shirley Hurd
 Elizabeth Hurley
 Catherine Ishmael
 Janemarie Isnor
 Ingrid Jacobson
 Jake, Connor & Crew
 Pat Jaskula
 Brittany Jennings
 Jody Johnson
 Marc Jones
 Susan Joyce
 Diana Jubb
 Erin Jupp
 Cyrus Kakalia
 Annie & Kevin Kaposy
 Sue Kazienko
 Natalee Kazor
 Sharon & Gary Kelly
 John Kennedy
 Kari Kerr
 Janice Khachi
 Karen & Bruce Kilpatrick
 Brenda King
 Pat Kirby
 Lynda & Vaughan Kitson
 Adrian Kuakowsky
 Eleanor Lackey
 Anita & Dennis Ladd
 Ivy & Alfred Lam
 Anna Lapierre
 Diane Larsen
 Deborah & Robert Lavallee
 Patty Lechten
 Kathleen & Scott Lee
 Briana Leger
 Jillian LeGros
 Mavis & John Lenhardt
 Paul Lethbridge
 Peggy Leung
 Roy Lindsay
 Barbara Lonsbury
 Kimberly Mack
 Nancy MacPherson-Balfour
 Barbara Mako
 Lindsay Maksymchuk
 Leila & Earl Marshall
 Nadine & John Marshall
 Leslie Marshall
 Patti & Harry Matheis
 Cynthia Mazur
 Bev Mazza
 Sara & David McAllister
 Fred McArthur

Harriet McCabe
 Joan McCartney
 Kim McConery
 Karen McCordick
 Mavourneen McHenry
 Peggy McKeil
 Kevin McLaughlin
 Denise McMillan
 Carole McPhee
 Paula & Sam McPherson
 Maureen Meredith
 Ron Merkley
 Natalie Misko
 Patrick Mooney
 Margot Morissette
 Vi Muller
 Liz Murray
 Karin & Peter Mussen
 Janet & Rick Niezen
 Lynda & Dennis Norsworthy
 Roberta Northey
 Heather O'Donnell
 Jeremy O'Neill
 Teresa Osika
 Paula Osmok
 Jocelyn Pacheco
 Linda Paris-Evans
 Jennifer & Harry Park
 Jacqueline Parker
 Jilaine Parkes & David Otter
 Cheryl Parsons
 Rita Pickup
 Terri & Denis Pilon
 Juli Pilotte
 Bartha Pinkse
 Rose Pollock
 Carol Pope
 Rita Pow
 Maggie & Chris Pugh
 Shirley Quehl
 Iain Rankin
 Jan & Trevor Raymond
 Margaret Reade
 Jayne Rees
 Scott Reid
 Suzanne Reid-Skidmore
 Hettie & Don Reilly
 Carol & Randy Reso
 Santiago Reyes-Borda
 Tim Reynolds
 Beth Richardson
 Gail & Berry Richardson
 Shirley Richardson
 Noah Richler
 Jane Riddell
 Danielle Robinson
 Kathy Rolph
 Janet & Dick Ronald
 Kim Rumble
 Jennifer Ryell
 Joanne & Bill Sanajko
 Audrey Sandrin

Thomas Savary
 Barb & Philip Scales
 Carolyn & Alen Schiller
 Carol & Tom Schoeps
 Stephanie Schone
 Cindy Scianitti
 Elsie & Jack Scott
 Mary & Robin Scott
 Cynthia & Kevin Self
 Barbara Semple
 Sheila Sengupta
 Kathryn Shaver
 Les & Julia Siddall
 Chuck Skitch
 Trish Slater
 Janice & Ian Smith
 Sue & James Smith
 Ruth Sorey
 Joan & John Stalker
 Bradley Steel
 Allison Steele
 Jillian & Chris Stewart
 Joan Stewart-Gay
 Laurie Stillwaugh
 Sharon Sudol
 Viive Tamm
 Robert Taubman
 Gloria & Howard Tavroges
 Jane Taylor
 Anne-Marie Tetrault
 Kim Theling
 Katherine Thomas
 Liz Thorne
 Louis Thouin
 Rebecca Tingley
 Christine Tomaselli
 Suzanne Trimpour
 Dianne Tschirhart
 Susan Tullock
 Liz & Barry Underdown
 Viamede Resort ~ The Maggy
 Fund
 Rajagopal Viswanathan
 Karen Warwick
 Bonnie & Dan Waterfield
 Elizabeth Watling
 Carol Weale
 Chris Webb
 Tammy Wesley
 Janet Whitty
 Rachel Wilde
 Patricia & Rob Williams
 Elizabeth Wilson
 Ellen Wilson
 Jean & Warren Wilson
 Diana Wood
 Tia Wood
 Deborah Woods
 Ron Ziernicki



THE TRAINING CORNER



Training: Through A Dog's Eyes

If you have been reading my articles, then you know I strongly believe in positive reward-based training methods. So where does the 'dominance' theory fit into our training? It doesn't. Like most things, dog theory and training has evolved. However, some trainers and dog owners still believe in this theory and unfortunately it can actually cause or worsen unwanted behaviour.

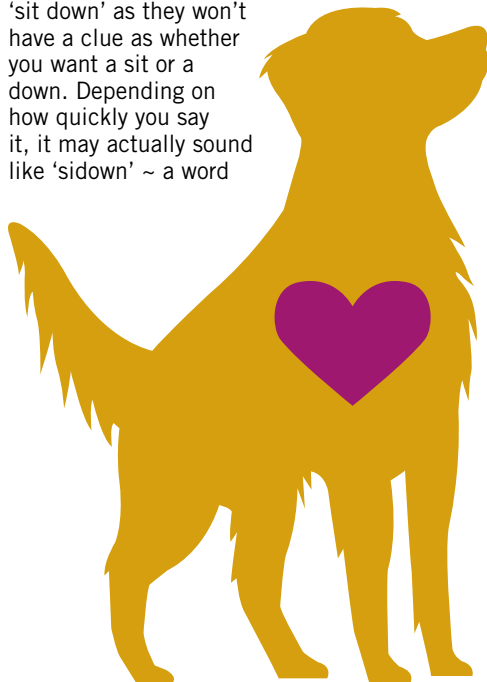
Current research and studies show that dogs enjoy human companionship. After all, we provide them with a safe place to live, food, beds to snuggle in, toys to play with, yummy treats, and, most of all, love. They are after all 'man's best friend'.

Here are some of the things recommended if you believe in the dominance theory...don't allow your dog on your bed or the furniture because they will think they are your equal and you will lose your alpha position. Really? Golden love people (unless they've had a bad experience). Most Golden love to cuddle. Our Star loves to sleep right next to Vaughan or I and moves between us through the night. Similarly, she'll cuddle on the couch with us. If your Golden growls or is reluctant to get off the couch, there may be an underlying reason such as pain (dogs are very good at hiding pain) or a fear of being forced off (something unpleasant may have happened in their past).

Another one is to put your hand in their bowl while they're eating so they understand you are the alpha. I'm sorry, but if Vaughan, my husband, came over to me and stuck his hand in my dinner while I was eating, I'd probably smack it and growl at him! It would make far more sense to add some more food or something extra yummy into his bowl to let him know, when you come close to his bowl, good things happen. Remember, many of you have rescues and some have come from places where they've had to fight for their food, or worse, been starved. Naturally they're going to be afraid of losing their food when anyone goes near it. I would be too.

Here's another one...if your dog doesn't listen

to you and do what you ask, they no longer respect you. For this one, I'm going to refer you back to the second issue I wrote called 'English is a Second Language'. There are so many reasons why a dog may not do what we ask. They may not understand what we want, even though we've trained the word. Remember that dogs do not generalize well. They may perform an awesome 'sit' in the kitchen, but if you ask them to do it in another room or outside, they may not have figured out that 'sit' means the same thing anywhere you say it. It may be that there are other distractions around (other dogs, people, squirrels, etc.) that are way more interesting and they simply are not hearing you. Perhaps their joints are bothering them or your communication isn't clear. We always tell our students to be consistent with the words they use. If you train the word 'sit' meaning to sit and the word 'down' meaning to lie down, then don't ask your dog to 'sit down' as they won't have a clue as whether you want a sit or a down. Depending on how quickly you say it, it may actually sound like 'sidoon' ~ a word



they've never even heard before. Pushing or forcing them into a sit isn't going to help them understand what you want and may end up with them becoming fearful of you.

Roll your dog and hold your dog down with your body is another one. I remember being taught that almost 30 years ago with our first Golden puppy. I think back on that now and my stomach turns. How could I have even thought that was right? The idea of course is that you're exerting your dominance over your dog and showing them who's boss by holding them down. Imagine if someone did that to you? You'd want to escape, fight to get away, and worst of all, be scared out of your mind.

All your Golden wants is for you to be their best friend. We have to be especially careful to make sure we gently motivate and have patience with those Golden who have been rescued. Many have had very difficult lives. It can take time to help them feel safe and secure again. Using forceful methods isn't going to help...it may actually hinder and possibly escalate any underlying behaviour issues. Using positive reward-based training, on the other hand, will provide a much more trusting and enjoyable learning experience for both you and your dog.

Here are some excellent articles regarding this subject:

<https://apdt.com/resource-center/dominance-and-dog-training/>

<https://www.whole-dog-journal.com/behavior/debunking-the-alpha-dog-theory/>

<https://drsophiayin.com/philosophy/dominance/>

By Lynda Kitson

Lynda Kitson is the owner of Who's Walking Who Dog Training Centres with locations in Ajax, the Beaches, and Distillery District in Toronto ~ whoswalkingwho.ca She lives with her husband Vaughan and two Golden Retrievers, Star & Augie #2623.

MEET & GREET

Levi #3309

When poor Levi came into our home, he was a broken, neglected, skin-and-bones Golden who, it is rumored, came from a back-yard breeder. His first bath shocked us as it showed through his fur just how skinny he actually was. We immediately improved his diet and brushed him twice a day and the results have been amazing. His weight has improved, his coat is shiny, and there is a heart-warming bounce in his step. Levi now runs like the wind around our acreage and we swear we can see him smile. Thank you for picking us to be his new forever family. He is wonderful and we love him to the moon and back.

Eddie & Paul



DON'T MISS OUT ON GOLDEN NEWS!

JOIN OUR MAILING LIST



We send out regular Adoption Alerts and eblasts for News & Events. Sign up for one or both by going to the website. In the top right-hand corner of each page, click on 'Join our mailing list' and follow the prompts. You will then always be 'in-the-know' about Golden news!

FOLLOW US ON SOCIAL MEDIA



'Like' us on Facebook and 'Follow' us on Twitter, Instagram, and Pinterest to stay up-to-date on what's happening with Golden Rescue. Visit our website and click on the icons to stay connected!

MEET & GREET

Cleopatra #3357

Cleo from Cairo is learning to sit and to ring the bell by the side door to go outside. We're happy to report she has had no accidents in the house. We're working on 'down' as she can be a bit over zealous at times with certain people. She's great on a leash and eagerly tries to meet all the squirrels in her neighbourhood. Sugar #2526 (from Istanbul) is still trying to figure out if she's a permanent fixture or just 'visiting' and has had to put Cleo in her place once or twice if Cleo is over exuberant. Cleo is still an energetic pup and she and Sugar play, play, and play. We're beyond thrilled with the two of them and they've injected new energy into the whole family.

Henry, Kathy, Ben & Sarah



Chase #2469 & Chief #3345

Chase is from Istanbul and Chief is a recent Egyptian immigrant from Cairo. In 2015, Chase was adopted as a buddy to Canyon, who recently crossed the Rainbow Bridge. Chase tried to dominate Canyon, much to Canyon's chagrin, but they eventually became best buddies. Now Chase has to figure out what Chief is all about and vice-versa. They have both been posturing but it didn't take long before Chase started barking at Chief to come out and play. We have no doubt that once Chief feels safe and is truly settled, they will be bosom buddies.

Lynn

GOLDEN MOMENTS[©]



"Kudos Rudy ~ I couldn't balance that on my head."

askSADIE

Sadie #2963



Dear Sadie: What is Giardia? I heard my doctor say I have it and now I need to take medicine. Perplexed Rex

Dear Rex: When I first heard about this disease, I thought it was 'Ardia' because I heard my mom talking to the doc when my fur-brother got it...and she said, "Gee...Ardia? He got this probably after he ate some animal droppings in our backyard (yuck!). Giardia is a parasite that can cause a number of gastrointestinal symptoms including foul-smelling and mucous-y stool. Most adult dogs are resistant to Giardia; however, the ones most at risk are young dogs and adult dogs who already have disease in their intestines (like Inflammatory Bowel Disease). Your vet can make a diagnosis with a simple test but you may need more than one round of antibiotics to properly treat it. One more thing ~ you can pass Giardia to other animals or your humans, so your stool should be picked up promptly and hands must be washed frequently. Gee...Ardia. Not a good thing!

Dear Sadie: Every time I growl, I get in trouble and my dad tells me to stop. I don't know why he gets so upset with me when all I am doing is trying to warn or protect him. Lucy

Dear Lucy: It's natural for humans to respond negatively to growling. It is undesirable behaviour that may lead to more aggressive actions such as biting. But punishing you for growling will not only teach you not to growl, but it could be teaching to bite without warning. It doesn't actually solve the problem since the reason for growling will still be there. Instead, what will yield better results is acknowledging your fear, then rewarding

you for looking into the underlying source. In time this will relieve some of the anxiety surrounding certain triggers and allow you to be comfortable around your family.

Dear Sadie: For the past few days, I have been waking up in the middle of the night and I'm not sure why. I used to sleep all the way through so this seems a little odd. My dad takes me outside each time to relieve myself and I go but could it be something else? Fragmented Fred

Dear Fred: Since that seems abnormal for you, the first thing to do is rule out any possible medical factors, such as a urinary tract infection, by speaking with your vet. Next, make sure you are getting a proper mental and physical workout each day with lots of exercise and stimulating games. Another thing to look at is separation anxiety. Do you sleep in the same room as your hu-mom and dad or is the door closed with you on the other side? Being the true companions we are, we like to be nearby. Perhaps allowing you to sleep in the same room or following my other suggestions will help solve the problem and lead to a more restful sleep. Paws crossed!

Dear Sadie: There are times, believe it or not, when I don't eat my food and some days I don't touch it at all. I don't think that's normal for a Golden, is it? Abby

Dear Abby: Not eating your food or being a picky eater could be caused by a number of reasons and may be nothing to be alarmed about. If you are maintaining your weight and your ribs aren't showing, then

you're likely okay to skip a meal or two. If it continues for an extended amount of time and you seem 'off', you may want a vet to check you out. Other factors such as dislike or boredom of the current food, getting too many treats or table scraps, and anxiety from things such as being left alone, thunderstorms or loud noises can all make you less hungry. If you feel okay, then there is probably nothing to be worried about but definitely something to keep an eye on!

Dear Sadie: I lose a lot of my hair in the summer and my mummy sometimes gets annoyed with me as she has to bring the vacuum out every day. My daddy called me aside one day and said: "Look buddy, you have to sook in". I don't know what he means, do you? Distraught Dyson

Dear Dyson: Your dad is just joking with you. He's asking you to inhale and try to keep your hair attached to your body. It's just a fact of life that us Golden retrievers lose a lot of hair, especially in the summer. Our families don't necessarily like it but they understand. Worry not. I hope this 'sheds' (teehee) some light on this for you.

Merry Christmas
everyone & stay safe!
Sadie x 🐾 x



CAIRO IN CRISIS: A 24-Kar



DIGGER #3355

at Success Story

Airport closures, the pandemic, financial difficulties, and the cancellation of all Golden Rescue events in 2020 brought Golden Rescue's international Mission of Love program to a grinding halt. This happened at the same time as our partners/volunteer angels in Cairo were pleading with us for help to get Golden Retrievers out of Cairo before they were poisoned or sent to the dog meat trade. Our hearts were breaking and we felt impotent to do anything that would help relieve the suffering of these poor creatures.

We decided we would try a fundraising plea as it is expensive to bring a Golden to Canada from Cairo ~ \$1,500 for airfare, medical tests and vaccinations, travel documents, crates, etc.

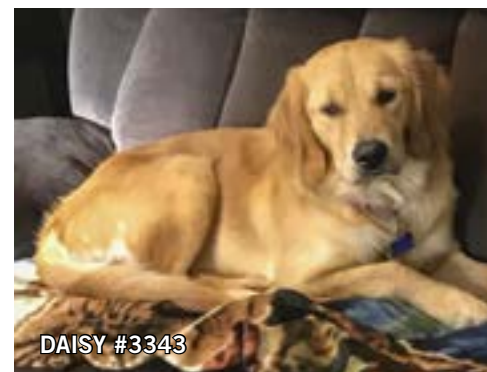
We had two generous donors who agreed to match up to \$15,000 each and we started

our campaign with eblasts and social media posts. We also asked people to consider a full sponsorship of a Golden for \$1,500.

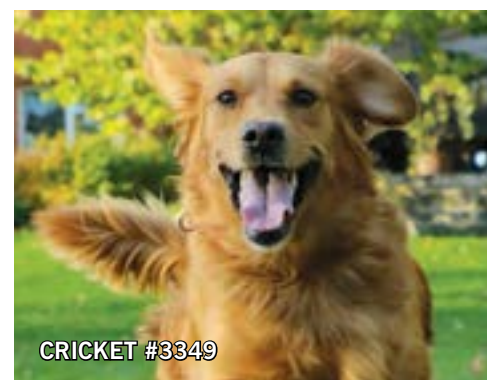
The results were absolutely staggering!

We were hoping beyond hope that we would be able to bring at least 24 Golden Retrievers to Canada. We raised enough money to bring 80+ Golden Retrievers to Canada ~ and 37 of them were full sponsorships.

We are overwhelmed and a simple thank you seems insufficient. The real gratitude comes from the Golden Retrievers who arrive here. When they come out of their crates at the airport, you just know that they have started their happily-ever-after lives in the arms of loving forever families. This is all because of YOU! Thank you for your continued support and for giving these Golden Retrievers their ONLY chance.



DAISY #3343



CRICKET #3349



OKIEFE #3340



CHIEF #3345



BEAU #3342

MEET & GREET

Fletcher #3289

This wonderful boy probably learned his hunting skills from the streets of Istanbul because he is a hunter extraordinaire. When he's on the hunt, he loses his ears but when he's at home, he is a great listener. When he is not hunting, he loves chasing balls. Fletcher loves people and is an absolute joy to be around as he is happy all the time. He also loves other dogs and wrestling with his Golden friends might be his absolute favourite thing to do. I feel so lucky to be his dad.

Andrew



GOLDEN MOMENTS[©]



Wishing you all a bright and GOLDEN Christmas



'Goodnight Goldens' are weekly bedtime rescue stories read to you by our wonderful adopters, fosters, volunteers, and supporters...with their rescued Goldens by their side.

Don't forget to tune in every Thursday night to hear these rescue stories read from our Golden Reflections coffee table book. They will warm the cockles of your heart on a cold winter's night. Enjoy!

And you can always catch the first 20+ episodes by going to YouTube ~ search under 'Goodnight Goldens'.

**To purchase your very own copy of Golden Reflections, please email grstore@gmail.ca*

WELCOME TO THE GOLDEN FAMILY

Bentley #3332

10-month-old male
Adopted by Elaine & Dario

Freddy #3324

6-month-old male
Adopted by Cassandra & Andrew

Henry #3272

9-month-old male
Adopted by Logan

Jack #3321

9-month-old male
Adopted by Debra & Dave

Layla #3310

4-year-old female
Adopted by Robert

Maggie #3325

2-year-old female
Adopted by Gabi & Benji

Millie #3306

1-year-old female
Adopted by Linda & Michael

Nellie #3329

5-year-old female
Adopted by Lindsay

Neo #3330

3-year-old male
Adopted by Laurie & Carmelo

Piper #3294

4-year-old female
Adopted by Jane & Geoff

Reba #3297

3-year-old female
Adopted by Patricia

Ruby #3333

10-month-old female
Adopted by Anastassia & Chris

Taffy #3317

1-year-old female
Adopted by Liz & Bobby

Whiskey #3331

2-year-old male
Adopted by John

Zoey #3326

2-year-old female
Adopted by Rosanne & Martin



HENRY #3272



PIPER #3294



FREDDY #3324



MAGGIE #3325



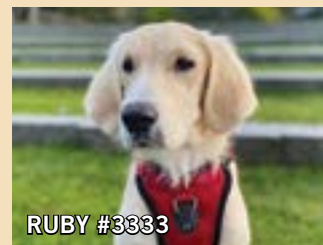
ZOEY #3326



NELLIE #3329



BENTLEY #3332



RUBY #3333



MEET & GREET

Roxy #3113

Roxy is moving to Nova Scotia with us as we are returning to where we grew up. Roxy was a nervous girl when she met new people or dogs but she has come a long way. She is now about to meet her new canine cousins. It will take some adjustments but she is resilient and we are convinced she will love her new home and new friends and family. When we get settled, we want to volunteer for Golden Rescue in Nova Scotia and we know Roxy will be a good ambassador.

Candi & Kirk



Happy Howlidays

Deck the halls with barks & hollers

Fa la la la la, la la la la

*For your tireless help and
hard-earned dollars*

Fa la la la la, la la la la

You have our deep appreciation

Fa la la la la, la la la la

And all our Golden's' adulation

Fa la la la la, la la la la

It has been a difficult year...everywhere you look. We continued our rescue efforts, albeit adaptively, but continue we did. As we enter a new year, our hopes are high that the pandemic will soon be over.

To our supporters, volunteers, fosters, and adopters, from the bottom of our hearts **THANK YOU** for all you did this year to help our Golden's in need!

*We wish you and your
family a warm, fuzzy,
and safe holiday season
and new year!*

